

The President's Corner

Sharon Uhl • sharonuhl.chc@gmail.com

As we prepare to wrap up 2022, this article will focus on some aspects of CHC business for 2023. There've been lots of discussion about introducing "add-on" hikes to the hiking schedule. Opinions vary. I favor trying it out. It should allow hike leaders more flexibility as to when and where hikes are offered; allowing for opportunities presented by surprisingly good weather (like a few days of 70-degree temps in February) or special community events (think Tall Ships visit to Cleveland). We're going to try a pilot project to help club leadership and membership evaluate its worth. I respect the fact that the prospect of change is very uncomfortable, even if all we are doing is exploring possibilities. Recognizing that fact, please know that we are giving very careful consideration as to the planning of a pilot project, as described below.

An ad hoc committee is working diligently to design and implement the pilot project. What exactly is an "add-on" hike? The basic concept is to allow a hike leader to add a hike to the published schedule due to unique or special considerations that were unforeseen during the regular hike scheduling period some two to three months prior. The wide variety of hikes offered by CHC in terms of frequency, pace and terrain is a hallmark of our hiking club. These "add-on" hikes should supplement the robust hiking schedule we currently enjoy. As a way to avoid confusion and manage expectations for our members, leaders will have a cap on the number of "add-ons" they can request in a given month – perhaps as few as just one or two per leader. Scheduling of an "add-on" hike will go through the Pathfinder Committee, as do all of our hikes. The goal as I understand it from the committee's report, is to have a quick turn-around time from request to approval to announcement of an "add-on" hike being offered. Mechanisms for announcement already exist with our eblast communications and webpage. I am glad that we are giving this idea a chance. More to follow.

Shifting gears, I want to focus on Camp Onwego. Bob DiVincenzo, Camp Maintenance Chairperson, and I have talked about the need for more volunteer help to keep our camp a pleasant resource for members. Onwego has been the site of many well attended social events and meetings through spring, summer, and fall. Thanks to the continued diligence of Bob and a small team of volunteers with timely maintenance and upkeep, major repairs have been avoided

and the appearance of the property is pleasing and tidy. Over the winter months, Bob and I would like to develop an enhanced resource pool of volunteers to help with ongoing, routine camp maintenance. Outdoor maintenance is weather dependent, which presents a huge challenge when recruiting and scheduling volunteers. Bob will attest to this when scheduling spring and fall clean up days. What we are looking at is a schedule of volunteers who offer to be available for a period, such as a week, during which time Bob could contact them for maintenance chores, weather permitting. As a volunteer for that time, one would agree to keep their schedule open and flexible. I have agreed to help by organizing a schedule of volunteers willing to cut grass, trim bushes, pick up twigs and sticks after a storm, rake leaves, etc. If you have a week or so available between May and October next year, please let me know so we can put together a group of volunteers to assist with camp maintenance.

Assistance with routine maintenance will be needed as completion of the pavilion project is also planned for 2023. There also will be a need for assistance with this project in terms of volunteers with construction skills and experience. If you fit that description, Bob would like to hear from you. The implementation of this project is planned to begin in spring. Bob will decide how volunteers can best assist with the project, when an individual's skills and expertise may be needed. The pavilion project has been planned for a while and eagerly anticipated by all. Despite recent delays, I am glad that we can now move forward.

When making your New Year's resolutions, remember CHC needs you. There are so many ways to help. Committee chairpersons do not know everyone's skills, interests or availability when searching for assistance. Please step forward as a volunteer if you identify something with which you might be interested in helping. No experience necessary in most cases!

Happy Holidays

Members Hiking Mile-a-Day in October 2022 (287)

