



# Newsteps

## The Cleveland Hiking Club

Maureen Lindway and Kathy Schultz, Editors-in-Chief • [chcnewsteps@gmail.com](mailto:chcnewsteps@gmail.com)

### The President's Corner

Peggy Koesel • [peggykoesel@gmail.com](mailto:peggykoesel@gmail.com)

## On We Go to Our 101st Year

All this year, I planned to devote the December President's column to recognizing the volunteers who make the CHC hum. I realized it would not be possible to mention every member who stepped up, pitched in, or helped out. So, if you hosted an event, led a hike, proofread or edited a Newsteps article, posted information on the website, collected cans, planned an excursion, sent a get well or condolence card, or served on a committee, many thanks. Your contributions are the key to our longevity; the glue that keeps us together. Here are just some of our unsung volunteers whose work has helped make our club work for the last 100 years.

We thank the **Pathfinder Committee** for their work preparing proposed schedules of activities based on hike leader input. Among many other things, they review, edit, proofread and finalize the schedules for board approval. The committee presently includes Chief Pathfinder Matt Collings, members Ann and Wally Biery, Mary Kurtz, Barb Buser, Jeff Gattiker, Jim Lis, Karen Magill, John Galla, Lucy Erba, Kathy Driscoll, and Erik Baldwin, and typists Janet Orban, Ethel Horvath, Helga Balta and Nancy Konrad. Their knowledge, experience and careful work results in monthly schedules with an extraordinary number and variety of hiking options. We value and appreciate their critical work.

We rely on the timely, accurate and *daily* work of the **Recording Pathfinder** Gayle Shroy, and her team of mileage recorders Toni Foster, Paula Dudley, Donna Wirtz, Barbara Laughman and Katherine Malmquist. Because of their work, we have accurate records of our attendance at hikes, and we know and can recognize our members' monthly, annual and lifetime hiking milestones. Bob Shroy also provides valuable expertise keeping the master spreadsheet and macro in working order. We thank Gayle, in particular, for her 16 years of service, including eight years as Recording Pathfinder, six years as Corresponding Secretary, and, between terms on the CHC Board, service as a mileage recorder. Remember, when you check the mile-a-day list, when Sharon Horvath presents a mileage award at circle-up, and when we publish our hiking statistics, the work of this essential team of CHC volunteers made it possible.

We are also grateful to the **Social Committee** for arranging and hosting so many social events at Camp Onwego and elsewhere throughout the year. The committee is led by Social Chair Elaine Fechko with the support of Reservationist Rita Bennett and this year's Event Hosts Debbie Wood, Mary Bradshaw, Chris Rettig,

Ruth Skuly, Lucy Erba, Bob DiVincenzo, Cheryl Stefanik, Mary Jo Hobe, Sherri Widdowson, Patti Abdenour, Janet Orban, Pam Fenn, Sandy Paliga, Marianne Trausch, Louise Melnik, Norma Delp, Mary Kurtz, Rhonda Skalsky, Mary Hornsby, Sharon Horvath, Shirley Pashell, and Denise Tobiasz. Thanks for hosting so many events for us to enjoy together. Special thanks to Mary Bradshaw for arranging to have a tent set up for camp social events to protect us from the elements. We also thank Dave Richards and Annette Hueter for planning and organizing another wonderful Holiday gathering.

Our collection of historical documents, photos, and other records, stored at the Western Reserve Historical Society and with officers and key committee chairs, informed our Centennial celebration in many ways. We thank CHC **Historian** Ellen Botnick and the **Archive Committee** Ellen, Dave Richards and Cathy Clager for their work organizing our records. We especially note Ellen's tireless efforts to have the CHC nominated and inducted into the Historical Society's 100-Year Club.

We also recognize and greatly appreciate the work of the **Broadcast Alert Committee**, CJ Keyes, Ellen Woodruff and Gretty Myers. This team sends appropriate alerts to the club members and handles all incoming inquiries and comments that are sent to the club website. Thanks for keeping us alert and informed.

When you see our volunteers on the trail, please let them know how much we appreciate their service. Thanks again to every CHC volunteer for your work every day of the year and for your help making our Centennial year unforgettable. On we go to our 101<sup>st</sup> year.

### Election Results

After voting closed, Corresponding Secretary Ron Hueter delivered timely-received ballots to Barb Appel, who agreed to serve as Teller for this year's election. Barb and a committee consisting of Cathy King, Beth Arcady, CJ Keyes and Leslie Leventhal tallied the votes on the 503 valid ballots.

We thank every candidate who stood for election. Your commitment to our club is part of our tradition of volunteer leadership. The following officers, directors and trustees were elected: Peggy Koesel, President, April Sampson, Treasurer, Matt Collings, Chief Pathfinder, Katherine Malmquist, Recording Pathfinder, Dave Hobe, Trustee, and Directors Larry Clager, Sharon Horvath, Rita Stroeml and Sharon Uhl. Congratulations!

