

## The President's Corner

Sharon Uhl • [sharonuhl.chc@gmail.com](mailto:sharonuhl.chc@gmail.com)

Recently I fielded questions from newer hikers about their member ID number and how to access the "Members" tab on our website. I answered their questions and promised to share the info with everyone, so here goes. I hope it is helpful to those who need it. If you are listed in the printed directory, your ID number is listed in the last line of information about you. If you are not yet in the printed directory, an email inquiry to the Membership Chairperson, Roni Pavia, [chcmemberchair@gmail.com](mailto:chcmemberchair@gmail.com), will get you that info. If you don't have a password or cannot remember your password for logging in to "Members," just select "Forgot Password" to create a new password.

On another note, I have thought a lot lately about change and how people, me included, respond to it. I frequently comment, "Change is hard!" But change is inevitable! So, when I saw the guest essay in *The New York Times* on August 30, 2023, by Brad Stulberg, "Stop Resisting Change," I immediately dove into it while wondering if the essay might shed light on the angst that I and many of us have about our planned changes for CHC? Much of what Stulberg wrote resonates with me and is so well stated that I will quote heavily from his essay (apologies to those who have read it). "Everything is always changing. Yet so many people have fraught relationships with change. We deny it, resist it, or attempt to control it – the result of which is almost always some combination of stress, anxiety, burnout and exhaustion. It doesn't have to be that way. The way to stay stable through the process of change is by changing, at least to some extent. If you want to hold your footing, you've got to keep moving." Stulberg's comments echo the maxim of a club member (whose initials are DL) which goes: "If you want to stay the same, you have to change."

Stulberg goes on to describe the concept of allostasis, "stability through change." "The brain is at its best when it is constantly rewiring itself and making new connections – what we experience as a thriving and stable consciousness is actually a process of ongoing change. Overcoming pain, be it physical or psychological, is not about resistance (which often worsens the experience) or trying to get back to where you were before a distressing event or situation. It is about balancing acceptance with problem-solving and moving forward to a new normal. A healthy response to change and disorder, whether it's within ourselves or our environments, is one based on the allostasis process."

My most recent observation of unexpected (and somewhat stressful) change was during the recent birth of my 6<sup>th</sup> grandchild. My daughter Beth, her husband Ryan, and I arrived at the hospital late one night expecting a quick and easy delivery, based on Beth's three previous "no problem" deliveries. When that proved not to be the case and the word C-section became a reality, Beth's response to disappointment and change was a mature "Yes please!" Much of her postpartum experience with her fourth child was due to the change from natural birth to C-section, but she and her husband kept their eyes constantly on the goal of going home with a healthy mother and baby. In a way, they recognized and accepted the change. Stulberg notes, "...we can also become stronger and grow from change ... much about how we navigate change is behavioral: that is, it can be developed and practiced."

Changes keep coming for each of us, and it's not going to stop. "It's not just that things happen without adequate notice and in a short period of time; it's that *a lot* of things happen without adequate notice in a short period of time. Our ability to work with these changes is directly related to our life satisfaction." So, what can we do?

Stulberg suggests that we view change as normal and expected. It's helpful if we in a sense actively participate in the change by focusing on what we can control and letting go of what we can't. His message to himself in response to resistance to change is, "*This is what is happening right now. I'm doing the best that I can. What, if any, skillful actions can I take?*" Ruggedness and flexibility are traits that he sees as helping us maintain a strong mental core even in fragile (and frantic) moments of change.

In summary, Stulberg states, "To thrive in our lifetimes - and not just survive - we need to transform our relationship with change, leaving behind rigidity and resistance in favor of new nimbleness, a means of viewing more of what life throws at us as something to participate in, rather than fight. We are always shaping and being shaped by change, often at the very same time." Food for thought!

A CHC change I am happy to announce - Robin Leichtman has been appointed co-editor of *Newsteps*, officially beginning with the November issue. She has worked with Patty and George on the September and October issues. Welcome Robin, and thank you for volunteering.

