

The President's Corner

Sharon Uhl • sharonuhl.chc@gmail.com

After the Annual General Membership Meeting in May, I started to think about the many ways CHC has changed since it began in 1919, while still adhering to the mission of promoting hiking for health and recreation. For those of us who are newer club members, it may be interesting to know how we have grown and what factors promoted that growth. One way to understand the changes is to look at the Centennial Anniversary book. Another is to chat with long-time club members who have a wealth of information to share. Many thanks to Ruth Skuly for the insights she shared with me on how the club has grown.

For the first 50 years, club membership hovered between 100 and 200 members, reaching 212 members in 1972. Members were mostly young working adults, and hikes were held primarily on Sundays. The second 50 years saw an explosive growth to our current membership of 1212 (as of 5/31/2022,) exceeding the initial hopes of the founders in 1919 of eventually having 1,000 members. The variety of hikes in terms of pace, length, and location expanded rapidly as membership grew. Early years offered about three hikes a week, two on Sunday and a mid-week evening hike. Weekday hikes were started in the late 1930s, continuing to grow in number as they became more popular and shorter. Leisure hikes were introduced in 1990. Today, there are daily hiking options with about 150 choices of hikes for members to select from each week.

Early on, many club members did not have cars and needed to rely on public transportation to get to hikes. Schedules included detailed instructions on which trolleys or buses could be used to reach a trail head. I was fascinated to learn that members with automobiles would often volunteer to drive other members from the end of a trolley line to the trail head. Codes known only to members were included in the schedules to inform them of the availability of a ride to the trailhead. In the 1950s & 1960s, as people moved to the suburbs and automobile ownership became more widespread, this informal transportation service faded away.

At various points in CHC history, there have been efforts to increase membership. One of the more surprising ideas came from the membership chair in 1953 suggesting that the approximately 100 unmarried club members consider marrying non-members, if inclined to wed, as a means of growing the membership! Not surprisingly, this suggestion bore little fruit as membership remained static at 167 from

1950 to 1960. Societal trends seem to have had more impact. Membership doubled from 212 (in 1972) to 410 (in 1989) as exercise for promoting health became a popular trend in the United States. CHC promoted hiking through public presentations, mention in local newspapers and news programs, and through the Cleveland Metroparks Emerald Necklace publication. When asked about how she got involved in CHC in 1985, Barb Appel cited the Emerald Necklace publication as her introduction to the club. The second doubling of membership occurred in about half the time of the first, in the decade of 1990 to 2000, growing from 410 to 833 members.

The next period of rapid increase in membership occurred between 2011 and 2017, when CHC gained almost 300 members. Baby boomers began retiring! With multiple hikes throughout northeast Ohio on every day of the week, CHC became a solution to newfound free time for retirees. Over the course of 100 years, CHC membership has changed from the original composition of mostly younger working adults to mostly retirees. Membership peaked during our Centennial Celebration year (2019) at 1375 members. While our current membership of 1212 seems like a lot, only about half of our members hike at least once each month. Many no longer hike for various reasons, but thankfully support CHC through their continuing membership, volunteer activities, and attendance at club social events.

The process of becoming a member has changed too. In the early years, candidates needed two current club members as sponsors and approval of the CHC Board. This process could take a few months depending on when the Board met. Those interested in becoming members were encouraged to hike frequently to become acquainted with board members who would be voting on their membership application. The process was streamlined in 1989 when board approval was no longer required. The membership committee became responsible for processing applications for membership, and sponsorship by two club signatories was phased out in 2014. One membership requirement that hasn't changed since 1950 is the need to complete six hikes to receive an application for membership.

I encourage you to learn more about the history of our wonderful club. Thanks again to Ruth Skuly and Barb Appel for sharing their insights with me, so I could share with them with you.

Members Hiking Mile-a-Day in May 2022 (301)

