



Newsteps

The Cleveland Hiking Club

Editor-in-Chief: Kim Woodward • akwoodward@aol.com

Presidentially Speaking

Dave Richards • 407-491-4357 • drichards0901@gmail.com



SPEAK OUT, CHC MEMBERS!

“Have I got a job for you!” When I was about 13 years old and attending St. John’s High School in Ashtabula, Ohio, a nun stopped me in the hallway one day and said, “Mr. Richards, have I got a job for you.” In those days, we lived in fear of the nuns that taught us. So when they “asked” you to do something, you usually had no choice. In this particular case, this nun asked me to be the writer for a column in the local Ashtabula Star Beacon for our school. Each month I would have to write a column for the newspaper regarding events at the school. I am having déjà vu of that right now!

I am a strong believer that if you want to know how things really are, you have to ask the people who are involved. Well, on Saturday, February 4, at our quarterly general meeting, attendees will have the opportunity to participate in small group discussions surrounding the key services of the CHC. This discussion will enable you to put forth ideas, assessments, and comments regarding how we can make the CHC better at what we do. My experience tells me that no matter how good you “think” you are, you always have room for improvement. Thus, please plan to attend our February 4 General Meeting at the Garfield Park Nature Center. I promise you a good time will be had by all!

The way this will work is as follows: attendees will be randomly broken out into 6 groups that will discuss the following topics: (1) Camp & Trails; (2) Communication (including

Newsteps, Web, and Directory); (3) Hikes & Safety; (4) Membership; (5) Outreach and Association with Other Groups; and (6) Social. Each group will be led by either a committee chair in the area to be discussed or a member of the Board. Each person will be given a survey with several questions on each topic. Each group will start with its assigned area for discussion so that all topics will be covered. If a group completes its discussion on its assigned topic during the allotted time, the group can switch to another topic of the members’ choosing.

Club members not attending the General Meeting will be given the opportunity to submit responses to the survey via our website. Results will be summarized and discussed with the Board and reported back to the membership in the April Newsteps. My goal is to have several key initiatives that we can undertake this year based on cost and time to implement.

At our February 4 meeting, we will also be hearing about our parking lot project, a recommendation to change the date for our May General Meeting to accommodate the 40 mile hike, and several other key items which should be of interest to our general membership.

Be safe out there!

Still haven’t paid your dues? See p. 4 for important information.

Winter Safety Tips

Cleo Current • ccurrent@aol.com

The sun is out as I write this column and most of the ice is melted. We’ve been lucky with very little snow so far this year! We’ve had no serious accidents and hopefully spring will be here soon. Mud has been more of an issue than snow — wearing gaiters can help keep mud off clothes.

Often we don’t consider the parking lot as the most dangerous part of a hike, but it’s where most of the falls occur and where black ice hides. We encourage hikers to wear some form of grips for boots, and studs are the best to keep from sliding. Ron Konieczynski has written an article on how to convert old boots into studded boots for safer walking on ice; see page 7 in this issue.

A few reminders for hike leaders with groups of more than 15 hikers:

1. Count the number of hikers and appoint a sweep.
2. Remind hikers to notify you if they drop out from group or take an alternate route.
3. A distressed hiker needs escort and the escort gets full credit for the hike.
4. Describe the hike and difficulty of the route.
5. If you don’t have a cell phone, ask if someone has one for emergency calls.

Best ever is hiking for health, so be safe.

Members Hiking Mile-a-Day in December 2011 (195)