# Members Hiking Mile-a-Day in August 2023 (298)

Katherine Malmquist • 440-338-4410 • chcmembers@yahoo.com

324	Mary Hornsby	105	Beth Arcady	68	Lil Baratko	49	Teresa Hogan	37	Chris Krol
261	Gina DiLauro	104	Deb Happel	67	Karen Krauss	48	Adam Orban	37	Claudia Zalar
250	Barb Appel	103	Gayle Shroy	67	Marsha Gaul	48	Annette Jencson	37	Deb Teron
243	Bob Kimmelfield	101	Gale Manson	67	Wendy Gillund	48	Dorothy Asherson	37	Tom Andrews
242	Zelfa Sawaya	101	Gayle McCrystal	66	Hank Zalar	48	Emily Slemc	37	John Sech
241	Rose Prisko	100	Claire Jencson	66	Sara Zielinski	48	Harvey Hanna	37	Margot Richter
238	Victoria Li	100	Nelly Vileikis	66	Wally Floyd Biery	48	Janet Breloff	36	Connie Bulgrin
229	Lucy Erba	100	Sue Widdows	65	Frank Locurto	48	Janice Radl	36	Don Hoffman
218	Jeff Colvin	100	Susan Wright	65	Jane Hanculak	48	Mary Peper	36	Jane Grose
208	Daniel Lintern	99	Ann Biery	65	Ron Hueter	48	Sharon Parente	36	Linda Freed
204	Betsey Luce	99	Marianne Trausch	64	Jessica Lees	47	Joy Landis	36	Mary Jane Decker
203	Julie Wojcik	98	Linda McAllister	63	Annette Hueter	47	Peter Osenar	36	Toni Foster
200	Cindy Judd	97	Alan Ceol	63	Diane Myers	46	Claudia Plonski	36	Vanessa Ransom
200	Sandra Phillips	95	Wayne Heritage	63	Nancy Cole	46	James Wojcik Jr	35	Angie Amato
176	Pat Irvine	94	Mila Mandic	62	Jean Helmlinger	45	Barb Swiney	35	Dan Herris
173	Joe Kosir	92	Kate Mullally	62	Merryl Carlsson	45	Chris Novak	35	Judith Meyer
168	Bonnie Gallagher	92	Lee Hutton	62	Ted Krauss	45	Dave Frye	35	Kathy Speidel
168	Denise Tobiasz	91	Cathy King	61	Karen Cogley	45	Dick Hazelton	35	LouAnn Rossi
168	Matt Collings	91	Nancy Werts	61	Maria Hamilton	45	Jeff Gattiker	35	Mary Frances Litzler
166	Pete Ronis	90	Connie Kearns	61	Reina Kalish	45	Lydia Rolik	35	Robert Murphy
162	Bonnie Myers	90	Dina Vogel	60	Ed Dooner	45	Sid Ordog	35	Patricia Tsevdos
161	Dave Tobiasz	90	Kim Barkfelt	60	Karen Gerheim	45	Stephanie West	35	Penny Roberts
153	Susan Brett	89	Karen Datko	60	Laurel Luke	44	Bob Evans	34	Bonnie Cusick
151	Tim Ransom	88	Jane Hill	60	Monika Rock	44	Diane McClain	34	Eloise Plavney
150	Katherine Malmquist	87	Kathy Driscoll	60	Patricia Stuart	44	Rita Gabrovsek	34	Gordon Mann
149	Nancy Konrad	87	Larry Clager	60	Shirley Leonard	43	Ann Williams	34	Kim Myers
144	Varsha Jhala	85	Sandi Jones	59	Kim Woodward	43	Kara Girvin	34	Paula Roth
144	Wendy Tully	85	Terry Ross	57	Paula Jacobson	43	Karen Carrino	33	April Sampson
142	Doug Hardman	84	Gary Dolch	56	Adela Kuc	43	Paul Weybrecht	33	Dave Sagerser
138	Marianne Vest	83	Dave Ritchie	56	Carrie Ellington	42	George Baker	33	Diane Urban
138	Mark Stypczynski	83	Michele Lanza	56	Chuck Smith	42	Janet Orban	33	Janet Fuchs
137	David Schiraldi	83	Pam Reed	56	Dave Richards	42	John Fahrm	33	Joan Delahay
135	Joan Jochum	83	Sharon Uhl	56	David Croasdaile	42	Lynn Berg	33	Karen Birt
133	Colleen Moran	82	Rita Ballenger	56	Marcia Cornelius	41	Bill Grose	33	Linda Shima
131	Steve Foster	81	Pat Sharkey	56	Marilyn Rohde	41	Bob Hoffman	33	Luba Rudyak
130	Nancy Williams	79	Dina Kmiecik	56	Ron Peer	41	Diane Euchenhofer	33	Marilyn Brundage
129	Art Lieberman	79	Pat Greene	55	Al Rolik	41	Rita Stroempl	33	Marlene Engel
127	Glenn Southard	79	Peggy Koesel	55	Mike Sullivan	40	Doris Dietsche	32	Chris Bedell
127	Mary Southard	78	Bonnie Wallis	55	Sumita Kedia	40	Eloise Dolph	32	Donna Stefano
125	Dan Swinnerton	78	Karen Dribben-Alprin	54	Bob Sweet	40	Esther Hazlett	32	Helga Balta
124	Judi Krahn	78	Linda Coyne	54	Carl Sieke	40	Gary Jencson	32	Howard Schemmel
124	Patty Anderson	78	Smiljka Bosnar	54	Len Hueter	40	Gita Cisar	32	Jean-Luc Devis
123	Pat Hurley	75	Robin Leichtman	54	Marcia Grant	40	Jan Schrag	32	Jim Welling
119	Ellen Papadimoulis	74	Diann Ludwig	54	Mary Carol Lewis	40	Karen Leary	32	Kathy Drews
118	Joan Prentice	74	Donna Wirtz	53	Chris Rettig	40	Karen Turner	32	Suzanne Hanselman
117	Ed Harstine	73	Mary Kurtz	53	John Jencson	40	Mary Bublav	31	Dennis Mavrich
117	Ellen Newton	73	Michele Cozza	53	Marty Ritert	40	Robin Coyer	31	Ellen Mavrich
116	Juanita Figueroa	72	Denise McDaniel	53	Randall Brundage	40	Suzanne Fisher	31	Janet Smith
115	Mary Masterson	72	Jay Neid	52	Debbie Duvn	39	Jim Lis	31	Laura Graf
115	Rhonda Skalsky	72	Judith Muzzy	52	Gail Mix	39	Jim Reagan	31	Laurie Herris
114	Linda Kessler	72	Ken Howard	52	Judy Bednarz	39	Kim Kwon	31	Lis Kroepel
114	Marianne Ellis	72	Ray Matthiesen	52	Terry Marquard	39	Linda Heiden	31	Sandra Brickner
112	Dwight Bird	70	Debbi Oblak	51	Kevin Marriott	39	Mary Lou Evans	31	Sharon Haverlock
111	Annette Safran	70	Liz Quinones	50	Bob Trausch	39	Pam Thompson	31	Sharon Horvath
111	Sandy Barlett	70	Margie Ordog	50	Mary Baldwin	39	Ron Zackowski		
110	Bob Fox	70	Mike Keating	50	Mary Bradshaw	38	Bernadette Kan		
109	Janene Yokoyama	70	Victor Myhal	50	Mary Del Heron	38	Darlene Baliko		
109	Susanne Jaster	69	Bobbi Wirtz	49	Barb Polburn	38	Eileen Burry		
108	Margaret Savoy	69	Edward Schwartz	49	Jim Napier	38	Helen Layton		
107	Craig Shopneck	68	Alice Kruse	49	Margaret Krolkowski	38	Linda Gattiker		
107	Elizabeth Reeder	68	Jake Valencia	49	Patty Hurley	37	Bob DiVincenzo		



## August 2023 Statistics

Total number of hikes completed	586	Total miles of hikes entered	2,865	Total member miles hiked	25,995
Number of hikes cancelled	5	Most miles on a hike	180	Most members on a hike	33
8/5 #18, 8/7 #03, 8/7 #16, 8/12 #14, 8/15 #04		8/8 #5 Ron Hueter		8/25 #05 Joe Kosir	
Local hikes w/ 30 or more members	1	Members per local hike - avg.	9.13	Members per local hike - median	8
Total number hikers, members	5,399	Members hiking at least once	582	Number of mile-a-day hikers	298

## Mileage Awards for August 2023

24,000	Betsey L Luce	4,000	Elizabeth Reeder	500	Adam L Orban
24,000	Julie Wojcik	3,000	Michele T Cozza	500	William L West
21,000	Zelfa V Sawaya	3,000	Shirley Leonard	100	Linda Coyne
16,000	Christina R Rettig	3,000	Marilyn Rohde	100	Kathleen M Dugan
10,000	Claire Jencson	3,000	Janene L S Yokoyama	100	Thomas P Essig
8,000	Linda M McAllister	1,000	Jan Schrag	100	Ronald E Lutz
7,000	Pamela M Reed	500	Rita Ballenger	100	Paula K Roth
5,000	Jeffrey T Colvin	500	Eloise Dolph	100	Shane W Vogel
5,000	Jane Grose	500	Gina R Hopkins	100	Nancy J Werts
5,000	Patricia L Tsevdos	500	Debra A Mayernik	100	Ann K Williams

## Hike Leader Awards for August 2023

<u>Leader</u>	<u>Award Level</u>
Marty Ritzert	100

## Significant Hiker Awards Approved in August 2023

<u>Hiker</u>	<u>Trail</u>	<u>Miles Hiked</u>	<u>Date(s)</u>
Jeffrey T Colvin	The Long Trail in Vermont	272	7/12/2023-7/30/2023

## New Online Directory

Did you know that an online member directory is available to test on the Members/Member Directory page on the website?