Katherine Malmquist • 440-338-4410 • chcmembers@yahoo.com

316 Jeff Colvin	111 Dan Swinnerton	73 Gail Mix	53 Sandy Barlett	38 F Drexel Feeling
304 Cindy Judd	111 Dwight Bird	73 Janet Rybicki	53 Sid Ordog	38 Linda Schoenberg
269 Mary Hornsby	110 Karen Datko	72 Christiane Lavertu	52 Bill McCartney	38 Margaret Krolikowski
264 Barb Appel	109 Matt Collings	72 Janet Orban	52 Stephanie West	37 Beverly Dahms
261 Zelfa Sawaya	108 Janene Yokoyama	72 Jim Reagan	51 Bill Grose	37 Fran Mallik
258 Varsha Jhala	107 Larry Clager	72 Kim Barkfelt	51 Bob Milligan	36 Debby Hayden
257 Bob Fox	106 Mary Kurtz	71 Dave Richards	51 Diane Myers	36 Diane Euchenhofer
255 Kathy Miki	105 Sumita Kedia	71 Kevin Marriott	51 Ellana Miklos	36 Lis Kroepel
250 Sandra Phillips	105 Susan Wright	71 Peggy Koesel	51 Ellen Botnick	36 Marcia Grant
247 Gina DiLauro	105 Vanessa Ransom	71 Sandi Jones	51 Jim Napier	36 Patricia Tsevdos
237 Tim Ransom	102 Mila Mandic	70 Cathy King	50 Adela Kuc	36 Richard Ziemnik
220 Katherine Malmquist	101 Gayle McCrystal	70 Diane Plotz	50 Debbie Mayernik	36 Roni Pavia
217 Elizabeth Reeder	101 Linda McAllister	70 Joan Delahay	50 Eileen Burry	35 Jean Helmlinger
205 Lucy Erba	99 Kathryn Mullally	70 Ken Howard	50 Hank Zalar	35 John Sech
204 Rose Prisko	98 Dina Vogel	70 Linda Heiden	50 Marlene Engel	35 Kathy Lamorte
201 Daniel Lintern	98 Mary Bradshaw	70 Louis Raffis	50 Pat Irvine	35 Nancy Konrad
195 Bonnie Myers	97 Harvey Hanna	70 Victor Myhal	49 Joy Landis	35 Sandra Brickner
190 Wendy Gillund	97 Suzanne Fisher	69 Dorothy Asherson	49 Judy Bednarz	35 Susanne Jaster
181 David Schiraldi	96 Len Hueter	69 Mary Jane Decker	49 Marianne Trausch	35 Tim Ruh
172 Doug Hardman	96 Mary Masterson	68 Glenn Southard	49 Randall Brundage	34 Bonnie Cusick
170 Betsey Luce	96 Merryl Carlsson	68 Gordon Mann	48 Liz Quinones	34 Dan Herris
168 Bob Kimmelfield	95 Colleen Moran	68 Sue Biddle	48 Marge Fetterman	34 Fran Jacobs
167 Alan Ceol	95 Terry Ross	66 Marsha Gaul	48 Mary Shafer	34 Kara Girvin
167 Susan Brett	94 Jane Hill	65 Alice Kruse	47 Dave Ritchie	34 Laurie Herris
166 Julie Wojcik	94 Wendy Tully	65 Brenda Lett	47 Gita Cisar	33 Diane Urban
161 Jake Valencia	93 Smiljka Bosnar	65 George Baker	47 Rita Ballenger	33 Don Hoffman
155 Beth Arcady	92 John Jencson	65 Pat Greene	46 April Sampson	33 Donna Nettgen
155 Marianne Vest	92 Mike Keating	64 Rhonda Skalsky	46 Elaine Oboczky	33 Eloise Dolph
152 Steve Foster	90 Nelly Vileikis	63 Mary Southard	46 Jen Breschini	33 Kathleen Speidel
151 Pat Hurley	89 Bob Sweet	63 Pam Marusic	46 Sharon Horvath	33 Kathy Drews
148 Ed Harstine	88 Karen Leary	62 Monika Rock	45 Barb Swiney	33 Laura Graf
147 Happy O'Donnell	85 Pam Reed	62 Ray Matthiesen	45 Connie Kearns	33 Lynn Berg
146 Ann Biery	85 Ron Hueter	61 Lydia Rolik	45 Livia Zuccaro	33 Mary Graf
145 Lee Hutton	84 Karen Gerheim	60 Deb Teron	45 Marcia Cornelius	33 Maureen Lindway
144 Joan Prentice	84 Linda Kessler	60 Gary Dolch	45 Mary Del Heron	33 Sharon Haverlock
140 Donna Wirtz	84 Margot Richter	58 Rita Stroempl	44 Debbi Oblak	33 Tom Harrold
140 Ellen Papadimoulis	83 Mary Carol Lewis	57 Al Rolik	44 Marilyn Richards	32 Annette Safran
140 Joan Jochum	82 Bobbi Wirtz	57 Annette Hueter	44 Myrna Groger	32 Dave Conroy
137 Mark Stypczynski	82 Gary Jencson	57 Diann Ludwig	44 Nancy Sogg	32 Ellen Newton
137 Patty Anderson	82 Kathy Driscoll	57 Lil Baratko	44 Sandy DeMart	32 Gita Sullivan
136 James Wojcik Jr	81 Jay Neid	56 Ariana Miller	43 Cheryl D'Amico	32 Judy Lawless
134 Pete Ronis	81 Karen Krauss	56 Diane McClain	43 Eloise Plavney	32 Karen Christie
133 Art Lieberman	81 Mary Smith	56 Dina Kmiecik	43 Emily Slemc	32 Marilyn Rohde
133 Nancy Williams	81 Ted Krauss	56 Mary Baldwin	43 Ron Zackowski	32 Toni Foster
133 Sharon Uhl	80 Michele Lanza	55 Bob DiVincenzo	42 Bob Evans	31 Chris Krol
130 Craig Shopneck	79 Angie Amato	55 Bonnie Milligan	42 Helga Balta	31 Dave McBean
127 LouAnn Rossi	79 Annette Jencson	55 Mary Frances Litzler	42 Susan Frollo	31 Dennis Harrison
125 Wally Floyd Biery	79 Terry Marquard	55 Tina Corcelli	41 Beverly Nobles	31 Frank Skala
124 Denise Tobiasz	77 Ellen Woodruff	54 Eugene Baxendale	41 Bob Nobles	31 Jana Greathouse
123 Dave Tobiasz	77 Karen Cogley	54 Bob Shroy	41 Karen Birt	31 Janet Fuchs
122 Claire Jencson	77 Shirley Leonard	54 Judith Muzzy	40 Ellen Ruh	31 Millee Mervart
121 Gayle Shroy	76 Claudia Plonski	54 Leah Schmidt	40 Ilse Hrach	31 Patty Hurley
116 Bonnie Gallagher	76 Ed Dooner	54 Patty Abdenour	40 Kathleen Crippen	31 Peggy Doheny
116 Gale Manson	75 Frank Locurto	54 Rita Gabrovsek	39 Elaine Fechko	31 Ruth Philbrick
116 Judi Krahn	75 Miriam Weiss	54 Victoria Li	39 Jim Lis	31 Terry Greathouse
115 Bonnie Wallis	74 Paula Jacobson	53 Jane Grose	39 Kim Woodward	
115 Deb Happel	74 Sara Zielinski	53 John Ross	39 Susan Stebner	
114 Joe Kosir	74 Wayne Heritage	53 Margie Ordog	38 Connie Fleming	