Rose Prisko • chcmembers@yahoo.com • 440-808-9843

346 Laszlo Prisko	92 Ed Steigerwald	58 Melinda Saulson	42 Kim Woodward
295 Rose Prisko	92 Bonnie Wallis	58 Bob Shroy	41 Beth Arcady
258 Mary Kurtz	91 Cynthia Biacofsky	57 Judy Bednarz	41 Marcia Bodzin
208 Ken Howard	90 Betsey Luce	57 Beverly Dahms	41 Latha Pillai
200 Sandra Phillips	89 Kris Welch	57 Antoinette Dyko	40 George Baker
194 Peter Carlsson	88 Barb Palumbo	57 Carol Pepper	40 Thomas Cady
181 Julie Wojcik	87 Jessica Lees	56 Jane Hill	40 Alicia Hajba
175 Marianne Ellis	86 Patricia Sharkey	55 Smiljka Bosnar	40 David Kennedy
173 Kathy Miki	85 Lil Baratko	55 Arlene Kitchen	40 Karen Sands
173 Sherrie Wooden	85 John Gabrovsek	55 Brenda Lett	39 Kathy Mates
163 Alice Kruse	84 Denise Tobiasz	53 Ann Roberts	38 Len Divoky
146 Ed Dooner	82 Adela Kuc	53 Ruth Skuly	38 Marvin Miller
145 Kathy Driscoll	82 Mila Mandic	52 Cleo Current	38 Rick Ramsay
140 Joan Prentice	82 Kevin Marriott	52 Wendy Tully	38 David Richards
138 Jim Lahman	81 Len Hueter	51 Kent Geist	37 Frank Klaus
138 Arthur Lieberman	80 Sharon Horvath	51 Doug Hardman	37 Joseph Kosir
136 Mary Hornsby	76 Michele Lanza	51 Joe Mattes	37 Russell Dean
134 Elsie Davies	75 Mary Del Heron	50 Suzanne Bellini	36 Dee Kennedy
128 Antonina Knapper	73 Doris Kurit	50 Marilyn Brundage	36 Michele Klaus
128 Richard Knapper	73 Christine Prosek	50 Wendy Gillund	36 Joan McDermitt
127 Ron Hueter	72 Rita Gabrovsek	50 Tim Klodnick	36 Bill Minor
126 John Sech	71 Gordon Mann	50 David Sagerser	36 Mary Ann Warner
125 Donna McCafferty	71 Rhonda Skalsky	50 Jim Spoth	35 Peter Arcady
125 Bill Miller	71 Lucy Erba	50 Karen Stotz	35 Patricia Goetz
121 Patricia Irvine	70 Gail Holian	50 Richard Zytowski	35 Therese Haas
118 Leo Deininger	70 Marcia Juriga	49 Ralph Kneale	35 Harvey Hanna
118 Ellen Newton	70 Gregory Kruszka	49 Bob McLaughlin	35 Christine Krol
117 Bob Warner	70 Susan Kruszka	49 Richard Toth	35 Chris Rettig
116 Annette Hueter	70 Karen Leary	48 Kathleen Crippen	35 Joe Smetana
113 Larry Clager	70 Rick Stringfield	48 Timothy McCarthy	35 Linda Tobin
113 Doreen King	69 Merry Carlsson	48 Veronique McMillan	34 Aggi Konieczynski
112 Jeanne Henry	69 Carol Lindblom	47 Pete Kenney	34 Ron Konieczynski
111 Carrie Ellington	68 Eileen Burry	47 Nancy Kewish	34 Leroy Wilson
110 Erin Bethea	68 Karen Pressman	47 Eloise Plavney	33 Gale Chun
110 Alan Ceol	67 Linda Heiden	47 Kathy Wilmer	33 Marlene Goldheimer
110 Dave Tobiasz	67 Fran Jacobs	46 Cedric Plavney	33 Judi Krahn
110 Sharon Uhl	67 Judith Muzzy	46 Diana Stack	33 Marilyn Richards
108 Sue Portnoy	67 Gayle Shroy	46 Ken Stovarsky	32 Kathy Berg
100 Renate Miller	66 Lisa Dorris	45 John Galla	32 Patricia Tsevdos
100 Bob Rosenthal	66 Dan Hennis	45 Ilse Hrach	32 Barbara Laughman
99 Patty Abdenour	66 Bill Rettig	45 Ed Meleason	31 Mary Bradshaw
98 Maryann Lahman	65 David Ritchie	45 Tim Mendelsohn	31 Joseph Brown
97 Barb Appel	64 Janice Snyder	45 Dan Zaniewski	31 Karen Datko
96 Debbie Wood	62 Ray Matthiesen	44 Margaret DeMarco	31 Trudy Hutchinson
95 Matt Collings	61 Judith Gaume	44 Marty Ritzert	31 Kathy Meluch
95 Don Hoffman	60 Charlene Nagy	44 Michael Sasarak	31 Ralph Meluch
94 Pat Spoth	59 Sandy DeMart	42 Karen Birt	31 Barry Pepler
93 Carol Lewanski	59 Paula Dudley	42 Ethel Horvath	31 Margaret Rhynard
93 Bob Maruna	58 Karen Cogley	42 Kathy Kristof	

December 2011 Statistics

Total number of hikes entered239	Most members on a hike 43	Number of mile-a-day hikers 195
Members hiking at least once394	(25b. Leader Fran Jacobs)	Total miles of hikes entered ... 1,192
Members per local hike (average) 14	Most miles on a hike..... 240	Members per local hike (median) .. 13
Total number hikers (members) .3,377	(18a. Leader Sandra Phillips)	Number of hikes canceled..... 0
Total member miles hiked 16,894	Local hikes with 30 or more members .. 10	

Mileage Awards for December 2011

32,000	Leo Deininger	5,000	Sue Portnoy	500	Beth Arcady
26,000	Laszlo Prisko	3,000	Annette Hueter	500	Marianne Ellis
19,000	Dave Tobiasz	3,000	Ron Hueter	500	Joseph Kosir
16,000	Ed Steigerwald	3,000	Mary Kurtz	500	Julie Wojcik
15,000	Peter Carlsson	1,000	Patti Anzalaco	100	Cynthia Biacofsky
8,000	Ellen Newton	1,000	Dan Herris	100	Carol Fox
5,000	Cleo Current	1,000	David Kennedy	100	Mary Ann Galla
5,000	Carrie Ellington	1,000	Christine Krol	100	Ed Meyer
5,000	Judith Muzzy	1,000	David Sagerser	100	Lorelei Weiss
				100	Leroy Wilson

Hike Leaders: Submitting Mileage Reports after Your Hikes

Gayle Shroy • 440-209-0289 • gshroy@hotmail.com/chcmembers@yahoo.com

Rose Prisko was able to regain control of the chcmembers@yahoo.com e-mail account before she finished her term as Recording Pathfinder, so that account will still be used to keep track of the Club's mileage. Please continue to send the list of names of hiking club members on your hike(s) to chcmembers@yahoo.com. Also, please continue to use the same format in your e-mail that has been used for the past several years. You can access the page with instructions for sending in hikes from the "Members Only" and "Hike Leader Info" on the CHC website. Specifically, be sure to put the date of the hike and letter code from the schedule (e.g., the fourth hike on March 30 would be 30d. or 3/30/2012d.) in the subject line of the e-mail. You do not need to alphabetize the list of names, but be sure to put the leader's name as the first name (and second if there are two leaders) on the list. Remember to send any visitor names and information to Alice Nelson at aln33333@roadrunner.com.