It's easy to look up your own listing or that of any other current member. You can search by any part of the name or member ID. Remember that the dropdown list shows only a maximum of 10 names. Ways to search for common names:

- For Mary Zachary, search for "Zach" instead of "Mary"
- Or enter "Zachary, M" (Last name followed by a comma and the first letter of the first name)
- To see all Mary's, enter "Mary" and click the Search button (ignore the dropdown list)

The online member directory is in the testing phase until January 2024. Please give it a try and send feedback to the Technology Committee at [chctechcommittee@gmail.com](mailto:chctechcommittee@gmail.com). We want to hear from you!

## Membership Report

Veronica (Roni) Pavia • 304-238-4032  
chcmemberchair@gmail.com

### New Members

Sue E Biagianti 2202 Acacia Park Dr #2215  
Lyndhurst, OH 44124  
(216) 346-4657  
sueellen27@gmail.com

Thomas J Hlavaty 24453 Barrett Rd  
Olmsted Twp, OH 44138  
(440) 281-7905  
TOM@HLAVATYcpa.com

Kayoko Iguchi 8346 Wilson Mills Rd  
Chesterland, OH 44026  
(408) 644-2113  
kayoko.arden@gmail.com

Corinne I Miller 3420 Wooster Rd #301  
Rocky River, OH 44116  
(216) 570-8578  
corinnemiller4@gmail.com

Joseph A Pianeck 71 Paw Paw Lake Dr  
South Russell, OH 44022  
(440) 724-0937  
joepianeck@hotmail.com

David S Stack 15950 Holland Rd  
Brook Park, OH 44142  
davidstack1954@gmail.com

### Address & Other Changes

Glenn G Pryor 141 Regent Ct  
Susan Pryor Broadview Hts, OH 44147  
(440) 823-2676  
(440) 623-4124  
glenngpryor@gmail.com  
twingram11@gmail.com

Lucy Erba (440) 465-9679 (C)

Steven M Stevenson (440) 471-4266

## Mill Creek Metroparks Hike October 21, 2023, Youngstown

Rhonda Skalsky • 216-401-0996  
Denise Tobiasz • 440-915-6549

Please join us for a 12 to 15 mile hike along rivers, creeks, and lakes, stopping for lunch at Lanterman's Mill and covered bridge. Carry your lunch, snacks, and water, and don't forget your camera. We'll socialize after the hike, too.

Meet us at the Wick Recreation Area, 1861 McCollum Road, at 9:30 am. Take I-80 East to I-680. Take exit 3B (toward Belle Vista Ave. / Connecticut Ave). Go south (right) on Belle Vista. When Belle Vista crosses McCollum Road, you will be entering Wick Recreation Area.

If you have any questions, please contact us at the phone numbers above.

## Dues are Due by December 31

Veronica (Roni) Pavia • 304-238-4032 •  
chcmemberchair@gmail.com

Please note that 2024 dues are due by **December 31, 2023**. As a cost-saving measure, **dues remittance envelopes will no longer be provided**. Please follow the instructions below for mailing your check.

Life has a habit of getting in the way. We recommend that you mail your payment as soon as possible to account for longer mailing times in general and the usual holiday rush.

2024 Dues Membership type	Individual	Joint 2 members at same address
Active Membership: residing within 75 miles of Cleveland	\$36 per year	\$57 per year
Associate Membership: residing more than 75 miles from Cleveland	\$31 per year	\$47 per year

Please make your check or money order payable to  
Cleveland Hiking Club

and mail to:

Kathy Kristof, CHC Dues  
1276 Mathews Ave.  
Lakewood, OH 44107

Dues received after December 31 of this year, but before December 31, 2024, will require an additional \$5 late fee. After December 31, 2024, new paperwork and a \$20.00 reinstatement fee must be submitted along with current year dues to reinstate your membership.

Help keep the directory up to date. Please take a moment to review your listing from the current directory and inform Membership of any changes of address, telephone number, or email address.

Note: if you are having mail held or forwarded to a seasonal address, please notify Membership of the dates you will be away. The club uses discounted 3<sup>rd</sup> class (Standard) postage, which does not include these services. Your hold or forward order will be ignored. Mail that cannot be delivered as addressed will be returned to the club with a hefty return postage fee.

By paying dues for the Cleveland Hiking Club membership, members acknowledge and reaffirm their continuing acceptance of responsibility as contained in the Liability Release Form they signed when joining the organization. A copy of the Liability Release Form can be found on the CHC website at

Members -> Business -> Forms, or

<https://clevelandhikingclub.org/members-business-forms/>.





## Thank You Notes

Thank You for a successful Volunteer Dinner - 2023. Our CHC volunteers are the best! The following volunteers came to help at the Volunteer Dinner on August 27 at the CHC cabin: Mary Graf, Maggie Savoy, Claudia Winowich, Rita Bennett, Linda Kessler, Chris Novak, Dina Kmiecik, Judith Meyer, Richard Meyer, Rose Prisko, Carrie Ellington, Sandra Paliga, Ilse Hrach, Lucy Erba, James Wojcik Jr., Julie Wojcik, Jim Wojcik Sr., Ed Muckley, Chris Rettig, Jane Grose, Bill Grose, Glenn Pryor, Sue Pryor, and Janet Smith. Thank you to all who helped.

Numerous members donated to the volunteer raffle as a thank you to those who help to keep this club running. A great big THANK YOU to all who donated!

A special recognition to "chef" Bob DiVincenzo for his planning, purchasing, and preparing the meal for all to enjoy.

Although the Volunteer Dinner happens only once a year, anyone can say thank you to a volunteer during the year.

---

I would like to thank everyone who sent me cards, texts and email messages after my knee surgery in August. I truly appreciate each and every one of them. With so much encouragement and good wishes from the members of my Cleveland Hiking Club family, I will be back on the trails again in no time. Thank you all for your support!

Mary Kurtz

---

Thank you to everyone who sent cards, attended his "celebration of life" service, and said kind words about Bob. Your support was very comforting and appreciated.

Judy Lawless

## Sunshine/Sympathy

**Send a card, make a call, say a prayer**

Julie Wojcik • 440-845-9048 • [julielwojcik@yahoo.com](mailto:julielwojcik@yahoo.com)

- Previous member, Jenny Rote, passed away in August 2023. She was a CHC member from 2015 - 2017 along with her husband, John Rote. They hiked at both east and west side locations, occasionally making the far-left column on the *Newsteps* Mile-a-Day page. John's address was provided in an eblast to members.
- Longtime member Darlene Wiegandt passed away in August. Darlene and husband, Richard (who passed away in 2019), completed the Buckeye Trail and completed the 7500-mile Grand Circle Cruise around the eastern US on their boat. A memorial service will be held on October 7, 2023, at 11 am at the Pioneer Memorial Presbyterian Church, 35100 Solon Road, Solon, OH (Published in the Plain Dealer).



## Darlene Wiegandt 5/13/37 – 8/22/23

Ruth Skuly • [rjskuly@att.net](mailto:rjskuly@att.net)



Darlene Wiegandt was born in Iowa City, Iowa and raised in Michigan where she met her husband, Dick, in high school. They married when she was still in college at the University of Michigan, and after graduation and spanning a couple of career moves, had four children. They moved to Cleveland in 1989, where Darlene accepted positions teaching reading to adults for Cleveland Schools and

remedial reading at CSU and CWRU.