October 2022 Statistics

Total number of hikes completed	568	Total miles of hikes entered	2,869	Total member miles hiked	26,808
Number of hikes cancelled	7	Most miles on a hike	204	Most members on a hike	32
	03.09, 11.16, 18.17, 19.15, 22.07, 26.11, 29.13		15.7 Cathy King		24.3 Joe Kosir
Local hikes w/ 30 or more members	1	Members per local hike - avg.	9.4	Members per local hike - median	8
Total number hikers, members	5,417	Members hiking at least once	557	Number of mile-a-day hikers	287

Mileage Awards for October 2022

39,000	Sandra Phillips	8,000	Dwight Bird	2,000	Janene L S Yokoyama
30,000	Patricia Irvine	8,000	Wendy Gillund	1,000	Gail K Dicks
22,000	Katherine Malmquist	7,000	Patrick J Hurley	1,000	Bonnie B Milligan
19,000	Sharon L Uhl	6,000	Marsha Gaul	1,000	Carol K Phillips-Bey
16,000	Larry J Clager	6,000	Annette Jencson	500	Deborah M Hayden
15,000	Gary D Dolch	6,000	John Jencson	500	Lydia Rolik
15,000	Dan T Lintern	4,000	Robert N Nobles	100	Rebecca Bidinotto
15,000	Marty Ritzert	3,000	Jeffrey T Colvin	100	Jennifer M Breschini
14,000	Terry L Marquard	2,000	Robin Coyer	100	Dyan Colpo
13,000	Nancy Konrad	2,000	Michael O Keating	100	Elaine Oboczky
11,000	Karen Dribben-Alprin	2,000	Elizabeth Reeder		
8,000	George P Baker	2,000	Miriam F Weiss		

Significant Hiker Awards Approved in October 2022

<u>Hiker</u>	<u>Trail</u>	<u>Miles Hiked</u>	<u>Date(s)</u>
Matthew Collings	Appalachian Trail	2193	11/10/2008 to 9/24/2022
Jeff Colvin	Long Trail	272	8/10/2021 to 8/23/2022



President's and Vice President's Hikes January 1, 2023

Sharon Uhl • sharonuhl.chc@gmail.com
Ellen Papadimoulis • ellenrayep@gmail.com



Please join us for the first hikes of the new year starting at 1:00 pm for the President's 5-mile hike, or at 1:30 pm for the Vice President's 3-mile leisure hike on New Year's Day, January 1, 2023.