Follow this example for the main body of the e-mail:

30d
miles
members on the hike
Leader: Your Name

Your Name
Member Name
Member Name
Etc.

If you do not use a computer, try to find someone on your hike who will e-mail the names for you. If you need to submit a paper copy of your list, use the same format as above and mail it to Gayle Shroy, 9051 Arden Dr., Mentor, OH 44060.

Please try to submit your list of names as soon as possible after your hike. This prevents hikes from being overlooked in the recording; it prevents you from forgetting to send the e-mail; and it allows mileage awards to be given out promptly. Your cooperation is greatly appreciated!

Membership Report

Alice Nelson • 440-449-2588 • aln33333@roadrunner.com

New Members

Henri Brunengraber 16700 S Woodland
Shaker Hts OH 44120
216-751-9525
hxb8@case.edu

Muriel Carter 140 Fox Hollow Dr #404
Mayfield Hts OH 44124
440-461-0352

Lucinda Deason 32327 Hamilton Court, #103
Solon OH 44139
440-318-1442
lucinda_deason@yahoo.com

Carol Delahunty 4993 Lake Forest Drive
Peninsula OH 44264
330-730-5254
cmd4993@gmail.com

Joe & Mary Jo Deucher 1112 Ford Road
Lyndhurst OH 44124
440-461-3720
deucher9999@att.net

Cody DiLauro 915 Wolf Road
Broadview Hts OH 44147
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Ann Henkelman 27933 Sherwood Drive
Westlake OH 44145
440-871-3331
ahenkelman24@gmail.com

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Diane Herzog 460 Augustus Dr
Highland Hts OH 44143
440-442-1315
dbherzog@aol.com

Binnie Kurtzner 508 Dogwood Lane
Chagrin Falls OH 44023
440-708-2379
binnie@french.toast.net

Deloris (Dee) Morgan 8684 Penfield Dr
Sagamore Hills OH 44067
330-342-7242
330-212-5944
dcscollects@yahoo.com

Gretty Myers P.O. Box 45203
Westlake OH 44145
440-734-5473
grettypmyers@sbcglobal.net

Joan E Reidy 1427 E Erie Ave
Lorain OH 44052
440-258-6561
reidyjoan@msn.com

Margot M Richter 14011 Lake Ave
Lakewood OH 44107
703-969-4944
richtermm@gmail.com

Tim Rocco 540 North St
Chagrin Falls OH 44022
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timothyrocco@yahoo.com

Cyndi Wilson 6032 S. Perkins Rd
Bedford Hts OH 44146
440-232-3258
leecynwilson@roadrunner.com

Paul Zacharias 6881 Paradise Way
N. Ridgeville OH 44039
440-327-3598
pzac1951@yahoo.com

Address & Other Changes

Ellen Baker 20201 Lorain Rd Apt 314
Fairview Park OH 44126
440-331-4811

Kimberly Eisenmann 1800 Clearbrooke #10
Brunswick OH 44212

Nina Fried 37061 Lake Shore Blvd
Eastlake OH 44095
440-527-8949

Philip S Kopp 4377 Bayard Road
S. Euclid OH 44121

David Richards 440-491-4357

Member E-Mail Address Changes

Spencer J Allen percyveers@aol.com
Joy Egan joyegan@sbcglobal.net
Kenneth Fink kenclar13@gmail.com
Agnes Morrissey agnesmorrissey@sbcglobal.net
Terry Mullen ter684@roadrunner.com
Richard J Phillips rthestar60@yahoo.com
David Richards drichards0901@gmail.com
Marge Taress tasche155@gmail.com
Darlene Wieland beau5505@att.net

Moving? Changing your Marital or Membership Status? New Phone, E-mail?

Be sure to notify the Membership Chairman,
Alice Nelson, P.O. Box 24508, Cleveland OH 44124
Phone: 440-449-2588;
E-mail: aln33333@roadrunner.com.

Do You Get Our Broadcast E-mails?

Bob Shroy • xxq73@yahoo.com

The Cleveland Hiking Club maintains a list of e-mail addresses of members who wish to receive our broadcast e-mails. About two-thirds of our members are on this list. The broadcasts are sent out when there is time-sensitive news, such as late-breaking information on a hike, special requests by club officers, new information being posted on our website, health news about members, etc. Usually there is about one broadcast e-mail a week, although this varies a lot.

Invitations to join this mailing list have been sent to all members who submitted e-mail addresses to the Club, and you have to respond to this invitation to be included. However, we know that some members have not submitted their e-mail addresses, and sometimes the invitations get lost. So if you are not on our mailing list but would like to be, send your name and e-mail address to Bob Shroy at xxq73@yahoo.com; we'll send you an invitation, which you must then accept.