Always outdoor enthusiasts, she and Dick began doing the guided hikes at Holden Arboretum where they often walked with Edith Conzet, a long-time hiking club member. When Edith started leading CHC Group E of the Buckeye Trail, Dick and Darlene joined her. In 1990, they joined CHC so that they could "get credit" for the miles they were walking. When Edith left for the Peace Corps, Dick and Darlene took over Group E leadership.

Besides hiking the BT and Explore Ohio hikes, they were active local hikers. They especially enjoyed the excursions, participating in over 20, and they were unable to choose a favorite. When Dick died in 2019, Darlene gravitated toward leisure hikes. During the COVID pandemic shutdown, she carefully continued hiking with a small group. She earned 11,465 club miles.

Summers often found Dick and Darlene on their boat. While they did travel to distant places on the water (e.g., the Grand Circle Cruise around the eastern US), most weekends found them entertaining friends, sailing the Lake Erie shore or the Cuyahoga River. Darlene was an excellent cook and avid gardener. She was a regular book club member and loved theater, especially productions at Playhouse Square, Porthouse Theater, and Blossom Music Center.

The effects of long COVID helped finalize her decision to move to the Renaissance Senior Living facility, where she found several former friends and acquaintances living in her "new" neighborhood.

You can hear Darlene and Dick recounting their adventures and misadventures on the Buckeye Trail and on CHC excursions by going to <https://clevelandvoices.org/items/show/3063>.





## From the Chief Pathfinder

Mary Kurtz • [marykurtz2020@gmail.com](mailto:marykurtz2020@gmail.com)

The Pathfinder Committee is busy finalizing and editing November and December 2023 hiking schedules. The scheduling period just ended on September 20th. We appreciate everyone who has signed up to lead hikes for this cycle.

Now the Committee's work begins. We review each and every hike for accurate information. Sometimes a leader will forget to add "hills" to their description, or even "trails". This review adds another week to the process of completing the scheduling. We do our best to fill in gaps if we need a few more hikes. Thankfully, this is not always necessary with over 500 hikes a month. This all does take time, and is something we do behind the scenes. We want the members to have the best hike schedule we can provide.

You may have noticed, there has been a slight chill in the air the past couple of weeks. The temperature has started to cool down, but the body's need for hydration has not. Please continue to stay hydrated. Watch the temperatures and modify your choice of clothing as necessary.

Stay safe and most of all, have fun on a hike today!

### Attention all Hike Leaders!

Extra hike schedules have been distributed to five hike leaders around the area. If you need or would like a limited number of extra schedules for your hikes, please attend a hike of one of the following hike leaders:

Bob Kimmelfield, Mary Kurtz, Julie Wojcik  
Wendy Gillund, Gordon Mann

### Moving?

### Have a Seasonal Address?

### Changing your Marital or Membership Status? New Phone, eMail?

### Want to Receive a 10% Discount at Appalachian Outfitters?

Be sure to notify the Membership Co-chair,  
Veronica (Roni) Pavia,  
927 Arboretum Circle, Sagamore Hills, OH 44067  
Phone: 330-468-3706  
eMail: [chcmemberchair@gmail.com](mailto:chcmemberchair@gmail.com).

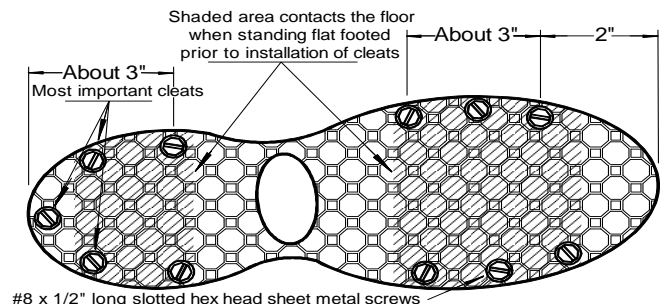
## Safety Tips: Ice

Julie Wojcik • 440-845-9048 • [julielwojcik@yahoo.com](mailto:julielwojcik@yahoo.com)

Thank you to Ron Konieczynski, our late friend, member, and creator of the fictional character, Joe Visitorski, and to his wife, Aggi, who graciously allows us each year to include Ron's article on how to convert a pair of hiking boots into inexpensive ice boots. See the boot article below:

The statistic boggled Joe Visitorski's mind: about a million Americans are injured annually by falling on snow or ice, and about 17,000 of these injuries are fatal. Hikers are especially exposed to this hazard because they spend so much time outdoors. Joe's solution is to wear a hockey helmet and thick padding when he hikes in winter. He still falls, but he bounces. It's kind of fun.

Sporting goods stores sell clamp-on devices that attach to boots and improve traction. Some use springs, chains, or metal studs to grip the ice. These all work, but there can be problems; springs or chains can snag roots and debris on trails. Wet snow can clog them and then freeze. Excessively worn studs can even increase the likelihood of slipping on hard ice. Studs screwed directly into the soles of hiking boots, on the other hand, are easy to replace when worn, don't fall off, and won't collect ice, snag roots, or require adjustment. Here's an inexpensive way to convert old hiking boots to ice boots.



At a hardware store, buy 22 slotted hex head sheet metal screws, #8 x 1/2". Use a 1/4" hex nut driver, or a 1/4" socket wrench on an electric screwdriver, to install the screws into the soles of your hiking boots, as shown in the illustration. The screws should be about 3/8" in from the edge of the soles. Adjust the spacing so that the screws are driven into the existing rubber cleats on the boots.



South Chagrin Reservation

## Sicily's Ancient Landscapes and Timeless Traditions

November 1- 16, 2024

Pala Krznaric • 440-497-7126 • [pala3000@gmail.com](mailto:pala3000@gmail.com)

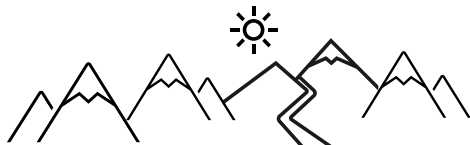
Join me and 15 other adventurous hikers as we explore Sicily from Palermo to Catania for 16 days with OAT (Overseas Adventure Travel).

We will be participating in city walks and countryside hikes - three to eight miles per day. There will be many steps and uneven cobblestones, so hiking poles are recommended. We will hike part of Mt. Etna, a UNESCO World Heritage site.

Depending on the itinerary of the day, we will have free time to make our own discoveries. To see if this trip is right for you, go to the OAT website <https://www.oattravel.com/destinations/country/sicily?ds=true&ds=true&icid=glbl%3Asearch%3Ak%3Asicily> and study the day-by-day itinerary. The price is \$5,135, which includes roundtrip airfare from Cleveland to Palermo, and from Catania back to Cleveland.

The date to sign up is Sunday, October 15. You may leave a voicemail on that day, starting at 8 am, or better yet, send an email.

If you would like to discuss the trip in further detail, you can contact me after 2 pm on Saturdays, or all day on Sundays. An email can be sent at any time.



