

E-Blast from Louise Melnik sent May 1, 2018
Subject: CHC 40 mile hike, May 6, 2018

First of all, the home base at the Munroe Falls Metro Park Lake Area is labeled Shady Shelter, not Shady Beach.

Notes about the hiking route that may be helpful:

On the first loop:

1. The entrance to the Hike and Bike trail at the 2.3 mile point is next to the Munroe Falls Fire Station #2. The sign is faded and sits back off the road next to the fire station.
2. The midpoint rest station on the first 20 miles will be at the entrance to the hike and bike trail on Young Rd. This is at the 12.7 mile point. This location has a parking lot and a rest room.

On the second loop:

1. The Glens Trail entrance is behind and to the left of the American Legion Building's parking lot. No sign is by the road.
2. SR 59 at Howard St. is identified as MLK Jr. Blvd. It is identified as Perkins further down the road.
3. The first station on this half of the hike is at the Signal Tree/Chuckery Area.
4. Another station will be on the Freedom Trail at either Southeast Ave. or East Ave.

Note to all hikers for your safety:

*It is critically important for all hikers to check in at each of the stations and at the end of the hike so that all hikers are accounted for.

*Also, please wear the yellow scarves that will be distributed at the start of the hike. Please return the scarf at the end of the hike.

*Since most of the route for this 40 mile hike will be in the woods, it is highly recommended that you carry a cell phone that is fully charged and possibly has a locator app installed. Please put support volunteer's numbers in your phone: Norma: 330-867-3247; Louise: 330-416-4576.

*Also, Park Rangers recommend all trail hikers carry a whistle with them in case they get lost or encounter a problem that makes it necessary for someone to come help them. 3 short blasts on the whistle is the SOS signal to be used only for severe problems.