## Members Hiking Mile-a-Day in October 2019 (332)

Gayle Shroy • 440-209-0289 • chcmembers@yahoo.com

261 Barb Appel	109 Susan Wright	73 Patty Abdenour	55 Diane Heuser	40 Wendy Gillund
261 Varsha Jhala	107 Linda McAllister	73 Sandra Barlett	55 Mary Jo Hobe	40 Dennis Harrison
254 Zefa Sawaya	105 Karen Magill	73 Denise Herman	55 Sumita Kedia	40 Jean Helmlinger
227 Rose Prisko	104 Mary Bradshaw	73 Pamela Reed	55 Karen Krauss	40 David McBean
205 Kathy Miki	104 Ilse Hrach	72 Marianne Vest	55 Gordon Mann	40 Jerry Polizzi
200 Edwin Harstine	103 Jim Spoth	71 Jeff Gattiker	55 Polly Sems	40 Tim Ruh
189 Betsey Luce	103 Pat Spoth	71 Brenda Lett	54 MaryAnn Chee	40 Matt Smith
188 Ken Howard	101 Marsha Gaul	71 Victor Myhal	54 Sandy DeMart	40 Janice Snyder
176 Giovanna DiLauro	101 Patrick Hurley	71 Bonnie Wallis	54 Ruth Philbrick	40 Sherrie Wooden
165 Ellen Woodruff	101 Debbie Strong	69 Eileen Burry	54 Kim Woodward	39 Susan Frollo
162 Terry Marquard	100 Wally Floyd Biery	69 Mary Lou Evans	53 Beverly Dahms	39 Fran Jacobs
154 Lucy Erba	100 John Chappell	69 Wayne Heritage	53 Joan Delahay	39 Martin Kilroy
152 Joan Jochum	100 Karen Gerheim	69 James Napier	53 John Galla	39 Judy Lawless
150 Nancy Konrad	100 Len Hueter	69 Patricia Tsevdos	53 Neil Jacobson	39 Ron Zackowski
150 Katherine Malmquist	100 Bob Shroy	68 Karen Dribben-Alprin	53 Diann Ludwig	38 Helga Balta
148 Steve Foster	98 Michele Lanza	68 Livia Zuccaro	52 Chris Bedell	38 Jan Kimmel
148 Dan Herris	97 Daniel Swinnerton	67 Merryl Carlsson	52 Annette Hueter	37 Rosemary Miller
147 Happy O'Donnell	97 Kel Young	67 Jeff Jaster	52 David Ritchie	37 Beverly Nobles
146 Doug Hardman	96 Robert DiVincenzo	67 Tom Overall	52 Susan Schneider	37 Barbara Swiney
146 Julie Wojcik	96 John Sech	67 Ellen Papadimoulis	51 Gloria Lawson	36 Lynne Bell
144 Hubert Carlin	96 Mark Stypczynski	66 Peggy Doheny	51 Donna McCafferty	36 Debra Happel
143 Laurel Luke	95 Adela Kuc	66 Roy Kress	50 Mary Jane Decker	36 David Hobe
141 Alan Ceol	94 Mary Hornsby	66 Kevin Marriott	50 Linda Heiden	36 Sid Ordog
141 Arthur Lieberman	93 Bob Levy	66 Ann Roberts	50 Ted Krauss	36 Chetan Patel
141 Alan Tucker	91 Beth Arcady	65 Gale Manson	50 Ray Matthiesen	36 Diane Plotz
138 Dave Tobiasz	91 Ron Hueter	64 Lynn Berg	50 Sandra Phillips	36 William West
136 Colleen Moran	91 Mila Mandic	64 Jennifer Daus	50 Ellen Ruh	36 Debbie Wood
135 Mary Kurtz	91 Bobbi Wirtz	64 Gary Jencson	50 Kathryn Schultz	35 Patti Anzalaco
134 Ed Dooner	88 Harvey Hanna	64 Don Richards	50 Rhonda Skalsky	35 Debi Baldwin
133 Mary Reinhardt	88 Don Hoffman	63 Dorothy Asherson	50 Lori Wright	35 Erik Baldwin
133 David Richards	88 Jim Lahman	63 Judy Bednarz	49 Dana Goldstein	35 Karen Barton
133 Denise Tobiasz	88 Craig Shopneck	63 Karen Birt	48 Doris Dietsche	35 Marcia Cornelius
131 Karen Cogley	88 Bob Trausch	63 Sharon Horvath	47 George Baker	35 Russell Dean
131 Patricia Irvine	88 Wendy Tully	62 Sue Biddle	47 Thomas Cady	35 Linda Freed
131 Cathy King	87 Joseph Adams	62 Toni Foster	47 Marcia Grant	35 Beth Hanna
130 Pat Greene	87 Smiljka Bosnar	62 Mary Del Heron	47 Margaret Ludwig	35 Margaret Krolikowski
127 Joan Prentice	87 Bonnie Gallagher	62 Franco Lanza	47 Bob Nobles	35 Luba Rudyak
127 Sharon Tadj	87 Paula Jacobson	61 Mary Eileen Butts	47 Hank Zalar	35 Cindy Shadler
126 Claire Jencson	87 Peggy Koesel	61 Suzanne Fisher	46 Sharon Davis	35 James Wojcik Jr
126 William McCartney	87 Sue Portnoy	61 Joan Reidy	46 CJ Keyes	35 William Bagger
124 Elsie Davies	86 Victoria Li	61 Patricia Sharkey	46 Donna Wallon	34 Lil Baratko
124 Alice Kruse	85 Mary Smith	60 John Barnard	46 Sherry Widdowson	34 Suzanne Bellini
121 Gary Dolch	84 Jane Hill	60 Patrick Doheny	45 Rick Benesh	34 Debra Oblak
121 Mary Masterson	84 Chris Rettig	60 Susanne Jaster	45 Cathy Fischer	34 Bonnie Milligan
120 Annette Jencson	84 Aleksandra Tomich	60 Barb Palumbo	45 Bill Grose	33 Larry Clager
120 John Jencson	84 Jo Tucker	60 Elizabeth Quinones	45 Larry Newman	33 Jana Greathouse
120 Gayle Shroy	83 Gayle McCrystal	60 Margot Richter	44 Marcia Bodzin	33 Kate Mullally
119 Ed Fradley	83 Sharon Uhl	59 Susan Brett	44 Louise Hayes	33 Monika Rock
119 Linda Fradley	82 Dwight Bird	59 Judy Goble	44 Marly Nagy	33 Debbie Jessie
119 Joseph Kosir	81 Lee Hutton	59 Frank Jacobson	44 Paul Urban	32 Graham Tom Andrews
119 Janet Rawlings	81 Don Landek	59 Diane Urban	44 Nilo Valencia	32 Sandra Brickner
118 Ann Biery	81 Barbara Riccio	58 Barbara Buser	43 Greg Anikeeff	32 Debbie Brindza
118 Kathy Driscoll	81 Kimberly Morton	58 Ron Goldstein	43 Rita Gabrovsek	32 Dan Ezra
118 Steve Lynch	80 Karen Christie	58 Judith Muzzy	43 Joan Mihelich	32 Patricia Hurley
118 Marianne Trausch	78 Marge Fetterman	58 Robert Sweet	43 Eloise Plavney	32 Frank Klaus
116 Stephanie West	78 Robert Sikora	58 Rhonda Wien	42 Linda Gattiker	32 Christine Krol
115 Carol Lewanski	77 Judi Krahn	57 Nelly Vileikis	42 Arlene Kitchen	32 Ann Opett
113 Marilyn Richards	77 Ellen Newton	56 Karen Datko	41 Jane Grose	32 Donna Oros
112 Connie Kearns	77 Kent Packer	56 Sharon Haverlock	41 Gretty Myers	32 Mary Partin
112 Bob Kimmelfield	76 Marianne Ellis	56 Ann Jacobson	41 Margery Ordog	32 April Sampson
111 Dan Lintern	76 Richard Hazelton	56 Karen Leary	41 Bob Rosenthal	31 Patricia Anderson
110 Matt Collings	76 Donna Wirtz	56 Mary Carol Lewis	41 Ann Saluga	31 Kathy Brown
110 Peter Greiner	75 Cindy Judd	56 Kathy Mates	41 Nancy Sogg	31 Elaine Fechko
109 Claudia Plonski	75 Frank Locurto	55 Celeste Birze	41 Rita Stroempl	31 Owen Foster
109 Terry Ross	75 Marlene Snowbrick	55 Kathryn Drews	41 Gabriel Zerkowski	Continued on page 3