## The 2023 Edition of Sixteen Ridges

Thursday, November 23, 2023

David Tobiasz • [dstobiasz@aol.com](mailto:dstobiasz@aol.com)

It is never too early to start thinking about and getting into shape for this fall's CHC Annual Sixteen Ridges Hike. It is one of the club's oldest running traditions. If you feel young at heart and adventurous, give it a try.

This year's Ridges will be on Sunday, November 12 at 8:30 am in the CVNP at the Wetmore Trailhead. Gary Schuster will be hosting and leading this year's edition. Gary will lead a ten mile, on and off trail hike that will climb about 2,800 feet and is rated as "strenuous." There will be a midpoint break for snacks with water refills and orange juice – don't worry, the snacks and water will be provided for the participants so that you don't have to carry them.

There are several club hikes that you can try to see if you have what it takes. There will be a series of Ridges Prep Hikes leading up to the Annual 16 Ridges Hike. These hikes are designed to get you into shape and are scheduled two weeks apart.

Ridges Prep Hike #1 will be ten miles on Sunday, October 1, in the CVNP at Everett Covered Bridge Trailhead at 9 am. Lee Hutton will be the leader. Sunday, October 15, at 9 a.m., Jim Reagan will lead Prep Hike #2 (ten-mile hike) in the CVNP at the Jaite Trailhead. Finally, on Sunday, October 29, at 9 am, Teresa Davey will lead Prep Hike #3 (ten-mile hike) at the Ira Trailhead.

Note: Each hike will be progressively more difficult leading up to the Sixteen Ridges hike on November 12.

---

## FLORIDA In January 2024 = WARMER Than OHIO!!

January 21 - 28 and 29 - 31, 2024

Dave & Marilyn Richards • [drichards0901@gmail.com](mailto:drichards0901@gmail.com) • 407-491-4357

Come to Florida to hike with us in January, and get back to warm sunshine and blue skies! Yes, it is time to think about a winter sojourn to Florida to escape the Ohio cold. This year we offer two parts to the Florida excursion: Florida East Coast (Daytona and Orlando areas), and St. Augustine area, also on the East Coast. Together, we will help you to see Florida at its best. Our trip will begin in the Orlando/Daytona area (January 21 - 28, 2024), and conclude in the St. Augustine area (Jan 29 - 31, 2024). Specific locations for our hiking journey have not been finalized, but they will include some mix of the following:

Orlando/Daytona: Daytona Speedway, Historic Downtown Sanford, Winter Park, Mt. Dora, New Smyrna Beach, Wekiwa Springs State Park, St. Augustine: Downtown St. Augustine, St. Augustine Beach, Guana State Park, Palatka Ravine Gardens. Additional options will be available for shopping, sightseeing, Disney, and other highlights. Social events will be available, including the Sanford German Restaurant.

Each part of the excursion will have two hikes per day for a total of 10 to 12 miles, with all hikes at a moderate pace. There will be options for three miles, but not at a leisure hike pace. **Registration will begin at 11:00 am on Monday, October 30, 2023**, by emailing or calling Dave. Please provide your name, phone number and specify which part of the excursion you want to sign up for. No more than two people can register per call or email. The excursions will be limited to 20 members at each location. Non-hiking spouses or partners are welcome to participate, but will not be included in the total hiker's count. If we exceed 20, we will keep a standby list. Once you have registered, we will send you a list of hotel options close to the meet up point each day, so that you can make your reservations. Each attendee is responsible for their own transportation. Car-pooling will be used each day to limit cars at hike locations.



## Ancient Trails of Greece

April 18-30, 2024

Gayle McCrystal • greecehike2024@gmail.com

### Athens and the Peloponnese, including:

Corinth	Elati	Mani	Mycenae	Nafplio	Stemnitsa	Zygovisti
Dimitsana	Kardamyli	Menalon Trail	Mystras	Olympia	Tainaron	

£ 3000 (approx. \$ 3,800) per person double occupancy

£ 570 (approx. \$ 711) single room supplement (very limited availability)

### INTERNATIONAL AIRFARE NOT INCLUDED

Included: breakfast and 12 meals (usually fixed menu served family-style); fees for archaeological sites, museums, and activities; hiking guides; historical guides; tour manager; and mini coach driver.

**Strong hikers only.** With vertical climbs as much as 1700 feet, mountainous Greece will be challenging hiking. Know your limitations. Not suitable for non-hiking spouses. **Members only.** Mileage variable with optional hikes. Participants limited to 15. Room sharing highly encouraged. More info on the website.

**Register after 9 am, Thursday, October 12, by email only. Include name as on your passport, nickname, address, cell and email of each person sharing the same room.**

---

## Tour du Mont Blanc Excursion

France, Italy, Switzerland

August 18 – 29, 2024

Sandy Barlett • 330-718-6245 • sandybarlett@gmail.com

Victoria Li • 440-364-2437 • vli01668@gmail.com

Hike the famous Tour du Mont Blanc circuit with us on a 12-day CHC excursion coordinated with the alpine travel leader, Tracks and Trails, a company in the UK, August 18 to 29, 2024.

The Tour du Mont Blanc (TMB) is one of the world's classic trekking journeys, covering 166 km. (104 miles) and around 10,000 meters (32,800 feet) of up and down. At the heart of the European Alps, the massif of Mont Blanc straddles the borders of France, Italy, and Switzerland, and includes some spectacular mountain scenery. Our route covers the complete Tour du Mont Blanc in all its glory! If you want to do every step of the way, this is the trip for you.

We will be hiking with a professional International Mountain Leader assigned by Track and Trails. This trip is limited to ten participants and will include only people related to our hiking club. Hikers will be vetted as to their ability to hike up to 15 miles on steep ascents and descents.

The price is approximately \$3,770 (exchange rates in British pounds sterling) for shared room (double occupancy) plus airfare and recommended insurance. The cost includes nine hotels, two refugios, luggage transport, breakfast, and dinner. Lunches can be purchased from hotels, mountain huts, or villages along the way. Please visit the website for the detailed trip description: [Walking the TMB - Tracks and Trails](#).

Please feel free to contact either of us if you have any questions. To sign up: please email Sandy, starting at 8:00 am on Wednesday, November 1.

---

## Recycle Recycle Recycle

Sharon Horvath • 440-550-9369

Hey fellow hikers! Ever wonder what to do with your mileage patches? Some hikers like to attach them to their hiking packs or hiking hats. Some put them in a display case and hang them on their wall of accomplishments. Some hikers put them in a drawer and forget about them until the next patch comes along.

Here's an idea - you could recycle your past patches. Please feel free to give them to me or someone who will see me on a hike. You could leave them at the cabin and I will retrieve them there, or you could drop them in the mail. My address is in the directory.

For those hikers who have decided they do not want to receive a patch, or if you have questions, you may call or text me. Thanks so much.



# Annual Photo Contest Rules and Entry Form

Denise Tobiasz • 440-915-6549 Chris Rettig • 216-676-9306

Again this year, the judging will be done digitally. Even so, we will still need printed and matted photos for the Holiday Party. Digital photos must be submitted no later than November 11. Instructions for submitting digital photos are provided below.