Both hikes will start at the parking lot of the Cuyahoga Valley Scenic Railroad, Rockside Station, 7900 Old Rockside Road, Independence, Ohio. This is our traditional kick-off for hiking in 2023. Come out to meet some members you don't often hike with and to greet old friends. See you on New Year's Day!

Membership Report

Veronica (Roni) Pavia • 304-238-4032 • chcmemberchair@gmail.com

New Members

Karen L Allport	4184 Khouri Ct Avon, OH 44011 (216) 570-8671 karenallport1@gmail.com	Leah Schmidt	4076 Huffman Rd Medina, OH 44256 (330) 240-6051 Ljs5172008@aol.com
Charie J Babcock	2636 Shaker Rd Cleveland Hts, OH 44118 (216) 401-0102 chariebabcock@gmail.com	Daniel Weiss Miriam Weiss	2540 Lava Ln Apt 50 Santa Clara, UT 84765 (216) 403-5686 (216) 403-7684 drdanweiss@gmail.com maf3@case.edu
Juanita M Figueroa	3214 Columbia Rd Westlake, OH 44145 (216) 978-7930 figuju16@yahoo.com	Darlene J Wiegandt	69 Florentine Way Olmsted Twp, OH 44138 (440) 221-0755 darwieg@gmail.com
Maria V Hamilton	29875 Gates Mills Blvd Pepper Pike, OH 44124 (216) 310-4336 m.restrepohamilton@gmail.com	Carl Lindblom	(216) 457-1134 (C)
Esther L Hazlett	1464 Larchmont Ave Lakewood, OH 44107 (216) 536-1842 estherhazlett@gmail.com	Carol Lindblom	(440) 623-9973 (C)
Gay S Hunter	23474 Duffield Rd Shaker Hts, OH 44122 (216) 570-1983 g.hunter208@gmail.com	Email Address Changes	
Amy L Varesco	5696 Waterford Cir Sheffield Village, OH 44035 (773) 251-2716 amyvaresco@msn.com	Gail A Mann	gailmann@msn.com
Jo M deHaseth	24658 Hazelmere Rd Beachwood, OH 44122 Jodehaseth@msn.com	Judith D Meyer	Judithdmeyer3785@gmail.com
Lisa R Feeling	19223 Lomond Blvd Shaker Heights, OH 44122 LRFeeling@gmail.com		

Address & Other Changes

Ann Ball	PO Box 245 Grand River, OH 44045 (216) 544-1045 AnnKatBall@gmail.com
Peter H Greiner Wendy Frados	2664 9th Ave Sacramento, CA 95818 (216) 798-4345 (440) 247-3897 pgreiner@ymail.com wendyfra@sbcglobal.net

Lost Item

A blue cooler bag with white and black checks and a muffin tin was left at the cabin after the Chili Cook-off.

Call Claire Jencson - 440-212-5101

Help the Club Save Money!

Please notify Roni Pavia (chcmemberchair@gmail.com) of your seasonal address OR to pause delivery while you are on vacation or out of town for an extended period of time. Your "forward" or "hold" instructions with the Post Office unfortunately DO NOT apply to *Newsteps*, which is mailed with the "standard" U.S. Postage rate. It will be treated as "Undeliverable" and returned to the club with postage due. Please do your part by notifying Roni before you travel!

Thank You

From the Chief Pathfinder

Mary Kurtz • marykurtz2020@gmail.com



The Pathfinder Committee is now wrapping up the January/February 2023 hiking schedule. It will be submitted to the Board for approval and then sent off to the printer for you to enjoy. Our many leaders have some exciting adventures planned for us. We can always use some new leaders with new trails to explore. Please contact me, or any member of the Pathfinder Committee, if you are interested in leading a hike. Remember, we have a mentoring program available for new hike leaders.