Katherine Malmquist • 440-338-4410 • chcmembers@yahoo.com

272 Robert Kimmelfield	107 Annette Jencson	71 Marlene A Engel	53 Margaret Krolikowski	40 Sandy K DeMart
263 Cindy K Judd	107 Joseph Kosir	71 Robert D Sweet	53 Mary Jane Decker	39 Linda Condit
248 Barbara Appel	106 Larry J Clager	70 Colleen M Moran	53 Ray Matthiesen	38 Jane Grose
240 Timothy A Ransom	106 Sharon L Uhl	70 Janet Fuchs	53 Sandra Barlett	38 Karen Birt
236 Rose Prisko	105 Beth A Arcady	70 Marianne Ellis	52 Donald W Hoffman	38 Kathleen Crippen
232 Giovanna DiLauro	105 Gayle McCrystal	70 Susanne Jaster	52 Ellana Miklos	38 Mary M Bublavy
213 Lucy Erba	104 Gayle Shroy	69 Peter D Ronis	52 Gail R O'Brien	37 David A Schiraldi
209 Alan D Ceol	104 Marsha Gaul	68 Linda M McAllister	52 Marilyn Rohde	37 Janet A Smith
204 Joan Jochum	104 Nancy Thompson	68 Pamela J Webster	52 Sandra L Jones	37 Karen G Leary
194 Jeffrey T Colvin	103 Kathleen Driscoll	67 Joan Delahay	52 Sharon Horvath	37 Randall Brundage
186 Dan T Lintern	101 Kate Mullally	67 Mary Carol Lewis	51 Bonnie B Milligan	37 Susan M Stebner
184 Douglas K Hardman	101 Pamela M Reed	67 Stephen T Lynch	51 Ellen J Newton	36 April W Sampson
181 Wendy Gillund	100 Donna J Wirtz	66 Christina R Rettig	51 Marianne Trausch	36 Elizabeth Reeder
176 Ann M Biery	100 Gary D Dolch	66 Debbie S Dacone	50 Bob E Shroy	36 Haigang Zhou
172 Bonnie Gallagher	98 Bonnie Wallis	66 Shelli Lanza	50 Ellen Woodruff	36 Kathryn A Mates
165 Nancy Konrad	97 Susan K Wright	66 Stephanie K West	50 Harvey C Hanna Jr	36 Laura Graf
163 Arthur Lieberman	96 Leonard A Hueter	65 Frank Vidmar	50 Karen Barton	36 Marcia Grant
160 Mary Hornsby	96 Rhonda Skalsky	65 Gail K Dicks	50 Karen E Christie	36 Maureen Lindway
158 Nancy E Williams	94 Connie C Kearns	65 Victor Myhal	50 Louis D Raffis	36 Patricia L Tsevdos
154 Mary P Kurtz	93 Joan Prentice	64 Adela F Kuc	50 Marcia A Cornelius	36 Sid T Ordog
152 Bonnie J Myers	92 Laura M Borns	64 Brenda K Lett	50 Mary Baldwin	35 Arlene L Kitchen
152 Mary T Masterson	92 Matt W Collings	64 Elizabeth Quinones	49 Leah Schmidt	35 Christine Novak
152 Ness A Ransom	91 Jay Neid	64 Janene Yokoyama	48 Annette M Safran	35 Claudia Winowich
151 Robert DiVincenzo	90 Dina M Vogel	63 Nancy W Sogg	48 Karen Dribben-Alprin	35 Ellen Ruh
147 Ken Howard	89 Bobbi Wirtz	63 Patricia A Greene	48 Linda Deyling	35 Linda A Freed
147 Varsha Jhala	89 David J Ritchie	62 Christiane Lavertu	47 Laurel Herris	35 Lynn C Berg
146 Patrick J Hurley	89 David Tobiasz	62 Kevin J Marriott	47 Linda Tobin	35 Margit Cisar
145 Patricia Irvine	89 Julie Wojcik	62 Michele T Cozza	46 Debbie Brindza	35 Tim P Ruh
144 Katherine Malmquist	89 Mila Mandic	62 Nilo C Valencia	46 Gail C Mix	34 David W Mills
144 Peter J Hawryluk	88 James W Reagan	62 Rita H Stroempl	46 Kathryn A Drews	34 Eloise Plavney
144 Wally Floyd L Biery	88 Peggy Koesel	61 Monika J Rock	46 Livia Zuccaro	34 Michael Sasarak
143 Edwin Harstine	86 Daniel Herris	61 Sharon Tadj	46 Margery S Ordog	33 Bonnie E Cusick
140 Judi A Krahn	86 Deborah A Teron	60 Eileen Burry	45 Ilse H Hrach	33 Christine A Krol
140 Marianne Vest	85 Nelly Vileikis	60 Marge Fetterman	45 James A Lis	33 David A Sagerser
137 James Wojcik Jr	85 Suzanne M Fisher	59 Barbara Polburn	45 Richard L Hazelton	33 Donald L Ruegg
137 Linda M Kessler	85 Sylvester Stanisa	59 Marty Ritzert	44 Diane M McClain	33 Fran Jacobs
131 Ellen Papadimoulis	83 Daniel Swinnerton	59 Michael O Keating	44 Greta Bonne	33 Kathleen M Dugan
131 Lee J Hutton	83 Smiljka K Bosnar	58 Terry L Marquard	44 James R Napier	33 Robert T Evans
130 Happy O'Donnell	83 Terry A Ross	57 Judith Muzzy	44 Linda Heiden	33 Ron Zackowski
129 David Richards	82 Alan J Rolik	57 Lillian M Baratko	43 Angela S Siegel	33 Sandra A Brickner
128 Glenn V Southard	82 Jane R Hill	57 Merryl Carlsson	43 Barbara L Swiney	32 Diane Urban
128 Mary E Southard	82 Mary Bradshaw	56 Dennis Harrison	43 Beverly Dahms	32 James P Lahman
127 Cathy J King	82 Sue M Mills	56 Dorothy Asherson	43 Denise Herman	31 Alan R Tucker
124 Denise Tobiasz	81 Karen L Gerheim	56 Teresa Davey	43 Ed Dooner	31 David E Conroy
123 Patricia J Anderson	79 Annette Hueter	55 Debra L Oblak	43 John F Ross	31 Donna Nettgen
123 Ron Hueter	79 Ariana L Miller	55 Frank A Locurto	42 Deborah Hayden	31 Elisabeth Kroepel
122 Stephen C Foster	79 Eugene Baxendale	55 Gordon W Mann	42 Diann D Ludwig	31 Frank Skala
120 Claire Jencson	79 Karen A Datko	55 Janet K Rybicki	42 Lubov Rudyak	31 Henry Zalar
118 Mark Stypczynski	78 Dina M Kmiecik	55 Robert J Milligan	42 Richard A Ziemnik	31 Marvin Francisco
117 Betsey L Luce	77 Gale M Manson	55 Toni W Foster	42 Susan J Brett	31 Rhonda Wien
117 Sumita Kedia	77 Janet Orban	55 Wendy Tully	41 Ann Roberts	31 Robert Trausch
116 Shirley Leonard	77 LouAnn Rossi	54 Alexandra Wheeler	41 Patricia Hurley	31 Sharon Haverlock
115 Kathy Miki	75 Judy E Bednarz	54 Carol Lewanski	40 Craig H Shopneck	31 Stanley R Koch
115 Margaret A Miller	74 Miriam F Weiss	54 Cheryl A D'Amico	40 Elaine Fechko	31 Susan A Dybowski
115 Robert P Fox	74 Patricia A Sharkey	54 Jane E Hanculak	40 Erik Baldwin	31 Susan M Frolo
112 George P Baker	74 Sara L Zielinski	54 Joy R Landis	40 Helga Balta	31 Thomas W Cady
112 John Jencson	73 Brad H Fox	54 Wayne A Heritage	40 Joel Edmonds	31 Victoria Li
112 Zelfa V Sawaya	73 Dwight Bird	54 William McCartney	40 Laurel J Luke	
111 Karen L Krauss	73 Karen O Cogley	53 Debra L Happel	40 Marilyn V Richards	
111 Ted R Krauss	72 Claudia M Plonski	53 Helen Layton	40 Matthew J Smith	
110 Sandra Phillips	71 John G Sech	53 Kim Woodward	40 Ruth Philbrick	