Critiquing of the photos will be done on Saturday, November 18, 2023, at the Cleveland Photographic Society Club House, 9543 Broadview Road, Broadview Heights. Critiquing will start at noon and winners will be announced that day.

The categories are: people, scenery/landscape, flora, architecture/structure, animals/insects, and black and white.

- No alterations to photos are allowed, other than what can be done at a typical drugstore photo kiosk. No "photoshopping" is permitted. (No added or deleted elements, no distortions, etc.).
- No more than two entries per category and a limit of six photos in total.
- All photos must have been taken during a CHC hike, excursion, or event from Oct. 29, 2022 to Oct. 28, 2023.
- Entries submitted anonymously will be critiqued but will not be eligible for awards.

## **The following apply only to the printed photographs for display at the Holiday Party**

- Provide printed, matted photos to Denise Tobiasz or Chris Rettig, no later than Saturday, October 28.
- Photos must be 8" x 10" and matted using 11" x 14" black or white mats.
- Photos should be placed on a sturdy backing that is 1/8" thick or less to protect the photo and aid in framing.
- Photographer's name, category, and location must be on the back of the matted photo.

Let any one of us know if you have any questions about the new format.

## **Complete the following and submit with your matted prints:**

Image 1: Category \_\_\_\_\_ Location \_\_\_\_\_

Image 2: Category \_\_\_\_\_ Location \_\_\_\_\_

Image 3: Category \_\_\_\_\_ Location \_\_\_\_\_

Image 4: Category \_\_\_\_\_ Location \_\_\_\_\_

Image 5: Category \_\_\_\_\_ Location \_\_\_\_\_

Image 6: Category \_\_\_\_\_ Location \_\_\_\_\_

Decisions regarding eligibility of entries are at the sole discretion of the CHC Photography Committee. Please contact any Photography Committee member with questions or concerns.

**CHC Photo Contest Entry Release Statement:** I certify that I am the photographer of the work submitted and own all rights to this art. By submitting the artwork listed above, I certify I have the right to submit or publish this artwork. Images of persons, when identifiable, require their knowledge and agreement to allow their image to be taken by the maker.

**I do not permit or I do permit** (circle one) CHC to place the artwork in any electronic format (CHC website) for public viewing of CHC members and others. The images on Google Photos are copyrighted by CHC. By participating in the CHC photo contest, I agree to release and hold harmless CHC, officers, and other agents from any and all damages or losses of any kind resulting from my participation in this contest. CHC, its officers and agents assume no responsibility or liability for any damages, claims, causes of actions, and losses of any kind arising in whole or part from this contest.

Photographer's Name: \_\_\_\_\_ Phone Number (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_  
Print name above

Photographer's Signature \_\_\_\_\_ Date \_\_\_\_\_

## **How to submit digital photos.**

Submitting photos as attachments to emails is the preferred method. Send to Info@ClevelandPhoto.org. A separate email is required for each photo. If using any other method, ensure that the highest resolution available is used. The subject line is used to identify each entry and must follow this pattern: CHC Name of Photographer Category.

Example **Subject: CHC Denise Tobiasz Flora**

If entering two photos in the same category, distinguish between them by adding a and b after the category name.

# Social Whirl

Elaine Fechko • 440-238-8714 • elainefechko@hotmail.com

Unless otherwise noted, reservations for all free CHC events should be made by contacting Rita Bennett at CHCreservations19@gmail.com. Reservations and payment for fee-based events should be made with their respective hosts. Checks should be made out to Cleveland Hiking Club.

All events are at Camp Onwego, unless stated otherwise below. The policy for all meals at the camp is for everyone to bring their own non-disposable dishes/place settings (NdPS). This cuts down on the amount of trash. Check the hike schedule for hikes at Camp Onwego preceding the events.

**NdPS:** Bring your non-disposable place setting.

Social Whirl Calendar – Through December 2023				
Date/Time	Newsteps Article	Description/Location	Host / Organizer	Reservations
Friday, 09/29 Eastside Pickup: 7:30 am Westside Pickup: 8:15 am	NS 6/23 Pg 9	Toledo Museum of Art, Neighborhoods, and East Harbor State Park Bus Trip	Richard Urbas	Contact Host
Saturday, 09/30 10:00 am to 1:30 pm	NS 5/23, Pg 6 NS 7/23, Pg 7 NS 8/23, Pg 5	Kids' Day Featuring Jungle Terry	Lucy Erba Marianne Trausch	Lucy Erba by 9/16
Saturday 10/28 Cook-Off – 12:00 pm Meeting – 1:30 pm	NS 8/23 Pg 6	Annual Chili Cook-Off and General Meeting	Mary Jo Hobe Claire Jencson Annette Jencson	CHC Reservations by 10/14
Thursday, 11/23 10:30 am	To Follow	Thanksgiving Brunch	Mary Hornsby Mary Kurtz Rhonda Skalsky	CHC Reservations
Saturday, 12/02 4:00 pm	NS 10/23 Pg 10 and 11	Holiday Party Tremont City Side Ballroom Annunciation Greek Orthodox Church	Dave Richards	Patty Anderson by 11/22

## CHC Annual Holiday Party

**Saturday, December 2, 2023**

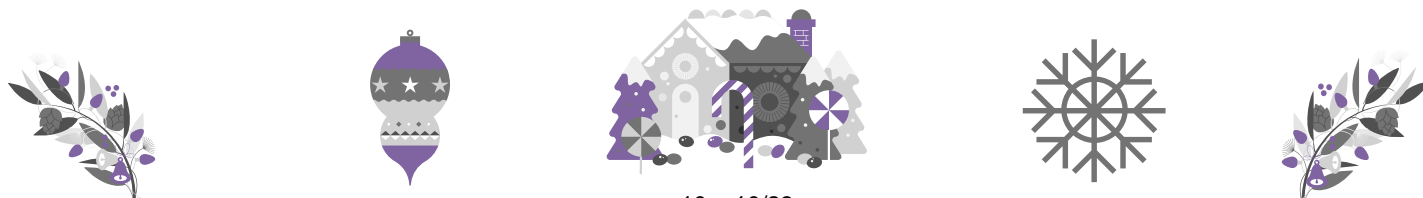
Dave Richards • 407-491-4357 • drichards9891@gmail.com

Get your party shoes ready! The 2023 CHC Holiday Party will be held **at 4 pm on Saturday, December 2, 2023, at Tremont City Side Ballroom, which is in the Annunciation Greek Orthodox Church complex at 2187 West 14 Street, Cleveland (Tremont), Ohio.** This is the same location as 2022 and offers a central location, nicely decorated ballroom, view of downtown Cleveland, and plenty of space for parking. As usual, the event will include food, music, photo contest winners & displays, the ever popular "White Elephant Exchange," and lots more. All at the price of \$47 per person. Due to increased pricing by our caterer and the desire to return to a DJ for music for dancing, an increase in price has been necessary. Please plan to attend and socialize with your hiking friends. They really know how to PARTY!! Send reservations to Patty Anderson by Wednesday, November 22, 2023. See the enclosed flyer for more details and the reservation form.