## Members Hiking Mile-a-Day (continued)

31 Elisabeth Kroepel	31 Ruth Skuly	181 Karen Krauss	104 Wally Biery	75 Marilyn Rohde
31 Carol Lindblom		181 Ted Krauss	90 Nelly Vileikis	47 Patricia Hurley
31 Julie Melzak	<b>Mile-a-Day Corrections</b>	173 Giovanna DiLauro		36 Alice Schubach
31 Mark Pinto	<b>for August:</b>	126 Linda Deyling	<b>Mile-a-Day Corrections</b>	34 Myrna Groger
31 Kathleen Puccio	355 Sandra Phillips	125 Ann Biery	<b>for September:</b>	
31 David Sagerser	223 Barb Appel	118 Arthur Lieberman	130 Patrick Hurley	

Compare this year's October mileage to that of hikers in 1958 (on page 10).

## Hiking in Ireland September 5-19, 2020

*Rhonda Skalsky • 216-401-0996    Karen Barton • 330-338-1259 • karenleebarton@gmail.com*

The excursion will start in the Connemara region on the wild Atlantic coast: we'll walk to a tidal island and ferry to another, sleep in a small village beside Ireland's only fjord, and look for the remains of ancient Celtic churches. Then we'll move on to Northern Ireland to hike the coast from Portstewart to Cushendall. Daily treks will wind past remnants of medieval castles and a whiskey distillery, across open moors, and through ancient oak woodlands where the Game of Thrones was filmed.

Each day features one hike, self-paced and self-guided. Maps will be provided, along with route guidance. Personal GPS devices are encouraged. Hikes average twelve miles daily and are rated moderate to energetic due to terrain and elevation.

Macs Adventures will arrange accommodations, luggage transfer, and maps. Some overnights will be in very small villages with just one pub for dining; other sites will have multiple offerings and shopping options.

Cost per individual with room sharing is \$2,200. Individuals requesting single rooms will pay an additional \$505. Breakfast is included, but other meals will be at hiker's own expense. Macs estimates meal costs to average \$25 - \$45 per person per day. Travel from the Republic of Ireland to Northern Ireland is included. Travel from the US to Dublin, and local connections to the excursion start and at the finish are not included. However public transportation options to and from our excursion locales to Dublin Airport are inexpensive (about \$100 in total) and readily available.

Due to the small number of beds in some of our overnight stays, group size is limited to fifteen. Those interested should email Karen no earlier than 12/15 at 9 am. Initial down payment paid directly to Macs (amount to be determined) will be due two weeks later.

## Tremont Hike and Burning River Brass Concert Monday, December 16

*Dave & Marilyn Richards • 440-670-1515*

Start your holiday with a HIKE! Join Dave and Marilyn Richards at 3:30 pm on Monday, December 16, for a hike in the Tremont area, followed by a Burning River Brass Concert. We will meet at Lincoln Park (West 11th Street and Starkweather), and the 5-mile hike will end in time for dinner at a local Tremont area restaurant of your choice.

The evening will conclude with the 7:00 pm free-will offering concert by the [Burning River Brass](#) at the Pilgrim Congregational UCC Church (2592 West 14th Street; corner of West 14th and Starkweather). This brass group provides the best of holiday music with lots of enthusiasm. Call Marilyn with any questions. No reservations are necessary; however, we encourage you to make reservations at your favorite restaurant in the Tremont area as they will most likely be crowded.

## October 2019 Statistics

Total number of hikes entered	494	Most members on a hike	39	Number of mile-a-day hikers	331
Members hiking at least once	642	(20h. Leader Wendy Gillund)		Total miles of hikes entered	2,551
Members per local hike (average)	10	Most miles on a hike	245	Members per local hike (median)	9
Total number hikers (members)	5022	(29d--Moses Cleveland Trees Hike)		Number of hikes canceled	5
Total member miles hiked	25,554	Local hikes with 30 or more members	6	(7m, 11d, 16m, 26n, 31i)	

## Mileage Awards for October 2019

32,000	Joan Prentice	6,000	Donna Wirtz	1,000	Peggy Doheny
23,000	Roy Kress	5,000	Dorothy Asherson	1,000	Dennis Harrison
18,000	Adela Kuc	5,000	Cathy King	1,000	Kathryn Schultz
14,000	Linda Heiden	4,000	Joan Delahay	500	Jennifer Daus
13,000	CJ Keyes	4,000	Robert Sweet	500	Joseph Snyder
13,000	Shirley Pashall	4,000	Gabriel Zerkowski	100	Sarah Artese
12,000	Marilyn Richards	3,000	Elaine Fechko	100	Kathryn Drews
12,000	Zelfa Sawaya	3,000	Bonnie Gallagher	100	Pamela Marusic
10,000	Len Hueter	3,000	Victoria Li	100	Kate Mullally
10,000	Dan Lintern	2,000	Linda Fradley	100	James Napier
9,000	Joan Jochum	2,000	Diann Ludwig	100	Kathy Piggford
8,000	Edwin Harstine	2,000	Steve Lynch	100	Janet Rawlings
7,000	Karen Datko	2,000	Happy O'Donnell	100	Jan Schrag
6,000	Suzanne Fisher	2,000	Joan Reidy	100	Keith Williams
6,000	Claire Jencson	1,000	Lynn Berg		