It is the policy of the Cleveland Hiking Club that no hike is cancelled prior to the scheduled starting time. Please do not request an eblast be sent to alert hikers that you are stuck in your driveway and unable to get to your hike. The eblast system is a detailed process. Your message may not get out until long after your hike. You can contact one of your regular hikers to request their help. In an emergency, hopefully, someone will step up to lead. Hikers, if you are that someone, please let the scheduled leader know that you led the hike in order for it to be reported properly to the Recording Pathfinder.

Winter hiking will soon be here. Remember to stay warm, hydrated, and safe. Happy hiking.

Safety Tips:

Julie Wojcik • 440-845-9048 • julielwojcik@yahoo.com

Seasonal Affective Disorder (SAD) is a form of depression, which affects people year after year – and in varying degrees. It's the feeling of doom and gloom as sunlight/daylight is reduced during the winter months.

For some, it starts just as the days get shorter and invariably darker as there is less daylight. It affects each person differently, as some only need a short amount of daylight – others may need medication or light therapy to prevent episodes of depression (and in a few cases – suicide).

Ways to ward off SAD:

- Get plenty of exercise and light – indoors and outdoors. Stay socially active. (Weight gain is common.)
- Utilize a light box – for about 30 minutes in either the morning or evening. Check with a doctor for specifications of a light box that will meet your needs.
- Medication – for more severe symptoms. (Sometimes multiple therapies may be needed).
- Talk Therapy – also known as Cognitive Behavioral Therapy (CBT) – which works on unproductive thoughts and behaviors, and how they are acknowledged by the person.
- Travel to warmer and sunnier climates. Think “snowbirds.”



Trail Tales

Karen Leary • klgowalk@gmail.com

Suggested by Pat Sharkey: *Beloved Beasts: Fighting for Life in an Age of Extinction* by Michelle Nijhuis: Ms. Nijhuis, author of *Beloved Beasts*, is a Sierra Club 2021 Rachel Carson Award winner. The book is listed in the top ten books of 2021 by the *Chicago Tribune* and top ten best science books of 2021 by *Smithsonian* magazine. She knows her science!

Ms. Nijhuis chronicles the history of the conservation movement, its successes, accomplishments and ever-changing challenges. Since the industrial growth era of the early nineteenth century, inventions and improvements have impacted the lives and environment of plants and animals. Without conservation, so much of the flora and fauna of our planet would be extinct. You will read about the more obvious saviors (Darwin, Carson, Huxley, Linneaus) and meet other lesser known, but just as important, protectors of wildlife and wilderness. Very thought provoking!

Sunshine/Sympathy

Send a card, make a call, say a prayer

Julie Wojcik • 440-845-9048 • julielwojcik@yahoo.com

In memory of Jean Ruck (who passed away on October 29, 2022)

My dear hiking buddy and friend,
You and I had many laughs and
So much fun together
Kicking leaves on autumn trails
Pushing snow on winter paths
Kicking up our heels among spring blooms
Laughing and joking together
I am so sad to lose you
My dear trail buddy, Jean.

Merryl Carlsson



As We Enter the Dormant Season Ahead

Lucy Erba • Community Outreach (Cans/Donations) • ljerba@yahoo.com

As the dormant season approaches, it presents opportunities to enjoy being indoors with friends and family and where entertaining reigns! So, when you and your guests pop the lid on a cold brew or soda, I invite you to SAVE the aluminum! Did you know that a newly recycled can makes it back to the shelf in less than 60 days! The CHC Can Outreach is an active and healthy way to preserve the environment and recycle cans for cash that will fund summer camp programs for children. So, if I have persuaded you to do some good – for the environment and for the KIDS – you have found the perfect gift of giving this holiday season!

Our goal next year is to provide another overnight summer camp experience for a youngster in need of financial assistance. This is a bit of a challenge since cans alone usually come up short of entirely funding such an opportunity. Maybe a glance into last year's success story will become the solution once again.

If you attended last year's holiday party, you most likely noticed the display of fashionable winter caps knitted by our Alice Kruse, with which, for a mere \$15 donation per cap and the guarantee of a warm head, you were well on your way to hike the winter away! The secret to our fundraising success came about through your generosity and out of Alice's spirited drive to connect youngsters to the outdoors.