This year we are offering two options for helping the needy in our area: 1) bring canned goods or a gift card to Giant Eagle, Walmart or similar stores (we have found that some food pantries only give out gift cards and no longer take canned goods) or 2) bring a pair or two of white tube socks. Also, don't forget your "white elephant" gift exchange item. The party is a BYOB affair, so bring along your favorite libation and we will provide the ice, mix and glasses. The menu will include a vegetarian option, and if you need a vegan/gluten free meal, please indicate your preference on the reservation form.

If you have any hiking related **photos** from 2023 you would like to see in the Holiday Party video, please email them to me. If you have the pictures already on the CHC Facebook or CHC Website, there is no need to send them again.

If you have any questions or special dietary concerns, please contact me. See you there!





# CLEVELAND HIKING CLUB

## Annual Holiday Party

Saturday, December 2, 2023

4:00 pm to 9:00 pm

Annunciation Greek Orthodox Church Hall  
2187 West 14<sup>th</sup> Street, Cleveland, Ohio (Tremont)

(From east: Take I-90 through downtown Cleveland and get off at West 14<sup>th</sup> Street [exit 171]; take right onto West 14<sup>th</sup> and follow to Church. From west and south: Take I-480 East to I-71 North; take West 14<sup>th</sup> Street exit [247A] and follow north to Church. Distance is about 1.1 miles from the traffic circle. Entrance to parking lot is on Fairfield Avenue).

**Cost: \$47.00 per person**

### Menu:

Braised Pork Chops

Chicken Breast Supreme

Green Beans & Mashed Potatoes

Freshly Tossed Salad

Rolls and Butter

Festive Assortment of Pastries

Coffee, Tea, or Milk

**Mixes for drinks provided (BYOB)**

### Activities Include:



Photo Contest Winners



Installation of 2024 Officers



Bring canned goods for donation to charity



Bring white socks for donation to charity



"White Elephant" Exchange



Dancing to DJ

\*Separate Vegetarian Option: Pasta Primavera; Vegan & Gluten Free meals on request (indicate below if requesting)

Make your reservation early. **Make checks payable to: Cleveland Hiking Club**

Mail to: Patty Anderson, 5252 Bridgewater Lane, Brunswick, Ohio 44212

**Completed forms and checks must be received by Wednesday, November 22, 2023**

For more information, call Dave Richards (407-491-4357)

Complete and tear off form below. Enclose with check.

-----  
Enclosed is \$ \_\_\_\_\_ for \_\_\_\_\_ reservations at \$47.00 per person for 2023 CHC Holiday Party.

Member Name(s): (Please Print) \_\_\_\_\_

Guest Name(s): (Please Print) \_\_\_\_\_

Phone # \_\_\_\_\_

Number of Vegetarian Meals Requested: \_\_\_\_\_

Number of Gluten Free/Vegan meals \_\_\_\_\_

## October Birthdays

Veronica (Roni) Pavia • 304-238-4032 • [chcmemberchair@gmail.com](mailto:chcmemberchair@gmail.com)

2 Paula Jacobson	9 James Simler	16 Donna Stefano	27 Ron Peer
2 Carole Miller	9 Ronda Thompson	16 Mary Ann Warner	28 Sue Kelly
3 Jonathon Bodzin	10 Ann Ball	17 Maria Hamilton	28 Shari Latter
3 Kathleen Secrist	10 Lillian Baratko	18 Dennis Mavrich	28 Keith A Williams
3 Arlene Sikorski	10 Dawn Brown	18 Linda Tobin	29 Tom Andrews
4 Kathleen Crippen	10 Abbas Lamouri	19 Marlene Engel	29 Michael Driscoll
4 Roseanne Deucher	10 Sarah Piller	19 Christine Novak	29 Lynn Freeman
4 Christine Roseman	10 Patricia Sharkey	19 Janice Rozboril	29 Kim Ingleright
4 Usha Salvi	11 John Fahrm	19 Marianne Trausch	29 Bill Minor
5 Jonathan Evans	11 Gregory Zuccaro	20 Leonard Hueter	29 Monika Rock
5 Maryann Mackey	12 Kay Ball	20 Corey Lightfoot	29 Dieter Sems
5 Wendy Tully	12 Rosemary Neelon	20 Laurie Salim	29 Nancy Weaver
6 William Abbott	12 Tom O'Donnell	22 Mary Del Heron	29 Cathy Zhao
6 James Napier	12 Rosemary Stigel	23 Shirley Leonard	30 Sarah Iammarino
7 Cleo Current	12 Becky Telzrow	23 Julie Miller	30 Pala Krznaric
7 Bobbi Wirtz	13 Susan Dybowski	25 Margaret Hastings	30 Victoria Li
8 Susan Frollo	13 Susan Moore	25 Cindy Judd	30 Shirley McCoy
8 Darlene Jacobson	14 Pamela Reed	25 Jeanette McGovern	30 Catherine Nichols
8 Jeffrey Lennartz	14 Annette Safran	25 Kimberly Morton	30 Dina Vogel
8 Anita Williams	14 Rhonda Skalsky	25 Dave Navy	31 Doris Bellinger
9 Peggy Doheny	15 Karen Datko	25 Jim Tomola	31 Tanya Crider
9 Joel Edmonds	15 Cheryl Neal	26 Steven Barkfelt	31 Dan Lintern
9 Toni Foster	15 Lois Stueber	26 Phoebe Stewart	31 Happy O'Donnell
9 Robert Furlong			

## Highlights — CHC Board Meeting

September 5, 2023 - Camp Onwego

**Board members in attendance** – Sharon Uhl, Mary Kurtz, Katherine Malmquist, Debra Oblak, Gene Baxendale, Patty Anderson, Ann Biery, Larry Clager, Teresa Davey, Sharon Horvath, Bob Kimmelfield, Ted Krauss, Marianne Vest.

Also attending: Kathy Driscoll. Excused: Steve Foster, Ellen Papadimoulis, April Sampson

President Sharon Uhl called the meeting to order at 6:00 pm. The minutes from the July 5, 2023 board meeting were approved with revisions. The minutes from the July 19, 2023 Electronic Board Meeting, the August 5, 2023 Special Board Meeting and the August 5, 2023 General Meeting were approved as written.

**Major Excursions** – Kathy Driscoll presented four requests for approval; the following excursions were approved.

Leaders: Sandra Barlett and Victoria Li - Destination: Tour Du Mont Blanc in France, Italy & Switzerland; Dates: August 18, 2024 – August 29, 2024

Leader: Pala Krznaric - Destination: Sicily (Palermo/Catania); Dates: November 1, 2024 – November 16, 2024

Leader: Gayle McCrystal - Destination: Greece (Athens & Peloponnese); Dates: April 18, 2024 – April 30, 2024

Leaders: Marilyn and Dave Richards - Destination: (Part 1) East Coast Florida (New Smyrna Beach, Daytona, Sanford/Orlando. Dates: January 21, 2024 – January 28, 2024. (Part 2) – St. Augustine area – January 29, 2024 – January 31, 2024

**Treasurer's Report** – President Sharon Uhl reported for April Sampson. Sharon and April are currently researching the option of changing CHC tax filing status with the IRS to a 501c3. The Signatories for the Camp Replacement and Improvement Fund have been finalized with Third Federal and Vanguard.