## Membership Report

*Veronica (Roni) Pavia • 330-468-3706 • chcmemberchair@gmail.com*

### New Members

Linda C Dick	5900 Father Caruso Dr Apt 4319 Cleveland, OH 44102 (216) 281-1341 lcdlakewood@gmail.com	Bonnie J Myers	2010 Aldersgate Dr Lyndhurst, OH 44124 (216) 789-7657 bonniemyers4@gmail.com
Eric J Downey	1734 Corning Ave #1 Cleveland, OH 44109 (216) 235-4337 edowney@gmail.com	Paula Orisek	(information is private)
Cheri C Hall	355 Huntmere Dr Bay Village, OH 44140 (440) 668-9093 cherihallmt@gmail.com	Edgar W Phelps Jr	3591 Shelton Ln Brunswick Hills, OH 44212 (216) 346-2175 ephelps107@gmail.com
Cecilia M Krauss	5731 Gateway Ln Brookpark, OH 44142 (702) 812-8090 Cecilia.krauss@gmail.com	Edgar W Phelps Sr	24178 Smith Ave Westlake, OH 44145 (440) 777-5869 jddriver489@sbcglobal.n35
Joy R Landis	128 Stonecreek Dr Mayfield Hts, OH 44143 (440) 446-9555 joylandis@sbcglobal.net	Stephanie D Phillibert	2547 Laurelhurst Rd University Hts, OH 44118 (216) 396-6380 phillibert.stephanie@gmail.com
Bonnie B Milligan	3646 Puritan Dr Brunswick, OH 44212 (216) 407-5205 bbmilligan001@gmail.com	Martha F Qua	4559 Lander Rd Orange Village, OH 44022 (216) 276-4283 mfqua@sbcglobal.net

## Membership Report (continued)

Nanette Ronis 13615 Fox Den E  
Novelty, OH 44072  
(440) 289-5270  
nnronis@gmail.com

Joanna Thomas 15365 Gifford Rd  
Oberlin, OH 44074  
(440) 935-5074  
gardenscapesbyjoanna@yahoo.com

Theresa A Winterich 8547 Homestead Dr  
Olmsted Twp, OH 44138  
(216) 789-4193  
pta4796@cox.net

### Reactivations/Reinstatements

David W Harner 585 Massillon Rd  
Akron, OH 44305  
(330) 730-0726  
dharner@radialgrinding.com

### Address & Other Changes

Donna Nettgen 9120 Traditions Way Apt 414  
North Royalton, OH 44133  
(440) 237-5349  
dnettgen@yahoo.com

Ann Roberts 3600 Jaeger Rd #5404  
Lorain, OH 44053  
(440) 654-2985  
anpenrob@gmail.com

Alice S Schubach (440) 679-7609

### E-Mail Address Changes

George Baker geob1@sbcglobal.net  
Susan D Biddle ssnbiddle@gmail.com  
Helen Layton helenlayton2@gmail.com



CHC members on the Moses Cleaveland Trees hike (in late October 2019) pose with a 283-year-old White Oak tree on the Travel Center of America property in Westlake.

## Become Part of the 2020 Census Crew!

*Sharon Holtkamp, Census Field Manager, Cleveland Census Office*

Editors' note: Sharon spoke at the October General Meeting, and was invited to submit this article.

The U.S. Census Bureau is looking to hire thousands of temporary workers to help with the upcoming survey of the nation's population. With flexible hours and competitive pay, these jobs can be a great fit for many Cuyahoga County residents looking for additional income while also helping our community. For example, moms, dads, veteran, entrepreneurs, retirees, students and volunteers over 18 years of age, as well as YOU, can be a Census Taker! Hike through urban, suburban and rural communities to help collect important data.

Every 10 years, the U.S. Census Bureau is responsible for conducting a survey of each home in the United States in order to determine how many people live in the country and where they live. This count determines how money is allocated for federal services and how many congressional representatives each state will have. In northeast Ohio, an accurate count will have a positive impact for school districts, city governments, roads, hospitals, county agencies and all residents because the population figures directly affect eligibility for funding.

Hiring enough people to fill our open 2020 Census positions is crucial to getting an accurate count and to maximizing the federal funding that Cuyahoga County residents receive over the next 10 years. The application is online and takes about 20 minutes to complete. You will be asked to answer simple questions related to your education, work and other experience. Be a part of this historic event! Join the 2020 Census team by visiting [www.2020census.gov/jobs](http://www.2020census.gov/jobs). If you have questions, contact the Census Jobs line at 1-855-562-2020. Select Option 3 to speak with local representatives.

**Moving? Have a Seasonal Address? Changing your Marital or Membership Status? New Phone, E-mail? Want to Receive a 10% Discount at Appalachian Outfitters?**

Be sure to notify the Membership Co-chair, Veronica (Roni) Pavia, 927 Arboretum Circle, Sagamore Hills, OH 44067  
Phone: 330-468-3706; E-mail: [chcmemberchair@gmail.com](mailto:chcmemberchair@gmail.com).

## **New Year's Eve Hike and Party**

*Bob Kimmelfield & Margaret Krolkowski • 216-283-7824  
bkimmelfield@stratos.net*

We invite you to a party on New Year's Eve following a hike in some of the beautiful neighborhoods in Shaker Heights. The 5-mile moderate hike will begin at 8:00 pm on December 31 at the Farnsleigh parking lot of the Van Aken Rapid, next door to the Ohio Savings Bank. At the end of the hike, maps will be distributed giving directions to our house at 3283 Chadbourne in Shaker Heights. It's a very easy drive! Everyone is welcome, and we can ring in the New Year together with some bubbly (alcoholic and non-alcoholic wines will be available). If you choose to bring a snack (which is up to you), please be sure that it is vegetarian.