Last Chance for Dues

Annual dues must be paid by January 31, 2012, to maintain membership and to ensure that you will be included in the 2012 directory. If you have not yet paid, please send four 2012 dues (\$30 individual/\$45 couple for active members; \$25 individual/\$35 couple for associate members) to Jean Ruck, 1671 Westhill Blvd., Westlake OH 44145. If dues are not paid on time, there is a \$5 late fee if received by December 31, 2012. Thereafter, to be reinstated you must pay dues, plus an initiation fee.

Thank You for the Holiday Party Food Donations

Dear Lou Shinker and the Cleveland Hiking Club:

I would like to thank all of you for the generous food donations to the Pope John Paul II Ozanam Center. The Center has been impacted greatly by the severe financial times our country is experiencing. The increase in clients to the center is overwhelming. The donations received from generous organizations as yours help provide groceries for those in need. Thank you again for being true brothers and sisters in Christ to help those in need. I would like to also invite you to visit our Center any Saturday from 9:30 a.m. to 1:30 p.m. Have a safe, healthy, and Happy New Year!

Sincerely,

Maryann Ambrose
Governing Board Member of Pope John Paul II
Ozanam Center
8328 Broadway Ave, Cleveland, Ohio

Appalachian Trail — New Jersey May 12 to 21, 2012

Marilyn Brundage • 216-521-3198 • mbrundage4@cox.net

Matt Collings and Marilyn Brundage are planning to hike the New Jersey section of the Appalachian Trail in May 2012. To reserve your space, you will need to do the following two things: (1) Contact Marilyn to sign up for the trip and to make sure there is space available. You then need to pay a \$150 deposit per person by March 1, 2012. *This is nonrefundable unless the trip is cancelled.* You will then pay your remaining expenses when you get to the trail. (2) After you have contacted Marilyn and submitted your deposit along with your vehicle information (see below), you will need to contact the hotel directly to book your room. The hotel is the High Point Country Inn, 973-702-1860, www.highpointcountryinn.com. Rooms have been reserved under Marilyn's name, so just inform Ron or Mike that you are booking one of those rooms. Space is limited, so make your reservations and payment early. Spots will only be guaranteed once payment is received.

Additionally, there has been some difficulty in securing appropriate shuttle arrangements. This means that we may have to shuttle ourselves to the trailheads each day. While this is not the most desirable option, it may be our only one. This means that it will be necessary that the vehicle you drive can carry at least 2 times the number of "resident" passengers, e.g., if there are 2 people traveling together the car that you use should be able to transport 4 or more people.

For more details about this excursion, see the September and December 2011 *Newsteps*. Looking forward to hiking with you!

From the Chief Pathfinder

Flashlights, Dogs, and Poles

Ron Hueter • 440-887-1990 • ronhueter@gmail.com

I want to take this month to remind everyone about a few guidelines relating to flashlights, dogs, and hiking poles.



Flashlights have an obvious value, but their use tends to mess up other hikers' night vision. If you need to use a flashlight while hiking, please move to the rear of the group and always point the flashlight at your feet (please don't swing your flashlight arm). Of course there are times when a flashlight is important on a hike, such as when crossing a street or intersection, revealing obstacles on the trail, warning oncoming traffic, etc. In my experience, they normally are not needed that much. The hike leader should always have a flashlight.

As many people in the Club know, I have 2 dogs and occasionally I bring one on a hike, but we have some rules that need to be followed. Of course dogs need to be a leash at all times and the leash needs to be no longer than 6 feet in length nor be extended beyond 6 feet. I have broken this next rule myself. Also, dogs must be kept back out of the "circle" at the beginning of the hike and they need to remain at the rear of the hike. Finally, hikers are limited to 1 dog per hiker on a hike. The rules relating to dogs on hikes are in CHC's Standard Operating Procedures.

Hiking poles are great for keeping your balance, helping you through tough terrain, crossing streams, recovering from an injury, etc. There are a few things to keep mind when using a hiking pole or stick. Always keep it under control, next to your body, and please avoid swinging it — you don't want to "fillet a fellow hiker."

St. Patrick's Day Dinner at the Cabin

Ellen Newton • 440-471-4763 • ejnewt@oh.rr.com

Join hosts Ellen Newton and team at 6 p.m. on Saturday, March 17, for dinner at the cabin after the St. Pat's hike. The menu will feature potato leek soup, orange almond salad, corned beef and cabbage, Irish soda bread, traditional rye bread, green Jell-o with pears, and beer and Irish coffee. In addition, we are working on entertainment. Please call Ellen Newton if you have any suggestions.

The cost is \$12.50 per person, and reservations are limited to the first 60 people to sign up. To reserve your spot, make a check out to Cleveland Hiking Club and send it to: Sue Portnoy, 27060 Cedar Road, Apt. 206, Beachwood, OH 44122; 216-464-0916.

The parking lot at Camp is being resurfaced and may not be available for parking on March 17, but it can be walked on. Details for parking will be updated in the March *Newsteps*.