If you missed the caps last year, no problem. Alice's knitted women's caps will be on display this year again; same price (cash only), same guarantee, and just your style. Please stop by the table in the hall off the main floor.

As the year comes to an end, with wishes for safe hiking and good will to all, I thank all the can collectors, can donators, and all who have demonstrated your support for this worthwhile outreach program. Thank you, Karen Dribben, Marianne Vest, Mary Del Heron, and the many folks who drop off cans on hikes or to our homes. Remember to contact me or Karen Dribben if you need a way to funnel cans to us. I am always looking for ways to increase collections. Your suggestions are always welcomed.



Christmas Day Lunch Sunday, December 25, 2022

Fran Jacobs • frosejacobs@yahoo.com • 216-464-9029

Please join us for our 18th annual lunch for Christmas Day. Weather permitting, we will be hiking a 3-mile leisure hike at 10:00 am at Acacia Reservation, Cleveland Metroparks. Then head east on Cedar Road to the Sherrie Park Apartments Party Room, 2201 Acacia Park Drive, Lyndhurst. It's just a short drive to the first traffic light; turn left onto Acacia Park Drive. Watch for an eblast if we have to change the hike location, due to bad weather, to Dick's at Legacy Village (heated sidewalks!).

Please join us for lunch even if you do not hike. Cookies for dessert will be happily accepted. Any questions, feel free to call me.



Social Whirl

Elaine Fechko • 440-238-8714 • elainefechko@hotmail.com

Unless otherwise noted, reservations for all free CHC events should be made by contacting Rita Bennett at CHCreservations19@gmail.com. Reservations and payment for fee-based events should be made with their respective hosts. Checks should be made out to Cleveland Hiking Club.

All events are at Camp Onwego, unless stated otherwise below. The policy for all meals at the camp is for everyone to bring their own non-disposable dishes/place settings (NdPS). This cuts down on the amount of trash. Check the hike schedule for hikes at Camp Onwego preceding the events.

NdPS: Bring your non-disposable place setting

Social Whirl Calendar through December 2022				
Day/Date/Time	Newsteps Article	Description/Location	Host / Organizer	Reservations
Thursday, 11/24 10:00 am	NS 11/22 Page 7	Thanksgiving Breakfast	Bob DiVincenzo Mary Hornsby Mary Kurtz Rhonda Skalsky	Bob DiVincenzo <i>By Saturday 11/19</i>
Saturday, 12/3 4:00 pm	NS 9/22, Pg. 7 NS 11/22, Pp. 7&8	Holiday Party Tremont City Side Ballroom Annunciation Greek Orthodox Church	Dave Richards	Patty Anderson <i>By Wednesday 11/23</i>

December Birthdays

Veronica (Roni) Pavia • 304-238-4032 • chcmemberchair@gmail.com

1 Bernadette Kan	7 Sanda Myint	15 Suzanne Bellini	24 Sue Morgan
1 Beverly O'Donnell	7 Carol Pepper	15 Joan Clark	24 Matthew Smith
1 Christina Turay	7 Maggie Savoy	16 Susan Clement	25 Paula Dudley
2 Dolores Lenczewski	8 John Chappell	16 Jane Hill	25 Marianne Ellis
2 Jane Pendley	8 Patricia Habenicht	16 Arlene Kitchen	25 Phyllis Glasgow
2 Peter Ronis	8 Gary Jencson	16 James Wojcik Jr	25 Esther Hazlett
2 Mildred Ross	8 Debbie Wood	17 Michael Devis	26 Don Landek
2 Lorelei Weiss	9 Lee Hutton	17 Stephen Foster	27 Thomas Anderson
3 Mary Fackler	10 Scott Harmount	17 Nancy Hogle	27 Frank Bossu
3 Joan Jochum	10 Mary Masterson	17 James Lahman	27 Ilse Hrach
4 Karen Allport	10 Paul Rezek	17 Myung Lee	27 Robert Hulligan
4 Charlene Dayton	11 Giovanna DiLauro	17 Beverly Siegel	27 Stacey McCartney
4 Bruce Garlitz	11 Jane Hanculak	18 Fred Brindle	28 Patty Abdenour
4 Diana Holly	11 Ann Marie Kretovics	18 Claudia Zalar	28 Mary Morgin
4 William McCartney	11 Terry Ross	19 James Reagan	28 Robert Nobles
4 Bill Piasecki	12 Ellen Baker	19 Dennis Rundle	28 Jane Parker
4 Susan Stebner	12 Pauline Dellefield	20 Joan Prentice	28 Sylvester Stanisa
5 Frank Bulbeck	12 Nancy Docherty	21 Christine Krol	29 James Douglas
5 Ruth Crowl	12 Grant Segall	22 Irene Bellomo	29 Veronique McMillan
5 Charles Gerheim	12 Kathleen Speidel	22 Tan Gillespie	29 Ed Meleason
5 Maureen Hartory	13 Leslie Baeuerlen	22 Gay Hunter	29 Marty Ritzert
5 Kathleen Meluch	13 David Feldman	22 Lisa Lawless-Garrity	29 Diane Urban
5 Nicole Russell	13 Cathy Nicklin	22 Margaret Miller	30 Wally Pattison
5 Daniel Swinnerton	13 Joan Niederriter	22 Julie Wojcik	30 Glenn Southard
6 Rachel Abernethy	13 David Schiraldi	23 Kathryn Mates	31 Ramona Bliss
6 Joseph Maichrye	14 Ellen Botnick	23 Charles Rakes	31 Cynthia Boas
6 Beverly Nobles	14 John Glasgow	24 Jennifer Aikens	31 Gayle McCrystal
6 Claudia Winowich	14 Sid Ordog	24 Peter Geller	31 Sonia Roche
7 Marianne Burhoe	14 Geralynn Szombatfalvy		