May 2022 Statistics

Total number of hikes entered	545	Total miles of entered hikes	2,852	Total member miles hiked	25,298
Number of hikes cancelled	5	Most miles on a hike	720	Most members on a hike	34
05.15, 06.05, 06.09, 12.21, 18.13		01.01 E. Baldwin (40-miler)		24.14 P. Hurley & 27.03 N. Konrad	
Local hikes w/ 30 or more members	4	Members per local hike – avg.	9.1	Members per local hike - median	8
Total number hikers, members	5,002	Members hiking at least once	579	Number of mile-a-day hikers	301

Mileage Awards for May 2022

50,000	Ken Howard	7,000	Janet Orban	500	Marlene A Engel
33,000	Denise Tobiasz	7,000	Stephen C Foster	500	Nancy C Thompson
20,000	Arthur Lieberman	6,000	Mary T Masterson	100	James R Deily
17,000	Robert Kimmelfield	5,000	James W Reagan	100	Lois N Stueber
16,000	Rhonda Skalsky	5,000	Laurel Herris	100	Mary E Kaman
15,000	Christina R Rettig	5,000	Happy O'Donnell	100	Paula J Beiter
15,000	David Richards	3,000	Debra L Oblak	100	Frank Vidmar
15,000	Joseph Kosir	2,000	Mary M Bublavy	100	Donald L Ruegg
14,000	Daniel Herris	2,000	Dennis Harrison	100	Rick E Sieke
12,000	Edwin Harstine	2,000	James Wojcik Jr	100	Susan A Dybowski
11,000	Ellen R Papadimoulis	2,000	Jeffrey T Colvin	100	Annette M Safran
10,000	Gordon W Mann	2,000	Linda M Kessler	100	Cathy Zhao
9,000	Donna J Wirtz	1,000	Claudia Winowich	100	Brad H Fox
8,000	Claire Jencson	500	Barbara A Rhodes		

Hike Leader Awards for May 2022

<u>Leader</u>		<u>Award Level</u>
Rose Prisko Mark Stypczynski	Judi Krahn Terry Ross	Gordon Mann 100

July Birthdays

Veronica (Roni) Pavia • 304-238-4032 • chcmemberchair@gmail.com

1 Rosemary Ludway	9 Carrie Konkoly	16 Bonnie Milligan	24 Alan Rolik
1 Chuck Reynolds	9 Gregg Strong	17 Linda Barnard	24 Gaile Zazzara
1 John Sech	9 Sherrie Wooden	17 Rick Benesh	25 Dan Dellefield
2 Stephen Alexander	10 Roseanna Green	17 Caroline Chesebrough	25 Janine Dobrovich
2 Roger Hevessy	11 Mary Ann Blakeley	17 Linda Hardman	26 Jean Bouchard
2 Steven Polakof	11 Susanne Jaster	18 Jessica Scher	26 Nadia Firdman
2 Timothy Ransom	11 Rick Mace	18 Tamara Troicky	26 Jen Krueger
2 Zelfa Sawaya	11 Mark Miller	19 Jeffrey Kearns	26 Kathleen Lamorte
3 Norman Clemens	12 Mary Chin	19 Joseph Sefcik	27 Debra Happel
3 Gary Freed	12 Elizabeth Hanna	20 Marguerite O'Donnell	28 Nancie Stephenson
3 Sandra Lewis-LaPlante	12 Harvey Hanna	20 Shirley Pashall	28 Nancy Weiss
3 Leslie Telich	12 Dorothy Ipavec	20 David Pulice	28 Kathryn Wilmer
4 Robert Smyk	12 Debra G Miller	21 CJ Keyes	28 Jennifer Yadlovsky
4 Patrick Steets	12 Joseph Smetana	21 Sandra Phillips	29 Connie Fleming
5 Karen L Weber	13 Edwin Harstine	22 Pat Ayers	29 Susan Strauss
6 Anna Marino	13 Linda Kohar	22 Robert DiVincenzo	30 Mark Pinto
6 Christine Przybysz	14 Jean Cross	22 Scott Wolf	30 Shane Vogel
6 Edward Schwartz	15 Anne Henry	23 John Gabrovsek	31 Steven Bass
7 Joseph Adams	15 Judith Muzzy	23 Tom Harrold	31 Thomas Overall
7 Laurel Luke	15 Rick Sieke	23 Jerry Polizzi	31 Debbie Ranieri
8 Marlene Rodgers	15 Lori Wright	23 Daniel Weiss	
9 Patricia Jatsek	16 Robert Manley	24 Debra Oblak	