If you have any questions, please call or email us, or better yet, talk to us on an upcoming hike! Although reservations are not required, please let us know if you plan to come so that we can plan the appropriate amount of food. Also, if you would like to party but not hike, please contact us so that we can give you directions.

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## **President's and Vice-President's Hikes January 1, 2020**

*Peggy Koesel • peggykoesel@gmail.com*

*Debbie Wood • debwood1208@gmail.com*

Please join Peggy Koesel and Debbie Wood for the first hikes of the year, starting at 1:00 pm for the President's 5-mile hike, and 1:30 pm for the Vice President's 3-mile leisure hike on New Year's Day, January 1, 2020. As is our tradition, these are the only two hikes on this day.

Both hikes will start at the Lock 39 trailhead in Cuyahoga Valley National Park. Please park in the Lock 39 lot, or park in the lot for the Cuyahoga Valley Scenic Railroad Rockside Station and then walk over the bridge to the Lock 39 trailhead. Many restaurants along Rockside Road between Canal Road and I-77 are open on New Year's Day. If you and some of your fellow hikers would like to enjoy a warm beverage or a meal after the hike, please make a reservation at a place of your choosing.

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Editors' note: Be sure to check out our club's website ([clevelandhikingclub.org](http://clevelandhikingclub.org)) for schedules, excursion updates (e.g., Chicago September 2020), hike leader info, Newstems, contact information, and so much more!

## **CHC at Health Fairs**

*Diana Stack • dstack3850@wowway.com*

Julie Wojcik and I volunteered to be part of Fleet Response's Health Fair in Independence on October 2. We had a vendor table, which had our CHC banner displayed, hiking maps of the various parks in which we hike, schedules, CHC brochures, poster boards that showed the hikes around the states and world, and the cabin social functions. We passed out water and Life Savers, because hiking is a life saver! (Plus, you have to stay hydrated!) We had about 60 employees stop by our table, out of interest for themselves or for someone they know.

On October 9, with an assist from Mary Bradshaw, I spoke to the Grafted Hearts Club at Fairview Hospital. This club is for patients who have had some type of major heart surgery or transplant. I covered everything that our club offers. I mentioned why I benefit from the club, including never walking alone. I distributed schedules and brochures, along with water and Life Savers. This group showed a lot of interest and no one fell asleep, which I was told was a great thing! I loved doing both events, and hope to do more in the future.

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## **A Centennial Hike Challenge Won, Part VI**

*David Tobiasz • dstobiasz@aol.com*

Congratulations to all who have completed the Centennial Mile High Challenge. Dan Herris just missed the Mile High with 5,023 feet (8/10 to 8/20). David Tobiasz reached it with 6,000 feet (9/24 to 10/2) and 5,630 feet (10/13 to 10/23). The successful 100-mile hikers Erik Baldwin, Matt Smith, Karen Barton and Joel Edmonds achieved this challenge over the Labor Day weekend. Also achieving the Mile High Challenge, during the June England trip, are Gayle Shroy, Zelfa Sawaya, Nancy Sogg, and Betsy Luce.

To complete the challenge, hikers must climb 4,280 feet (Gold Level), or 5,280 feet (Mile-High Challenge) on any number of CHC hikes within ten consecutive days. To document elevation attained, hikers may use trail maps that specify distance and elevation gain, including CVNP trail maps and other printed or online hiking guides. The source material must include the elevation gain for the trails hiked. Hikers may also use phone-based trail apps like All Trails, or a GPX file that can be exported from a GPS unit or a better-quality phone app.

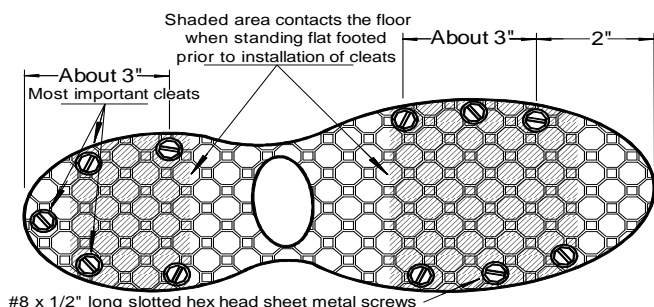
## Safety Tips: Ice

Ron Konieczynski • [konieczynski@sbcglobal.net](mailto:konieczynski@sbcglobal.net)

The statistic boggled Joe Visitorski's mind: about a million Americans are injured annually by falling on snow or ice, and about 17,000 of these injuries are fatal. Hikers are especially exposed to this hazard because they spend so much time outdoors. Joe's solution is to wear a hockey helmet and thick padding when he hikes in winter. He still falls, but he bounces, and it's kind of fun.

Sporting goods stores sell clamp-on devices that attach to boots and improve traction. Some use springs, chains, or metal studs to grip the ice. These all work, but there can be problems; springs or chains can snag roots and debris on trails. Wet snow can clog them and then freeze. Excessively worn studs can even increase the likelihood of slipping on hard ice. Studs screwed directly into the soles of hiking boots, on the other hand, are easy to replace when worn, don't fall off, and won't collect ice, snag roots, or require adjustment. Here's an inexpensive way to convert old hiking boots to ice boots.

At a hardware store, buy 22 slotted hex head sheet metal screws, #8 x 1/2". Use a 1/4" hex nut driver, or a 1/4" socket wrench on an electric screwdriver, to install the screws into the soles of your hiking boots, as shown in the illustration. The screws should be about 3/8" in from the edge of the soles. Adjust the spacing so that the screws are driven into the existing rubber cleats on the boots.



## Trail Tales

Karen Leary • [kglgowalk@gmail.com](mailto:kglgowalk@gmail.com)

*Coffin Road* by Peter May, suggested by Marianne Vest

For those readers who have been to Scotland or plan to visit, settle in this winter with this gripping, intense, complex mystery that will satisfy those who are environmentally conscious. The grandeur, isolation and stormy beauty of the Hebridean Islands serve as a wild, unpredictable fourth character.