Lee Shinker
October 1, 1915 – December 30, 2012

Ruth Skuly • 216-371-9535 • rjskuly@att.net

Many CHC members think of Lee Shinker as the lady who took reservations for all of our social events. (She took 169 reservations for our last Holiday Party and was ready to continue taking reservations “as long as the Lord will let me”— which turned out to be a much shorter time than we expected.) She was much more than a reservation taker, however. Lee had been active in the Club since joining in 1957. She held all offices except president and served numerous terms as social chair. Most of her mileage (6,264 miles) was accumulated when we had only Sunday hikes, and included four 40 milers. She did a large part of the Buckeye Trail, was a member of the International Walkers Association (hikers from Ohio, Michigan, and Ontario who hiked in all three areas), American Hiking Society, North Country Trail, and Rails to Trail.

Lee grew up in an Italian family in the Turney Road section of Cleveland and lived there all her life — including the last almost 70 years in the same house! The family loved music, which accounts for Lee’s love of opera. She was an active member of Holy Name Church where she had gone to elementary school. After attending Jane Addams High School, Lee went to work for the Department of Defense where she was a property inspector for 42 years. She continued her education at Tri-C, taking courses related to her work and, after she retired, in the life-long education program for seniors. She volunteered for the

Metroparks, especially at Garfield Park and CanalWay, the Buckeye Trail Association, and the county election board.

But the thing most of us will remember about Lee was her joyous spirit. Occasionally, she would have what she called a “robe day” — a day that she preferred to stay home in her robe — but she was usually upbeat and always had something uplifting to say to anyone she talked to. To catch some of that spirit, check the interview that was published in the June 2007 *Newsteps* (go to the Club’s website, www.clevelandhikingclub.org, then click on “Members Only” and then “Newsteps”). To see pictures of Lee and read other members’ memories, go to the same website and scroll down to “Club News.”

Requests for Broadcast E-mails

Bob Shroy • xxq73@yahoo.com

Do you have information that needs to be included in one of the broadcast e-mails that are sent to all the CHC members on our mailing list? The best way to contact the web committee about this is to send an email to cleveland.hiker@gmail.com, or just use “Reply” to a broadcast e-mail. If you send a request to the personal e-mail account of a web committee member, the response might be slow if that person is traveling. But someone will always be assigned to monitor the account at cleveland.hiker@gmail.com so that a timely response is possible.

February Birthdays

Jeff Jaster • 440-625-0046 • clevehikingclub@aol.com

1 Jim Burry	9 Charles Martin	15 Betty Peterson	22 Gale M Chun
1 Frances Lakey	9 Ed Meyer	15 Marianne Vest	22 Michael Hovan
1 Helen Sterle	9 Lee Nageotte	16 Ken Howard	22 Mary M Hatch Tarka
2 Debra Gilbert	9 Sharon L Uhl	16 Noriko Paukert	24 Lucy Erba
3 Mary Carol Lewis	10 Donna Nettgen	17 Sally J Dolch	24 Carolyn Ann Hope
3 Gail Ridgway O'Brien	11 Shirley Pauley	17 Betty J Ferritto	24 Margaret Patton
4 Bonnie L Broida	12 Lisa Romaniuk	17 Gail Holian	24 Jude Szczepanski
4 Betty Solomon	13 Greg Bruno	17 Wanda Konjati	25 Margaret Daniels
6 Christina Larsen	13 Rosanne Grekian	17 Susan C Mengay	25 Fran Jacobs
6 Lorie (Loretta) Rabin	13 Daniel Herris	17 Ruth E Sloggett	25 Angela M Plona
6 Joanne Samuels	13 Nancy Sklenka	17 Paul Youngberg	26 David A Sagerser
6 Tammy Sech	13 Beth Uhl	18 Rita Mason	26 Marcia Steffen
7 Matt Collings	13 Lee Urban	18 Bob Shroy	27 John L Coulis
7 Deloris (Dee) Morgan	13 Tatyana Zozulya	19 Terry Mullen	27 Patricia Irvine
8 Richard A Brossman	14 Joan Delahay	19 Charles A Palumbo	28 Rhoda L Allen
8 Rita Gabrovsek	14 Judy Ernest	20 Spencer J Allen	28 Ron Danes
8 Dolores Janca	14 Elaine Fechko	20 Diane Bromeier	28 Hamid Farzan
9 Jeanne Marie Christian	14 Susie Hummer	20 Lucinda Deason	28 Simmie A King
9 Janet Hilton	15 Marie Caldwell	21 Reggie Komar	28 Rachel Sculac
9 Ken Javor	15 Martha Hupcey	21 Charles M McGibony	28 Louis A Shinker

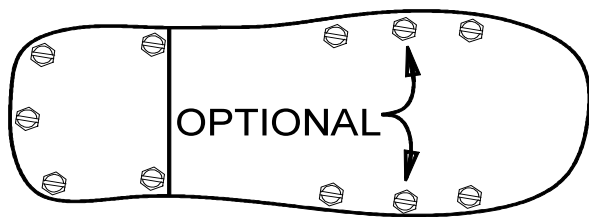
Change Your Hiking Boots to Ice Boots

Ron Konieczynski • konieczynski@sbcglobal.net

Hikers can make their own ice boots using either replacement STABILicer™ studs, available from Amazon.com, or hex head sheet metal screws, which are available from any hardware store. Hex head screws are inexpensive and about as effective as commercial studs, when new, but wear faster, requiring more frequent replacement.