Membership Report

Veronica (Roni) Pavia • 304-238-4032 • chcmemberchair@gmail.com

New Members

Kim B Barkfelt
4717 Kingsbury Rd
Medina, OH 44256
(216) 905-8435
kimbarkfelt@roadrunner.com

Roseanne M Deucher
19607 Elm Dr
Strongsville, OH 44149
(440) 376-0339
Deucher.roseanne@gmail.com

Cynthia A Godfrey
958 Oakview Dr
Highland Hts, OH 44143
(440) 668-5949
godfrey.410@gmail.com

Dennis G Kapral
1906 Maynard Ave
Cleveland, OH 44109
(216) 741-0250
DDFeedBirds@SBCglobal.net

Scott Peshick
25900 Euclid Ave #220
Euclid, OH 44132
(216) 203-8632
peshick@hotmail.com

Janine H Rybka
Edward Rybka
13715 Shaker Blvd #2B
Cleveland, OH 44120
(216) 470-0320
(216) 857-0038
Janinehr@roadrunner.com
ewrybka55@gmail.com

Denise A Hoover
4115 Mary Kay Cir
North Olmsted, OH 44070
denisehoover437@gmail.com

Email Address Changes

Dina M Kmiecik
dina.kmiecik@gmail.com

Ed T Meleason
emeleason@gmail.com

Katie Meleason
meleasonmary@gmail.com

Ellen R Papadimoulis
ellenrayep@gmail.com

General Membership Meeting and Potluck Picnic

**Saturday, August 6, 2022 - Camp Onwego
Potluck - 12:00 pm, Meeting - 1:00 pm**

Linda Kessler • lkessler762@gmail.com

The August General Meeting will be held at Camp Onwego in Hinckley, Ohio. All members are invited to join in for camaraderie of hikes, a potluck, an update on CHC business, and the opportunity to meet the candidates who are running for office in the October election. There is something for everyone, with a variety of hiking options (3-mile leisure; 5-mile and 10-mile moderate) in the Hinckley area scheduled that day. Check the club hiking schedule for the times and to see which hike is best for you.

Traditionally, CHC potlucks are tasty affairs and have something for everyone. Members attending should bring picnic type snacks, side dishes, salads, or desserts to share. Hot dogs, buns, and condiments will be provided. Since the club does not have garbage pick-up at Camp Onwego, please bring your own non-disposable place setting (NdPS) and beverages of your choice.

Please make reservations **by August 1** by emailing CHCreservations19@gmail.com, so we will know how many members for whom to prepare.

Reactivations/Reinstatements

Pieter L deHaseth
24658 Hazelmere Rd
Beachwood, OH 44122
pdehaseth@gmail.com

Dyan L Colpo
21375 Hilliard Blvd
Rocky River, OH 44116
dyacol@gmail.com

Address & Other Changes

Peggy A Doheny
Patrick Doheny
31730 Woodbridge Way
Avon Lake, OH 44012
(216) 533-9708
(216) 533-9012
pdoheny@kent.edu
pjdoheny@kent.edu

Ann R Ashburn
36500 Euclid Ave #B474
Willoughby, OH 44094
(440) 533-5847

Elaine Fechko
(440) 915-2373 (C)

Kenneth Fink
(440) 749-0025 (C)

July "First Friday Hike" – Wadsworth

Sue Stebner • 216-374-2613

Independence Day Celebration and Fireworks is the theme for First Friday, July 1, 2022.

After the 4 pm, 4-mile leisure hike, we will walk around downtown Wadsworth. Later we will venture to Bent Ladder Winery at 13550 Mt. Eaton Road, six miles south of Wadsworth. A food truck, music, and a beautiful sunset will be available for our enjoyment. Bring a blanket and/or a lawn chair.

Plan to return to Wadsworth after sunset to watch the fireworks.

Please contact me with any questions.

Safety Tips: Summertime Reminders

Julie Wojcik • 440-845-9048 • julielwojcik@yahoo.com

Don't leave home without . . .

WATER - this time of year it is most important to hydrate, hydrate, and hydrate! Signs of dehydration include: being lightheaded, dizziness, dry mouth, lips and eyes, headache, and fatigue. All of these can indicate that you have not consumed enough water to replace what you have lost. If you feel any of these symptoms, try to find shade, and let someone know you need to rest in the shade. Better to stop before heatstroke sets in. Here's a simple trick: add a little Gatorade or similar drink to your water to provide some electrolytes.

SUNGLASSES - Anytime of year is a good time to protect your eyes, but summertime can be especially harsh to our eyes. Save your eyesight by wearing sunglasses.

SUNSCREEN - It doesn't take much to produce that red glow, which we may regret later in life. Sunscreen is especially important during the prime hours of 10 am to 2 pm - but anytime can be a good time to shield your skin from the sun.

HATS and COVER-UPS - Shield your face and top of your head with a hat. A hat can protect the top of your head from sunburn and keep the sun from directly impacting your face. Wear lightweight and/or light or white clothing to avoid becoming overheated. These can be left in the car in case they are needed - but this year in particular the following is very important:

TICK-CHECK - Before getting into the car after a hike, do a tick-check for any hitchhikers, especially around shoes, legs, and areas that ticks might climb under. Wearing light-colored clothing helps to make this check easier. Also, check others if possible.

Most of all, a little planning ahead of a hike can prevent some of these summertime discomforts.