On the remote Isle of Harris in Scotland's Outer Hebrides, a man washes up on a deserted beach, hypothermic and completely disoriented. He has no idea who he is or how he got there. The only clue to his condition is a map of the island showing a desolate, ancient path called the Coffin Road. With a sense of dread and no clear idea what lies at the other end, he knows he must follow the trail if he has any hope of discovering his identity.

Meanwhile, homicide detective George Gunn makes the rough ocean crossing to a remote, sea-battered lighthouse on a rock in the northern Atlantic, twenty miles west of the Outer Hebrides, to investigate a brutal murder. Despite its isolation, the tiny island has seen its share of tragedy: more than a century earlier, three lighthouse keepers disappeared, never to be seen or heard from again. And now there is a new tragedy, and Gunn must figure out what happened.

At the same time, a teenage girl lies in her Edinburgh bedroom, desperate to discover the truth about her father's death. Two years after the discovery of the pioneering scientist's suicide note, Karen Fleming still cannot accept that her father would willingly abandon her. And the more she discovers about the nature of his research, the more she suspects that suicide had nothing to do with it.

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## Newsteps Committee Changes

After almost two years of serving as Co-Editor-in-Chief, Maureen is retiring her red pen. While she has enjoyed collaborating with Kathy Schultz, Maureen plans to focus on our club's website redesign. Maureen is glad to have worked with all the pleasant contributors, proofers, and printers, and building upon the processes that Kim Woodward set up.

George Baker will be joining our team as co-editor; he's looking forward to getting an inside scoop on the club. Kathy will be working with George on the finer points of the editing process that she and Maureen have learned while working together.

We welcome Richard Toth to our cadre of proofreaders: Jeff Jaster, Steve Schultz, Peggy Koesel, and Ron Hueter.

## December Birthdays

Veronica (Roni) Pavia • 330-468-3706 • [chcmemberchair@gmail.com](mailto:chcmemberchair@gmail.com)

1 Bernadette Kan	7 Marianne Burhoe	14 Bruce Jacobson	22 Julie Wojcik
1 Christina Turay	7 Kathleen Doty	14 Sue MacAlonan	23 Kathryn Mates
2 Gregory Anikeeff	7 Debbie Lee	14 Debra K Miller	23 Charles Rakes
2 Dolores Lenczewski	7 Sanda Myint	14 Sid Ordog	23 Jean Youngs
2 Jane Pendley	7 Carol Pepper	15 Suzanne Bellini	24 Jennifer Aikens
2 Peter Ronis	7 Maggie Savoy	15 Joan Clark	24 Peter Geller
2 Mildred Ross	8 John Chappell	15 Myra Fabian	24 Sue Morgan
2 Roger Schwachenwald	8 Gary Jencson	15 Cheri Hall	24 Matthew Smith
2 Lorelei Weiss	8 Joanne Pohlchuck	16 Mary Dettmer	25 Paula Dudley
3 Mary Fackler	8 Debbie Wood	16 Jane Hill	25 Marianne Ellis
3 Joan Jochum	9 Lee Hutton	16 Arlene Kitchen	25 Phyllis Glasgow
4 Charlene Dayton	9 John Kohut	16 James Wojcik Jr	25 Paul Marks
4 William McCartney	9 Robert Novacek	17 Megan Cohen	25 Christine Rushnok
4 Bill Piasecki	9 Carol Stinnett	17 Michael Devis	26 Don Landek
4 Susan Stebner	10 Mary Masterson	17 Stephen Foster	27 Thomas Anderson
4 Matilda Varga	10 Paul Rezek	17 James Lahman	27 Frank Bossu
5 Frank Bulbeck	11 Giovanna DiLauro	17 Myung Lee	27 Ilse Hrach
5 Janet Christen	11 Tonya Johnson Jackson	18 Claudia Zalar	27 Robert Hulligan
5 Ruth Crowl	11 Ann Marie Kretovics	18 Maria Zsula	27 Laura Jaffe
5 Laurie Evans	11 Terry Ross	19 Victoria D'Amico	28 Patty Abdenour
5 Charles Gerheim	11 Christine Walkos	19 Susan Keck	28 Robert Nobles
5 Kathleen Meluch	12 Ellen Baker	19 Ken Poyar	28 Sylvester Stanisa
5 Nicole Russell	12 Pauline Dellefield	19 James Reagan	28 Lynn Stovarsky
5 Cindie Sheer	12 Katie Monroe	20 Joan Prentice	29 James Douglas
5 Daniel Swinnerton	12 Grant Segall	20 Rebecca Robinson	29 Veronique McMillan
6 Rachel Abernethy	13 Leslie Baeuerlen	21 Vivian Goodman Duvall	29 Ed Meleason
6 Sarah Artese	13 Mary Ellen Nichols	21 Mary Gunsaulus	29 Marty Ritzert
6 Joseph Maichrye	13 Cathy Nicklin	21 James Koren	29 Diane Urban
6 Beverly Nobles	13 Joan Niederriter	21 Christine Krol	30 Cynthia Lungo
6 Mukul Saha	14 Ellen Botnick	22 Tan Gillespie	31 Gayle McCrystal
6 Claudia Winowich	14 John Glasgow	22 Margaret Miller	31 Sonia Roche
6 Gayle Zipay	14 Danny Herman	22 Nanette Ronis	



The three CHC members present on the right side of the photo are Matt Collings, Dave Sagerser, and Chris Krol.

## Enjoying the Gem of West Creek

*Sarah Wilson • Cleveland Metroparks (CMP)*

What a wonderful way to spend a chilly November afternoon, learning how trails are built from “trail master” Ralph Protano while hiking one of our newest trails! I’m glad that we were able to showcase West Creek Reservation.... I hope you enjoyed the amazing views from Lookout Ridge and think you will agree that West Creek is certainly another gem in our (CMP) Emerald Necklace.

As always, thank you for your support of Cleveland Metroparks!