Here's how to install studs or sheet metal screws into boots:

1. Use either old or new boots; they are not damaged by the studs, which can be removed in the spring.
2. You will need these materials:
 - 18 to 22 STABILicer™ studs or hex head sheet metal screws (#8 x 1/2" long).
 - 1/4" hex nut-driver or socket wrench.
 - Drill and 1/8" bit (optional).
3. Install screws in the thick part of the sole about 3/8" from the outside edge. Pre-drill holes or drive screws directly into boot without pre-drilling.



The optimum number of studs and the best location depends on conditions; more studs seem to be best for soft, slushy ice; fewer but sharper studs seem better for very hard ice. A compromise that works for many conditions is 11 studs per boot, as shown. Three of them are installed near the back of the heel, where most skids start. Two more are installed near the front of the heel — one on each side. The 6 remaining screws go in the front pad — 3 on each side starting 2" back from the toe then spaced about 1-1/2" apart.

No device can guarantee hikers won't slip — caution on ice is still required. All devices lose effectiveness on smooth, hard ice. Studs that are worn smooth are unsafe and need to be replaced with new, sharp studs.



Looking Backwards: 1965

Donna Pounds • donnapnds@yahoo.com

During the 1960s and 1970s, a group of our hikers, including Lee and Lou Shinker, went on weeklong 100 mile hikes with the International Walkers Association (IWA). These were described as physical fitness scenic travel walks. Their annual walk in Michigan ended at the Mackinaw Bridge where they joined the Labor Day Bridge Walk. Each June, they walked in other locations. In 1966

they walked from Buffalo, NY, through Letchworth State Park and in 1975 they walked through Ocala State Park to St. Augustine, FL.

In June 1969, IWA chose Cleveland for the biannual walk. They explored our Emerald Necklace from North Chagrin to Rocky River. They saw the mermaid at Squaw Rock, forded Tinkers Creek, visited trailside museums, the Ohio Barge Canal, the Flats, downtown Cleveland, and of course Camp Onwego. Because this coincided with our 50th anniversary, there was an entertaining informative talk on "History Night." In June 1984, the Club again hosted the IWA with a week of hiking in parks around Cleveland.

Lee did her first weeklong 100 mile hike in 1965 and eventually completed 10. What an accomplishment!

Sunshine/Sympathy

Send a card, make a call, say a prayer

Donna McCafferty • 216-941-7298 • djmccaf@yahoo.com

- Janet Orban's father died recently. Our sympathy is extended to her and her family.
- Long-time club member and dear friend to many Lee Shinker died in late December. Our sympathy is extended to her family and friends.
- Katherine Schaefer had a major loss recently. Her mother and brother died within a short period. How do we express our sorrow over such a tragedy?
- We are so sorry to relate the death of Ilona McFarland's husband. We send our sympathy.



Niagara Falls Excursion

September 27 to 30, 2012

Ellen Newton • 440-471-4763 • ejnewt@oh.rr.com

Let's go to Niagara Falls, Ontario. We will stay at Michael's Inn by the Falls. The room rate will be approximately \$75 per night. There will be an optional group dinner Saturday night. There will be a variety of hikes from leisure to the longer and more strenuous. Participants are responsible for their own transportation. Remember, passports are required to enter Canada!

To register, please send a self-addressed envelope and check for \$50 for room deposit payable to Ellen Newton 30903 Nantucket Row, Bay Village, Ohio 44140. Please call Ellen if you are willing to lead a hike or if you have any questions.

Social Whirl

Ruth Skuly • 216-371-9535 • rjskuly@att.net

Reservations are important for most of our social functions; potluck hosts need to know how many to set up for, and paid events have deadlines. The person taking reservations is therefore critical to our smooth operation (as are all the members who make and/or cancel reservations as necessary). Thank you to **Sue Portnoy, who will now be taking reservations for Club events.** You may call her at 216-464-0916 between 12:00 noon and 7:00 p.m. or e-mail her at sport23@sbcglobal.net to make reservations. If you use e-mail, please put "CHC Reservation" in the subject line so that the message does not go to Sue's spam folder.

February 4: General Meeting/Dessert and Appetizer Potluck

Garfield Park Nature Center. 6:00 p.m. Potluck, 7:00 p.m. General Meeting. Hosts: Louis Shinker, Norma Delp, and Louise Melnick.

March 17: Saint Patrick's Day Party at Camp

This event is contingent upon the parking lot being in usable condition or finding alternative parking. Look for initial plans in this issue and confirmation and details in the March *Newsteps*. 6:00 p.m. following St. Pat's parade. Host: Ellen Newton.

March 25: Soup Supper at Camp

4:00 p.m. following Hinckley hike. Hosts: Norma Delp and Louise Melnick.

April 8: Easter Breakfast

Hosts: Shirley Pashall and Donna Pounds.

April 14: Potluck — Merryl Carlsson "5 Years in China"

Hosts: Sandy Paliga and Ellen Newton.

April 28: Line Dance Potluck at Camp

Host: Louise Melnick.

Auyuittuq National Park – Baffin Island Trip Update

Ken Javor • 440-3571926 • kajavor@att.net

The last day to sign up for the Auyuittuq National Park – Baffin Island excursion in August 2012 has been extended to February 11, 2012. You must have your \$200 deposit in by then. After that date, reservations will be closed. Please note that backpacking has been added to the itinerary. See the January *Newsteps* for details concerning the excursion. Please call Ken Javor at 440-357-1926 if you have any questions or send e-mail to kajavor@att.net.