Ethnic Dinner at Camp Onwego Saturday, September 17, 2022

Sandy Paliga • 440-345-5400 Chris Rettig • 216-676-9306

Benvenuto!! Come and join us for a night in Italy. Come to Camp Onwego at 5 pm on Saturday, September 17, 2022. Price is \$25 per person.

We will have rigatoni with marinara sauce, meatballs, Italian sausage with onions and peppers, pizza, green beans, salad, Italian cookies, and gelato or spumoni. BYOB and bring your own non-disposable place setting. Appetizers will begin at 5 pm. Dinner will be served at 6 pm. Entertainment will be provided.

Only 50 reservations will be taken. Please submit reservations and payment by Saturday, August 27, to Sandy Paliga, 7454 Bradenton Blvd., Parma, Ohio 44134. Make checks payable to **the Cleveland Hiking Club**. Please call us with any questions. See you there!!

Cleveland Downtown Take-a-Hikes are Back

Denise Tobiasz • 440-777-0545 • dstobiasz@aol.com

The Downtown Cleveland Alliance and Ohio Erie Canalway hikes are back on the schedule. Their leaders will share fascinating facts about Cleveland's history and architecture. Along the way, you might meet a historical figure from Cleveland's past that will share their stories. Come and join us on a five-mile hike, and socialize afterwards.

- July 11: Tremont Take-a-Hike. Meet at 5:30 pm at the Tremont Cleveland sign on Abbey Ave.
- July 13: The Grand Department Stores Take-a-Hike. Meet at Tower City fountains at 5:30 pm
- August 15: Ohio City Take-a-Hike. Meet at Merwin's Wharf at Rivergate Park at 5:30 pm
- August 25: Historic Hotels in Cleveland Take-a-Hike. Meet at Tower City fountains at 5:30 pm

Don't forget the inside downtown hike on July 6 - Fire Museum hike at 9:30 am (meet at Tower City fountains.)

Sunshine/Sympathy

Send a card, make a call, say a prayer

Julie Wojcik • 440-845-9048 • julielwojcik@yahoo.com

- May 28th, Carol Lewanski broke her humerus - Not funny, more later.

Thank You Notes

- Thank you for all the cards, emails, and get well wishes sent through my hiking son. Two wonderful and caring nurses stayed with me until my son was able to get the car to take me to the ER. Amazing how a little misstep can cause such an injury. By the time this appears in the *Newsteps*, I hope my ankle will be well-healed and I'll be back on the trails.

This is a perfect reminder of being "mindful" while hiking. Although we seem to get distracted while in conversation, try to be mindful of your next step and the terrain which might cause injury. Look ahead for fallen branches, uneven sidewalks, loose stones, or slippery areas. Without our proper attention, these can lead to accidents. I'm proof of that!

Julie Wojcik



From the Chief Pathfinder

Mary Kurtz • marykurtz2020@gmail.com



At the May 23 Pathfinder meeting, the Committee reviewed and edited all of the hikes scheduled for July and August, 2022. We have 1,056 hikes, with 198 of them being leisure hikes. That is an excellent schedule for a two-month period of hiking. We want to thank all of the leaders for volunteering to lead. Additional leaders are always welcome.

There are a number of different options for your hiking pleasure. For the second half of 2022, why not try something different. Try a different hiking location than usual. Do more miles than you usually do. Give yourself a personal goal; challenge yourself in July. You won't regret it.

A shout out to Ken Howard: Ken has now hiked 50,000 miles with the Cleveland Hiking Club. Ken has been a source of inspiration to many of us when we joined the CHC. He received his 50,000-mile patch and a bench out at Camp Onwego with his name plaque as recognition for his achievement. If you see Ken on a hike, please give him a hearty congratulations.

Flamingos, Brats, & Brews Saturday, July 23, 2022

Lucy Erba • ljerba@yahoo.com
Rhonda Skalsky • rhonskal@yahoo.com

We look forward to your company in Parma where old traditions, new undertakings - and those legendary pink flamingos - all serve to shape the scene!

This event includes a five-mile hike starting at 11:00 am, followed by social time at the Schnitz Ale Brewery and Pub, located at 5729 Pearl Road. You may park behind the brewery or at Das Schnitzel Haus, across Pearl Road. Observe nearby parking lot postings to avoid having your car towed away.

Our hike reaches into the ethnic pockets of town to reveal some of its highpoints. After a short march through "Little Bavaria" we reach the brewery, ready to enjoy what's on tap for us!

Come and join us at Schnitz Ale Brewery and Pub, Parma's first and only brewery, which opened in 2020. A variety of craft beers is available, along with ample German and traditional dishes. Do plan to learn about the design and decor of this unique operation from our hosts before settling down for that cold brew and/or tasty meal.

Auf Wiedersehen

Newsteps Submissions

Deadline is the 10th of the month

Send submissions to chcnewsteps@gmail.com

Trip details should be no more than ½ page.

Photos may be submitted and will be used if space allows.

Life is Brewtiful Hoptimist Series Sunday, August 7, 2022

Linda Heiden and John Heidenreich
440-937-5580 • lindaheiden@outlook.com

A "Hoptimist" believes the world is a better place with beer.

As promised back in pre-COVID, one of our brew hikes this year will have a twist, as it has been planned and will be led with other CHC members' involvement. A six-mile brew hike was jointly developed by Becky and Paul DePrator along with us. It is scheduled for 2:00 pm Sunday, August 7, beginning and ending (for optional socializing afterwards in their party room) at The Brew Kettle, 8377 Pearl Road in Strongsville, conveniently located near I-71.