## From the Chief Pathfinder

### Trail Talk

Matt Collings • 440-243-4752 •  
mcollings187@aol.com



Our centennial year is ending shortly and this is my last column for 2019. The holiday season and cool temperatures will arrive soon as expected yearly. This is your last chance to celebrate our centennial year and hope 2020 brings joy and rewards to all.

As Chief Pathfinder, I wish to thank all the hike leaders, hikers, and the Pathfinder Committee for making this an enjoyable year for all participants. Without our volunteer hike leaders, there would be no monthly hiking schedule! We can always accept new hike leaders with fresh ideas and new eyes. Please contact your respective pathfinder for advice or assistance; see the website for the list. Thanks again to Ellen Papadimoulis for coordinating the Mentor program for new hike leaders.

Yesterday, I participated with the Trail Maintenance group in Cuyahoga Valley National Park (CVNP) Stanford Trail led by Carol Lewanski. Since we all use trails on CHC hikes, it's rewarding to be able to give back for others. Carol's group meets on the second Saturday monthly (except January/February); food and mileage are "extras" provided to the club volunteers. She can always use an extra pair of hands.

See you on trails soon! Happy and safe hiking to all in 2020!

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## Looking Back (June 1953)

### Moonlight Hike

For a change the evening hike was a moonlight hike where flashlights weren't even necessary. Terry Krieger led her group, which included four still-stiff 26-milers, to a shelter house where Don Mackey (himself a 26-miler) and Burt (She'll be Carmen Around the Mountain) Swenson dished out a surprise snack of delicious coffee and donuts. The stopover was so pleasant that everyone had a song fest led by our leader and Helen Tremmaglio. It was nice seeing Chuck Carrick out again.

### March 29th Hike

The hike featured a treasure hunt that took the group to Mackey's Mound, up Gildersleeve Mountain, through an orchard, and to various piles of rocks. The "Golden Treasure" turned out to be a can of orange juice which was very much appreciated. The hike was unique in that the members hiked a stipulated number of index cards (not mileage) instead of miles.

## Sunshine/Sympathy

### Send a card, make a call, say a prayer

Julie Wojcik • 440-845-9048 •  
julielwojcik@yahoo.com

- Our hearts go out to the family of Luc Devis who passed away recently. As one of our younger members, he enjoyed hiking and would sometimes hike with family and friends in the club. Luc was a kind soul, loving and compassionate, who loved spending his time helping the homeless and poor with the Metanoia Project at St. Malachi Church. He loved exploring Cleveland and the Metroparks system on his bike. He will be missed by family and friends.



- Dear friend to many, Kathy Berg passed away in October. She would lead hikes so others could enjoy the love of hiking too.

Editors' note: Please note that not all injuries and losses of family members will be included here. Members may prefer to not have a notice placed in Newsteps.

## Thank You Notes

- To my dear friend, thank you.  
- Dan Ezra
- Words cannot express how thankful I am for all the love and support I have received from the CHC members during Rich's illness and passing. Thank you for your cards and words of support, and a special thank you to the eastside 7:00 am hikers who delivered food to my house every day and ran errands for me. You're the best friends a person could have.  
- Sandra Phillips
- Thank you from the Wiegandt family for all the ways you showed your friendship and concern during Dick's illness and at the time of his death. Our 28 years of adventures hiking with the club were among Dick's favorite memories (mine too) and I am grateful for your continued support.  
- With gratitude, Darlene Wiegandt

## Social Whirl

Elaine Fechko • 440-238-8714 • elainefechko@hotmail.com

There are no additions to Social Whirl since last month. See the November 2019 issue.

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### Looking Back (December 1958)

#### October High Mileage

Jay Beswick	32	Frances Relic	24
Mil Lipsteuer	27	Andy Ipavec	22
Cloyd Kerlin	26	Dorothy Ipavec	22
Betty Peterson	26	Betty Campbell	21
Julie Schneider	26	Ceil Gregor	21
Addie Coverdale	25	Louis Wunsch	20
Besse Simpson	25	Helen Zappy	20

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### Last Notice -- Dues are Due by December 31!

Veronica (Roni) Pavia • 330-468-3706 • chcmemberchair@gmail.com

Active or current members benefit by getting their mileage recorded/tabulated, receiving the monthly Newsteps, and having access to members-only excursions. Next year's renewal dues are due by the end of December 2019. Avoid the holiday rush (and a possible late fee) – mail your check today! If you don't have the remittance envelope that was inserted in the October Newsteps, see the mailing address below.

Please note the chart below reflects the new annual dues amounts.

Membership type	Individual	Joint 2 members at same address
Active Membership: residing within 75 miles of Cleveland	\$36 per year	\$57 per year
Associate Membership: residing more than 75 miles from Cleveland	\$31 per year	\$47 per year

Please make your check or money order payable to Cleveland Hiking Club and mail to:  
Kathy Kristof, CHC Dues, 1276 Mathews Ave, Lakewood, OH 44107.

Dues received after December 31, 2019, but before December 31, 2020, will require an additional \$5 late fee. After December 31, 2020, you must submit new paperwork, a \$20.00 reinstatement fee, and current year dues in order to reinstate your membership.

Help keep the directory up to date and ensure that you get your copy. Please take a moment to review your listing from last year and inform me of any changes of address, telephone number, or e-mail address, at chcmemberchair@gmail.com. If you are seasonally away from your local address, please notify the membership chair of the dates (each year if necessary). The club will not mail to either your local or seasonal address during that time period. Because of the postage category, if you have moved or are temporarily away, mail is returned to the club and return postage is due, even if you have requested the post office to forward or hold your mail.

By paying dues for the Cleveland Hiking Club membership, members acknowledge and reaffirm their continuing acceptance of responsibility as contained in the Liability Release Form they signed when joining the organization. (A copy of the Liability Release Form can be found on the CHC website under the "Members Only/Contacts & Docs" tab.)