NEWSTEPS deadline is the 10th of the month.
Send information to akwoodward@aol.com
(please include "Newsteps" in subject line).
Trip details should be no more than ½ page.
Photos are welcome.

Nashville Bus Trip September 13 to 16, 2012

Linda Sevcik • vecikse@msn.com
Denise Maskovyak • denikm318@hotmail.com

Join us for a fun-filled trip to Nashville, TN. Our adventure begins at the Lakefront Bus Line office on Brookpark Rd. (parking at this location) and continues south to the Holiday Inn Express in downtown Nashville. We have not finalized our plans yet, but are planning hikes through downtown Nashville, local gardens, The Hermitage (Andrew Jackson's home), plantations, and Opryland, and yes, we will try to pick up some Jack Daniels liquids. Hikers can relax after the hikes at the local honky tonks (not all country) until 3 a.m. as well. Kathy Doty has volunteered to be our scout. The estimated cost is \$500 to \$600 per person for a double room, and the single supplement is approximately \$230. Final details will be published in the March *Newsteps*, and registration will begin in early to mid-March 2012. If you have any questions or comments, please contact Linda or Denise by e-mail.

Members Who Hiked Mile-A-Day in Every Month in 2011

Patty Abdenour	Patricia Irvine	Kathy Miki
Barb Appel	Fran Jacobs	Bill Miller
Lil Baratko	Pete Kenney	Judith Muzzy
Suzanne Bellini	Doreen King	Barb Palumbo
Marilyn Brundage	Arlene Kitchen	Sandra Phillips
Eileen Burry	Frank Klaus	Cedric Plavney
Alan Ceol	Michele Klaus	Eloise Plavney
Gale Chun	Antonina Knapper	Sue Portnoy
Larry Clager	Richard Knapper	Joan Prentice
Karen Cogley	Aggi Konieczynski	Laszlo Prisko
Matt Collings	Ron Konieczynski	Rose Prisko
Cleo Current	Judi Krahn	Bill Rettig
Elsie Davies	Alice Kruse	Chris Rettig
Leo Deininger	Gregory Kruszka	Ann Roberts
Margaret DeMarco	Susan Kruszka	Bob Rosenthal
Sandy DeMart	Adela Kuc	David Sagerser
Ed Dooner	Mary Kurtz	John Sech
Kathy Driscoll	Jim Lahman	Patricia Sharkey
Carrie Ellington	Michele Lanza	Bob Shroy
John Gabrovsek	Karen Leary	Gayle Shroy
Rita Gabrovsek	Jessica Lees	Rhonda Skalsky
Kent Geist	Carol Lewanski	Jim Spoth
Harvey Hanna	Arthur Lieberman	Pat Spoth
Linda Heiden	Carol Lindblom	Ed Steigerwald
Jeanne Henry	Betsey Luce	Dave Tobiasz
Mary Del Heron	Gordon Mann	Denise Tobiasz
Jane Hill	Kevin Marriott	Richard Toth
Don Hoffman	Bob Maruna	Wendy Tully
Gail Holian	Kathy Mates	Sharon Uhl
Mary Hornsby	Joe Mattes	Bonnie Wallis
Sharon Horvath	Donna McCafferty	Kris Welch
Ken Howard	Ed Meleason	Debbie Wood
Len Hueter	Kathy Meluch	Sherrie Wooden
Trudy Hutchinson	Ralph Meluch	Kim Woodward

Highlights — CHC Board Meeting

January 3, 2012
Independence Public Library

The meeting was called to order by President Dave Richards at 7:00 p.m.

All Board members were present. Excursions Chair Kathy Driscoll also attended.

Review of Roberts Rules of Order: C.J. Keyes reviewed key components of Roberts Rules applicable to club meetings and will perform the role of Parliamentarian.

Board Action Items

The minutes of the December 2011 Board meeting were approved.

The Board approved two proposals for new excursions:

1. Appalachian Trail — New York. Dates: October 13 to 22, 2012. Leaders: Marilyn Brundage and Matt Collings.
2. Paris — HF Holiday Walking Tour in Paris as an optional extension to the Provence, France, trip. Dates: April 16 to 20, 2012. Leader: Rose Prisko.

Discussion of Recent Excursion Concerns: Poor communication concerning cancellation policies associated with a recent scheduled excursion resulted in significant member dissatisfaction. The Board voted to communicate with the trip leader about the situation.

Pursuant to Article X of the CHC Constitution, the Board discussed transfer of funds from the CHC General Fund to the Camp Replacement and Improvement Fund. It was decided that no action would be taken at this time.

Dave Richards presented a report and final budget from the 2011 Holiday Party.

Old Business

Dave Richards updated the Board on the camp parking lot project. Stone has been laid and is settling. It is likely that additional loads of stone will be needed as well as use of a roller to pack the stone. The original budget for the project has been expended. Once the winter weather has passed, an assessment will be made and a reviewed budget will be presented to the Board for approval of additional work.

Key Committee/Officer Updates

Recording Pathfinder: Rose Prisko, outgoing Recording Pathfinder, states that mileage statistics are on the website.