They offer food and both alcoholic and non-alcoholic beverages, and will be offering a discount on some of their beers. The Brew Kettle is celebrating its 27th Anniversary and has other locations in Hudson, Amherst, and Mentor, with a future Avon location in the planning stage. It is rather unique in that it is Ohio's first Brew-On-Premises Microbrewery, which means that people can go there and use their facility and recipes to brew their own beer.

Come join us in having a "hop-py" time. If you have any questions, please contact us.

For Slower Hikers

Bob Kimmelfield • 216-283-7824 • bkimmelfield@yahoo.com

Starting on Monday, July 18, we will resume the slow hikes held in Shaker Heights, targeted towards hikers who can no longer maintain the pace of even a leisure hike. A few years ago, the club leadership approved a new category of hikes named "Slow Hikes," which go at a slow pace suitable for people with canes and walkers. The policy allows for a one-mile option for those hikers who cannot go the full three miles.

On selected Monday evenings, twice a month, Slow Hikes will be held starting at the Shaker Middle School located at 20600 Shaker Blvd, with parking at the west end of the parking lot closest to the Bertram Woods Library. **The first mile will accommodate the needs of hikers with canes or walkers.** The hike will return to the library after one mile, and those who choose the one-mile option can wait in the library if their driver or companion is hiking three miles. The library will be open until 9:00 pm. The other two miles will also be slow and easy. The hikes will be on all purpose trails and sidewalks.

We know that among our members are hundreds of people who have been unable to overcome Father Time and Mother Nature, and whose strongest hiking days are behind them. We hope that you will be able to join us for a mile or so at a pace you can manage.

These hikes will only be held in the warm-weather months of July through September when sunlight is available in the evening.

If you have any questions about these hikes, please contact me.

Social Whirl

Elaine Fechko • 440-238-8714 • elainefechko@hotmail.com

All events below are at Camp Onwego. **NdPS:** Bring your non-disposable place setting.

Social Whirl Calendar through September 2022				
Day/Date/Time	Newsteps Article	Description/Location	Host / Organizer	Reservations
Saturday, 7/30 5:00 pm	NS 6/22 Page 6	Steak Dinner	Bob DiVincenzo	Bob DiVincenzo by July 25th
Saturday, 8/6 Potluck - 12:00 pm Meeting - 1:00 pm	NS 7/22 Page 4	General Membership Meeting and Potluck Picnic	Linda Kessler Patty Anderson Bob DiVincenzo Marge Fetterman Claudia Winowich	CHC Reservations by August 1st
Saturday, 8/27 4:00 pm	NS 7/22 Page 8	Volunteer Appreciation Dinner	Bob DiVincenzo Julie Wojcik	CHC Reservations by August 22nd
Saturday, 9/17 4:00 pm	NS 7/22 Page 5	Ethnic Dinner	Sandy Paliga Chris Rettig	Sandy Paliga by August 27th

CHC Golf Hike Scramble Thursday, August 11, 2022

Gary Jencson • 440-212-2901 • garyj52@aol.com, Gordon Mann • 234-263-0393 • ggmann@msn.com,
Pam Marusic • 216-469-1494 • marusic@roadrunner.com, Frank Skala • 440-376-3006 • fskala@ameritech.net

We are teeing up a day of hiking fun for both men and ladies. The CHC GOLF HIKE SCRAMBLE outing is scheduled for Thursday, August 11, 2022, at the Shawnee Hills Golf Course located at 18753 Egbert Road in the Bedford Reservation. We will play an 18-hole scramble with 2, 3, or 4-person teams, depending on the number of participants. We'll do a random draw before the start to determine the teams. No handicaps, it's only for fun. . . and bragging rights!

You must walk the entire 18 holes to receive the mileage credit of five miles; there will be no partial credit. You can use a pull cart. You may participate without walking, but you will not receive the mileage credit. The course rate for walkers is \$20 for golfers 60 or older, and \$24 for golfers under 60. Our first tee time is 9:30 am, but please arrive no later than 8:50 so we can pick teams.

An awards picnic will follow the golfing at the Egbert Picnic Area in Bedford Reservation, just around the corner from the golf course. Hot dogs, salads, chips, and soft drinks will be provided. If the weather is too inclement to golf, we will hike five miles from the Egbert Picnic Area and picnic after the hike.

Please let one of us know if you will participate in the golf outing, so we can schedule an appropriate number of tee times and plan for the picnic.

Finally, we wish to thank Bill Minor and Ray Matthiessen for establishing the Golf Hike and conducting this event almost annually for many years. Great Job Guys!!

June 4th, 2022 Gear Swap Results

Patty Abdenour • pattyabdenour4@gmail.com

A HUGE THANKS to everyone who helped make our 6th CHC Gear Swap another big success! We all enjoyed superb weather, great deals, tasty hot dogs, and overdue socializing throughout the event. We especially want to thank Bob DiVincenzo (camp chair), our pre-sale gear collectors, our hike leaders, our hot dog grillers extraordinaire, our team of helpers before, during and after the swap, and those assisting with clean up. We couldn't do it without all of you!

We sold a total of \$483 in merchandise this year. Of this amount, \$151 in sale proceeds went back to the sellers, leaving \$332 in sale proceeds donated to the Cleveland Hiking Club.

The \$332 is before food expenses and includes a \$10 donation from a gracious member.

For comparison purposes:

In 2017 – total merchandise sold was \$628 with \$310 going back to the club before expenses

In 2019 – total merchandise sold was \$400 with \$332 going back to the club before expenses

In 2022 – total merchandise sold was \$483 with \$332 going back to the club before expenses

Looking forward to seeing you at our next "Hike, Shop, and Eat" gear swap event in 2024.