**Recording Pathfinder Report** – Katherine Malmquist submitted August 2023 hike statistics. There were 586 hikes completed, 582 members hiked at least once, and 298 members completed a mile-a-day.

**Corresponding Secretary Report** – Gene Baxendale reported that *Newsteps* and hike schedule mailings were mailed last week, 825 hike schedules were printed and 643 were mailed. The Board continues to encourage members to transition to digital communications. All Cuyahoga County Libraries have computers and offer free printing; this resource may be useful to members without access to a home printer.



## Highlights — CHC Board Meeting (continued)

**Membership Committee Report** – Sharon Uhl reported for Roni Pavia. Membership is consistent with 106 new members from January 2023 to the end of August 2023; last year the new member count was 85 at the end of August. Additionally, total membership has increased this year; 1244 current members, compared to 1238 last year. Members transitioning to electronic mailings have increased from 353 members last year to 430 this year.

**Camp Maintenance** – Ted Krauss reported for Bob DiVincenzo. The pavilion project is well underway with Bob DiVincenzo's leadership and volunteer laborers. The next step is approval from the County Inspector on the completed framing. It was suggested that the Board begin to plan a pavilion dedication; this item will be added to the next board agenda.

**Leader and Mileage Awards** – Sharon Horvath discussed upcoming awards for five members who have hiked 24,000 miles and one who has hiked 25,000. There is a need for additional globes and an additional plaque for those reaching 25,000 miles. The current price for these items will be investigated and reported to the Board for budget approval. The Board discussed the idea of recycling mileage patches; the company that currently produces the CHC patches is not able to provide the material that borders the patches. Recycling patches could save money and increase the longevity of the current patches - a statement will be added to *Newsteps* regarding this process.

**Efficiency Task Force** – Marianne Vest provided an update to the Board. The Efficiency Task Force met Friday, September 1, 2023; subgroups presented their progress at that meeting. The Efficiency Task Force will continue to meet over the next 18 months to work on the transition to all electronic communications.

**Kids Day at Camp** – Sharon Uhl reported that Kids Day at Camp will occur as scheduled on September 30, 2023 from 10:00 - 1:30, with food, games, and entertainment by Jungle Terry.

**Newsletter Co-editor** – Sharon Uhl reported the recommended appointment of Robin Leichtman as co-editor to the CHC *Newsteps*, replacing George Baker after his four-year contribution as co-editor. Robin has the qualifications and skills necessary to succeed as co-editor. Robin will begin her work as co-editor with the November 2023 issue of *Newsteps*.

**Holiday Party** – Patty Anderson reported that Dave Richards will organize and host the CHC holiday party again this year. The cost of the holiday party is self-funded by attendees. Dave is currently working on the details of this year's ticket price.

**Credit Card for CHC** – The Board will be considering the use of a CHC credit card for purchases that require credit card transactions. The credit card, if approved, will have a cap and identified users.

**PayPal for electronic payments** – President Sharon Uhl and Treasurer April Sampson have been investigating safe apps for members who would like to pay dues electronically. PayPal appears to be a secure option, but members would be responsible for the fees that come with electronic payments. Other options for electronic payment are still under consideration.

**Address for Memorial Contributions** – The Cleveland Hiking Club, PO Box 347097, Cleveland, OH 44134-7097.

The address for memorial contributions will be published on the CHC website and in *Newsteps*.

**Electronic Election** – Corresponding Secretary, Gene Baxendale, is currently working on the electronic ballot with Maureen Lindway. Voting will take place Sunday, October 1, 2023 through 2:00 pm Sunday, October 15, 2023. There are 12 candidates running for ten positions.

**Revised Board Meeting Schedule** – A revised schedule was distributed to include a General Meeting on Saturday, October 28, 2023. This is the date of the Chili Cookoff, and members are encouraged to attend.

**50,000 Mile Benches** – The Board discussed the primary reason for discontinuing the purchase of honorary benches; space for the benches is an issue at Camp Onwego. Members who reach 50,000 miles are recognized by a plaque on one of the existing benches.

**Parking at Camp** – The Board discussed the possibility of adding signs to indicate additional parking for events at Camp Onwego when there are events with large attendance. Parking space is limited, and members should be aware of additional parking when needed. Also, the Board will consider having someone direct parking to maximize available space.

Meeting adjourned at 7:30 pm. Next CHC Meeting will be Tuesday, October 3, 2023, at 6:00 pm via Zoom Video Meeting

*Submitted by Debbi Oblak, Recording Secretary*

*Complete minutes are posted on the CHC website*

## Cleveland Hiking Club 2023

*President* – Sharon Uhl  
*Vice President* – Ellen Papadimoulis  
*Chief Pathfinder* – Mary Kurtz  
*Treasurer* – April Sampson  
*Corresponding Secretary* – Eugene Baxendale  
*Recording Pathfinder* – Katherine Malmquist  
*Recording Secretary* – Debbi Oblak

### Directors

Patty Anderson, Ann Biery, Larry Clager,  
Teresa Davey, Stephen Foster, Sharon  
Horvath, Bob Kimmelfield, Ted Krauss,  
Marianne Vest

### Trustees

Doug Hardman (2023)  
Edwin Harstine (2025)  
John Jencson (2024)



[www.clevelandhikingclub.org](http://www.clevelandhikingclub.org)

## Excursions Calendar

Kathy Driscoll • 440-973-4440 • [kathydriscoll@live.com](mailto:kathydriscoll@live.com)

DATE	NEWSTEPS	LOCATION	CONTACT
<b>2023</b>			
11/4 – 11/10	NS 5/23 Page 8	Sedona, AZ + Grand Canyon, Jerome, Winslow (full with waiting list)	Marilyn & Dave Richards
<b>2024</b>			
1/21 – 1/28	NS 10/23 Page 7	Florida - East Coast	Marilyn & Dave Richards
1/29 – 1/31	NS 10/23 Page 7	Florida - St. Augustine Area	Marilyn & Dave Richards
4/18 – 4/30	NS 10/23 Page 8	Greece (Athens/Peloponnese)	Gayle McCrystal
8/18 – 8/29	NS 10/23 Page 8	Tour Du Mont Blanc France, Italy, Switzerland	Sandra Barlett & Victoria Li
9/15 – 9/20	NS 5/23 Page 8	New York City - 5 Boroughs (One opening as of September 15)	Dina Kmiecik & Mary Masterson
11/1 – 11/16	NS 10/23 Page 7	Sicily (Palermo to Catania)	Pala Krznaric
NS = <i>Newsteps</i> 5/23 = Issue and year      Page 8 = Descriptive article on Page 8 Please do not call excursion leaders before full trip description in <i>Newsteps</i> .			
For an Excursion planning form, contact Kathy Driscoll – <a href="mailto:kathydriscoll@live.com">kathydriscoll@live.com</a> or 440-973-4440			