Social Committee: Rhonda Skalsky commented on the report of the Social Committee and noted that Sue Portnoy will take reservations for Club events. The Social Committee expresses concerns because members too often attend Club events without a reservation. Members

are advised that only reservations will be honored according to a reservation checklist kept by the host or the host's designee. Participants in Club potlucks are reminded to bring their own table settings, as paper plates will no longer be provided. The potluck dish-to-share should be adequate to serve 6 to 8 others and couples should double the size of their potluck food item.

Chief Pathfinder: Ron Hueter reported that the 20 mile hike will be at Brecksville, the 26 mile hike at North Chagrin, and the 40 mile hike at Lagoon PA in the Rocky River Reservation.

The following committee reports were submitted but not read:

Corresponding Secretary: Outgoing Corresponding Secretary Gayle Shroy mailed 764 *Newsteps* on December 21 for a total of \$212.59.

Membership: Total membership as of December 31, 2011, is 1,034.

New Business

Dave Richards proposes that the agenda for the February general membership meeting include a small group discussion to elicit member feedback on selected specific topics. Dave is talking with committee chairs and others who are willing to serve as group facilitators.

Dave Richards has prepared a calendar of meetings for 2012. It is noted that the location of the March Board meeting will be Snow Road Public Library. The Board voted to recommend to the membership at the February general meeting to move the May general membership meeting from May 5 to May 12 to accommodate and acknowledge members who participate in the CHC 40 mile hike scheduled for May 6.

Recording Pathfinder Gayle Shroy advised the Board that the computer capacity on the current Club computer is not adequate to handle all of the scheduled hikes. The Board voted to purchase a computer to provide the necessary capacity. Gayle Shroy clarified that the computer is the property of the Cleveland Hiking Club.

Dave Richards discussed Board member responsibilities and requests that Board members consider the function of the Board as a whole and whether the Board is effective according to these functions. This topic is tabled and will be scheduled as an agenda item for the March Board meeting.

Dave Richards requests that the Board consider goals for 2012, as well as the goal-setting process, and give particular attention to goals that can be measured. The topic will be on the agenda for the March Board meeting.

The meeting was adjourned at 8:40 p.m.

Submitted by Trudy Hutchinson, Recording Secretary

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Cleveland Hiking Club 2012

President – Dave Richards
Vice President – CJ Keyes
Chief Pathfinder – Ron Hueter
Treasurer – Doug Hardman
Corresponding Secretary – Rose Prisko
Recording Pathfinder – Gayle Shroy
Recording Secretary – Trudy Hutchinson

Directors

Fred Current, Beverly Dahms,
Judy Gaume, Nancy Kewish,
Ron Konieczynski, Laszlo Prisko,
Bill Rettig, Rhonda Skalsky
Denise Tobiasz

Trustees

Tim McCarthy (2012)
Aggi Konieczynski (2013)
Ellen Carter (2014)

www.clevelandhikingclub.org

Excursions Calendar

Kathy Driscoll • 440-973-4440 • kathydriscoll@wowway.com

DATE	NEWSTEPS	LOCATION	CONTACT
2012			
2/15 – 2/21	NS 10/11 Page 7	Orlando and Central Florida area	Marilyn & Dave Richards
4/16 – 4/20		Optional Extension to Provence, France Trip Paris, France	Rose Prisko
4/20 – 5/5	NS 6/11 Page 6	Provence & Côte d'Azur, France	Judy Gaume & Jean Ruck
4/23 – 4/28	NS 11/11 Page 6	Grand Canyon & Phantom Ranch	Ron Konieczynski
4/26 – 5/11		Appalachian Trail – Central Virginia Waynesboro & Roanoke	Pat & Jim Spoth
5/12 – 5/21	NS 9/11 Page 8 NS 12/11 Page 4 NS 2/12 Page 5	Appalachian Trail – NY/NJ State Line to Delaware Water Gap	Marilyn Brundage & Matt Collings
7/21 – 8/6	NS 12/11 Page 7	Colorado – Lake City, Twin Lakes & Frisco	Denise & Dave Tobiasz
8/1 – 8/10	NS 11/11 Page 7	Northern California Coast & Redwood Forests	Ron Konieczynski
8/3 – 8/11	NS 1/12 Page 4 NS 2/12 Page 8	Pangnirtung, Nunavut (Canada) & Auyuittuq NP	Ken Javor
8/23 – 8/26	NS 11/11 Page 7 NS 12/11 Page 6	Toronto Bus Trip	Richard Urbas
9/13 – 9/16	NS 2/12 Page 8	Nashville, TN – Bus Trip	Linda Sevcik Denise Maskovyak
9/27 – 9/30	NS 2/12 Page 7	Niagara Falls, Canada	Ellen Newton
10/10 – 10-14	NS 11/11 Page 6 NS 12/11 Page 6	Vermont – Autumn in New England Bus Trip	Richard Urbas
10/13 – 10/22		Appalachian Trail – New York	Marilyn Brundage Matt Collings

NS = *Newsteps*, 9/04 = Issue and year, Page 4 = Descriptive article on Page 4. Please do not call excursions leaders before full trip description in *Newsteps*.

For an Excursion planning form, contact Kathleen Driscoll – kathydriscoll@wowway.com or 440-973-4440