Patty, Janet, Jane, and Lucy

2022 Volunteer Appreciation Dinner

Saturday, August 27, 2022

Bob DiVincenzo • rdivincenzo@ameritech.net Julie Wojcik • julielwojcik@yahoo.com

It's that time of year when we show appreciation to our club volunteers for all their hard work - the many hours of planning and preparing, leading hikes, working behind the scenes, doing whatever is needed to give all of us a wonderful time and to keep this club running!

Once again, the Volunteer Appreciation Dinner will be held at Camp Onwego. Social hour will start at 4 pm and dinner around 5 pm. Volunteers who have led at least four hikes or volunteered at least ten hours over the past 12 months can contact Rita Bennett by email at chcreservations19@gmail.com (**by August 22, please**) for a reservation to the dinner. Early reservations are suggested, as we plan to have outdoor seating under the tent! (and maybe a campfire under the stars!)

For those who wish to donate a gift as a token of appreciation to the volunteers, they may be given to the many collectors who will make sure they are available the night of the dinner for the door prize drawings. Ron Hueter, Mary Bradshaw, Patty Anderson, Lucy Erba, Joan Jochum, Mark Stypczynski, Bob Kimmelfield, Mary Kurtz, Claudia Winowich, Sandy Paliga, and several others will be available to collect any gifts and will mention this request in circle-up on hikes. As in the past, all gifts will be accepted - hiking socks, wine, gift cards, hats and scarves, or other items. Volunteers are also needed the day of the dinner for preparation, serving, and clean-up. If you would like to volunteer, contact either one of us, and we will contact you as the date gets closer.

Although this dinner is to thank ALL who volunteer – thank-yous are always appreciated by our volunteers - ALL YEAR through!

Highlights — CHC General Meeting

May 14, 2022

Cleveland Metroparks Washington Reservation, Arborview Shelter

Sharon Uhl, president, called the meeting to order. Lacking a quorum, a motion to adjourn was made and accepted. An information update followed.

The club's strategic objectives were outlined:

1. Members hiking at least once a month: In the first quarter of 2022 there was an average of 467 members who hiked once a month, compared to 560 members who hiked in the first quarter last year.
2. The average number of mile-a-day hikers for the first quarter of 2022 was 250, compared to last year's first quarter of an average of 325. It was noted that 11 January and 21 February hikes were canceled in 2022, mostly due to weather conditions.
3. There is a 98% retention rate for membership as of April 30, 2022. There is also a total of 1204 members.
4. CHC remains financially responsible. Upfront expenses for software, insurance, and taxes have been considered when reviewing adherence to the approved budget.
5. Hiking safely – There have been three injuries requiring medical attention in 2022.
6. Providing donations to support outdoor activities – Aluminum can collections continue. There are adequate funds for Outreach donations and Kids Camp support for 2022.

40-Mile Hike Finishers: Erik Baldwin(20th 40-mile hike), Karen Barton(9th), Jeff Colvin(1st), Karen Datko(10th), Joel Edmonds(12th), Dan Herris(5th), Bob Kimmelfield(8th), Jim Reagan(3rd), Karen Krauss(20th), Ted Krauss(20th), Teresa Davey(4th), Lee Hutton(3rd), Ken Howard(42nd), Tim Ransom(1st), Vanessa Ransom(1st), Craig Shopneck(4th), Matt Smith(3rd), and Nancy Williams(1st).

Implementing the New Hike Scheduling and Hike Reporting System – Many thanks to the Tech Committee and a group of dedicated volunteers who entered parallel data and entered scheduled hikes into the new system so that the results could be compared to the existing system. Accuracy was maintained while saving lots of volunteer hours. Volunteers who entered all the scheduled hikes for January through April – Janet Orban, Nancy Konrad, Ellen Papadimoulis, Mary Graf, Debbi Oblak, Liz Quinones, Susan Frollo, Patty Anderson, and Lucy Erba. Some of these members are also in the group of volunteers that were thanked for entering every hike report from January and February into the new database: Janet Orban, Nancy Konrad, Michelle Cozza, Ed Harstine, Craig Shopneck, Debra Happel, Peggy Koesel, and Diane Plotz. A special shout-out to Ellen Papadimoulis and Peggy Koesel for doing Zoom presentations on how to use the new forms.

Nominating Committee– Gordon Mann and the nominating committee continue to recruit candidates for the ballot. The committee report will be submitted to the Board at the June 7th meeting for approval of the slate. Candidates for the CHC board positions will be presented at the August 6, 2022 general meeting.

Next General Meeting will be Saturday, August 6, 2022, at Camp Onwego, preceded by a potluck & hot dog picnic lunch at 12 noon.

Next board meeting will be Tuesday, June 7, 2022, 7:00 pm at Camp Onwego.

Highlights — CHC Board Meeting Tuesday, June 7, 2022, Camp Onwego

Board Members in attendance: Sharon Uhl, Patty Anderson, Larry Clager, Sharon Horvath, Ron Hueter, Lee Hutton, Ted Krauss, Mary Kurtz, Ellen Papadimoulis, Maggie Savoy, Julie Wojcik. Not in attendance: Ann Biery, Barb Buser, Bob Kimmelfield, Katherine Malmquist, April Sampson.

President Sharon Uhl called the meeting to order at 7:02 pm. The minutes from the April 5, 2022 board meeting were approved with correction, as well as the minutes from the General Meeting on May 14, 2022.