## **Highlights — CHC General Meeting**

**October 26, 2019**

**Camp Onwego**

Board members in attendance: Peggy Koesel, Matt Collings, Joan Delahay, Barb Meyer, Ellen Papadimoulis, Rita Stroempl, Denise Tobiasz, and Julie Wojcik. Absent: Mary Bradshaw, Dave Hobe, Ron Hueter, Lee Hutton, Gayle Shroy, Diana Stack, Sharon Uhl, and Debbie Wood.

Peggy Koesel commenced the general meeting at 1:51 pm. Sixty-two members were present.

Guest Speakers: Sharon Holtkamp and John Wagner from the US Census Bureau's Cleveland Office presented information about temporary work for the 2020 Census.

Awards and Recognition: Peggy acknowledged centennial challenge hikers, Emerald Necklace hike leaders, event hosts, and committee members. Sharon Horvath presented mileage awards.

Strategic Objectives: Peggy reviewed the club's strategic objectives and provided statistics through the third quarter. We are close to meeting all targets. 596 members (600 target) are hiking at least once a month. An average of 302 members (325 target) are hiking a mile-a-day. We are on target to meet 90% membership retention rate. Injuries are under 12, only 4 requiring medical attention to date. We have exceeded our hiking-related donations goal, with \$1,100 donated as of September 2019. Our budget is on target with less than a 5% variance, except for the increased printing costs.

Dues Increase: After September financial review, the board determined actual expenditures will be higher than budgeted by year-end and will remain higher moving forward. As a result, the board approved a \$6.00 per year dues increase. Options such as using camp funds or prior reserves were considered and the board concluded that raising dues for the first time in 12 years was the fiscally responsible choice. This will enable us to continue to meet the increased printing costs, cover some centennial expenses, rent canopy shelters to increase capacity for outdoor events at camp, and modernize our website and data management capabilities.

Election Results: Barb Appel filled in for Katherine Malmquist as CHC Teller. Katherine recused herself as she was on the ballot. Ron Hueter, Corresponding Secretary, delivered sealed ballots to Barb. The Teller Committee opened and counted 503 of the 509 ballots received (6 were invalid).

On October 14, 2019, the Teller Committee (Cathy King, Beth Arcady, CJ Keys, and Leslie Leventhal) joined Barb Appel to tally the votes. The following officers, directors, and trustees were elected: Peggy Koesel (President); April Sampson (Treasurer); Matt Collings (Chief Pathfinder); Katherine Malmquist (Recording Pathfinder); Dave Hobe (Trustee); Larry Clager (Director); Sharon Horvath (Director); Rita Stroempl (Director); Sharon Uhl (Director).

New Life Member: Matilda Varga has been a CHC member for 50 years and has hiked over 30,000 miles. Matilda will become a Life Member of the CHC on January 1, 2020 and her membership will be free going forward.

Health Care Outreach Coordinators: Diana Stack, Julie Wojcik, and Sharon Uhl have created a presentation package with a display board, brochures, and CHC banner that members may use to represent CHC at events such as health fairs or employer wellness programs. This team would welcome assistance to present materials when requests come in.

Camp Improvements: Camp Maintenance Committee Chair, Bob DiVincenzo has worked tirelessly to complete many needed projects around Camp Onwego, including installing 8 new windows, painting and replacing siding on many structures, installing flood lights and wiring for canopy lights, and removing hazardous trees.

CHC Holiday Party will be held on Saturday, December 7, at Tremont City Side Ballroom at Annunciation Greek Orthodox Church at 2187 West 14<sup>th</sup> Street. The \$40 price covers food, music, and more. Reservation forms are due to Dave Richards by November 27. Bring canned food and white socks for our charity collection.

The meeting adjourned at 2:24 pm.

## **Highlights – Electronic Board Meeting**

**November 3, 2019**

The Board agreed to convene an electronic Board Meeting to approve an excursion led by Rhonda Skalsky and Karen Barton to Ireland, 09/05/2020-09/19/2020, which was submitted on November 1, 2019. All board members were able to attend.

The excursion was approved.

*Submitted by Barbara Meyer, Recording Secretary*

# Newsteps

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## Cleveland Hiking Club 2019

*President* – Peggy Koesel  
*Vice President* – Debbie Wood  
*Chief Pathfinder* – Matt Collings  
*Treasurer* – Dave Hobe  
*Corresponding Secretary* – Ron Hueter  
*Recording Pathfinder* – Gayle Shroy  
*Recording Secretary* – Barb Meyer

### Directors

Mary Bradshaw, Joan Delahay,  
Lee Hutton, Ellen Papadimoulis,  
Diana Stack, Rita Stroempl, Denise  
Tobiasz, Sharon Uhl, Julie Wojcik

### Trustees

Bob DiVincenzo (2019)  
Peter Greiner (2020)  
Lynne Bell (2021)

[www.clevelandhikingclub.org](http://www.clevelandhikingclub.org)

## Excursions Calendar

Kathy Driscoll • 440-973-4440 • [kathydriscoll@wowway.com](mailto:kathydriscoll@wowway.com)

DATE	NEWSTEPS	LOCATION	CONTACT
<b>2020</b>			
2/9 – 2/20	NS 10/19 Page 5	Vero Beach/Central Florida/St. Augustine areas Florida	Marilyn & Dave Richards Connie & Jeff Kearns
5/1 – 5/3	NS 7/19 Page 10	New York City The Great Saunter 2020	Peter Greiner & Cindy Judd
7/18 – 8/9	NS 6/19 Page 9	Yosemite, Kings Canyon, Sequoia National Parks	Denise & Dave Tobiasz
9/2 – 9/4	NS 11/19 Page 9	Chicago, Illinois	Rich Urbas
9/5 – 9/19	NS 12/19 Page 3	Ireland	Rhonda Skalsky and Karen Barton
10/18 – 10/23	NS 8/19 Page 7	Philadelphia, PA	Jane Hill & Mary Carol Lewis

NS = *Newsteps*, 9/16 = Issue and year, Page 4 = Descriptive article on Page 4. Please do not call excursion leaders before full trip description in *Newsteps*.

For an Excursion planning form, contact Kathy Driscoll – [kathydriscoll@wowway.com](mailto:kathydriscoll@wowway.com) or 440-973-4400