Major Excursions – The Chicago trip has been canceled due to continued COVID concerns.

Key Officer and Committee Reports

Chief Pathfinder Report – Mary Kurtz reported there are 1,056 hikes scheduled for July and August 2022, including 198 at a leisure pace. Pathfinders continue to work hard at filling the schedule with hikes varied for time, pace, terrain, and location.

Recording Pathfinder Report – 545 hikes were completed in May. 579 members hiked at least once.

Corresponding Secretary Report – Ron Hueter noted that postage will increase July 10 on all delivery levels. There are some new staff members at Master Printing, but hopefully this will not delay getting out our publications.

Sharon read a thank-you letter from the Buckeye Trail Association for a CHC donation in fall of 2021.

Membership Committee Report – Ellen Papadimoulis reported for Roni Pavia that 55 first-time visitors hiked this year (through May 2022) compared to 44 last year; 62 new members have joined versus 44 in 2021. Our total membership is 1212!

Safety Committee Report – Julie Wojcik reported two falls in May that required medical attention.

Technology Committee – Ellen Papadimoulis reported that the Tech Committee is currently creating monthly lists of member mileage and leader awards to be included in membership reports. The Tech Committee is looking into having Caspio generate these lists, and then these tasks would be returned to the Recording Pathfinder. The committee also included a way for excursions to be reported in the Report a Hike application, and it was used for the first time for the May England trip.

Old Business

Member Recognition – Ted Krauss discussed an expanded definition of significant trails to be used for member recognition. It reads as follows: “Significant Trails: A ‘significant trail’ would be any single trail, or a series of trails connected end-to-end, that exceeds 200 miles in length and is recognized by some type of government agency, volunteer club or equivalent organization.” The Board accepted the motion to amend CHC Standing Rules Section 3.5b under Member Recognition for this definition.

Pine Tree Concerns – The Board looked at the pine trees outside the cabin and will seek an option of a certified arborist regarding the health of the trees and possible trimming/removal.

Pavilion – The new pavilion is still being planned, but the timeline for completion is uncertain.

New Business

Tent rental costs approved for the summer meetings (July 30, August 6 and 27) this year.

Nominating Committee Report: Gordon Mann has chaired this committee, and the members include Gary Dolch, Sandra Phillips, Kathy Miki, and Dave Richards.

The final slate: Recording Secretary – Debra Oblak; Corresponding Secretary – Gene Baxendale; Directors (5 positions, 6 nominees) Ted Krauss, Ann Biery, Stephen Foster, Dave Schiraldi, Theresa Davey, and Marianne Vest; Trustee (1 position for 3-year term) – Ed Harstine. Members may self-nominate until August 1, 2022, if they wish to be on the ballot for an open position.

The motion to send Member Recognition letters to “behind the scenes” volunteers who helped with recent digital transition was approved. Also, a letter was approved to be sent to Gordon Mann for his enthusiastic efforts as Nominating Chairperson.

Meeting adjourned at 8:15 pm.

The next board Meeting will be Tuesday, July 5, 2022, at 7:00 pm, at Camp Onwego.

Submitted by Maggie Savoy, Recording Secretary

Complete minutes are posted on the CHC website

newsteps

7419 Essen Avenue
Parma, Ohio 44129-3121

Return Service Requested

PRESORT STD
U.S. POSTAGE
PAID
CLEVELAND, OH
PERMIT #707

Cleveland Hiking Club 2022

President – Sharon Uhl
Vice President – Ellen Papadimoulis
Chief Pathfinder – Mary Kurtz
Treasurer – April Sampson
Corresponding Secretary – Ron Hueter
Recording Pathfinder – Katherine Malmquist
Recording Secretary – Maggie Savoy

Directors

Patty Anderson, Ann Biery, Barb Buser,
Larry Clager, Sharon Horvath, Lee Hutton,
Ted Krauss, Bob Kimmelfield, Julie Wojcik

Trustees

Dave Hobe (2022)
Doug Hardman (2023)
John Jencson (2024)

www.clevelandhikingclub.org

Excursions Calendar

Kathy Driscoll • 440-973-4440 • kathydriscoll@live.com

DATE	NEWSTEPS	LOCATION	CONTACT
2022			
7/9 - 7/17	NS 9/21 Page 8	Alaska – Denali NP, Anchorage Prince William Sound, Chugach, Matanuska Valley	Dana Goldstein & Mary Partin
7/16 - 7/31	NS 1/22 Page 7	Colorado – Ouray & Lake City	Denise and Dave Tobiasz
8/18 - 8/21	NS 4/22 Page 3	Oglebay & Wheeling WV	Stephanie & William West
9/2 - 9/4	NS 5/22 Page 10	Chicago, Illinois — CANCELLED	Rich Urbas
11/30 - 12/10	NS 6/22 Page 3	Costa Rica	Jane Hill & Mary Carol Lewis
2023			
3/3 - 3/21	NS 5/21 Page 6	New Zealand: North Island - Wellington. South Island - Nelson, Abel Tasman Coastal Track, Queenstown, Milford Track and Blenheim.	Craig Shopneck
9/4 - 9/8	NS 5/22 Page 9	Quebec City, Quebec, Canada (Full, with waiting list)	Jane Hill & Mary Carol Lewis
NS = <i>Newsteps</i> , 9/21 = Issue and year, Page 8 = Descriptive article on Page 8. Please do not call excursion leaders before full trip description in <i>Newsteps</i> .			
For an Excursion planning form, contact Kathy Driscoll – kathydriscoll@live.com or 440-973-4440			