Last Notice -- Dues are Due by DECEMBER 31!

Next year's renewal dues are due in approximately one month. Avoid the holiday rush (and a possible late fee) – mail your check today! **NOTE:** postal service delivery standards have changed; your remittance may take up to 5 days to reach us, depending on where it is mailed from. If you are mailing very late in the month, we suggest having your envelope postmarked at a local post office. Payments postmarked on or before December 31 are considered on time.

Dues Membership type	Individual	Joint 2 members at same address
Active Membership: residing within 75 miles of Cleveland	\$36 per year	\$57 per year
Associate Membership: residing more than 75 miles from Cleveland	\$31 per year	\$47 per year

Please make your check or money order payable to Cleveland Hiking Club and mail to:
Kathy Kristof, CHC Dues, 1276 Mathews Ave, Lakewood, OH 44107.

Dues received after December 31 of this year, but before December 31, 2023, will require an additional \$5 late fee. After December 31, 2023, you must submit new paperwork and a \$20.00 reinstatement fee along with current year dues to reinstate your membership.

This is how late fees are determined:

- Payment postmarked on or before Dec 31, regardless of date received: on time (no late fee)
- Payment postmarked after Dec 31 this year, or received after Dec 31 and not postmarked: late fee applies

Help keep the directory up to date and ensure that you get your copy. Please take a moment to review your listing from the 2022 directory and inform Membership of any changes of address, telephone number, or email address at: chcmemberchair@gmail.com. If you are seasonally away from your local address, please notify Membership of the dates (each year if necessary). The club will not mail to either your local or seasonal address during that time period. **If you have moved or are temporarily away, mail is returned to the club, return postage due, even if you have requested the post office to forward or hold your mail.**

By paying dues for the Cleveland Hiking Club membership, members acknowledge and reaffirm their continuing acceptance of responsibility as contained in the Liability Release Form they signed when joining the organization. A copy of the Liability Release Form can be found on the CHC website on the Members Only->Business->[Job Descriptions, Policies](#) page.

Highlights — CHC Board Meeting

Tuesday, November 1, 2022, via zoom video

Board members in attendance: Sharon Uhl, Patty Anderson, Ann Biery, Barb Buser, Larry Clager, Sharon Horvath, Ron Hueter, Lee Hutton, Bob Kimmelfield, Ted Krauss, Mary Kurtz, Katherine Malmquist, Ellen Papadimoulis, April Sampson, Julie Wojcik. Also attending: Kathy Driscoll. Excused: Maggie Savoy.

President Sharon Uhl called the meeting to order at 7:03 pm. The minutes from the October 3, 2022 board meeting were approved as written.

Treasurer – April Sampson presented the October 31, 2022 financial information to the Board. The year-to-date financial activity consisting of revenue and expenses was presented. Our budgeted numbers were reviewed and compared to expectations. The Board approved the financial information as presented. April noted that annually we need to formally opt out of trash pick-up at Camp Onwego to avoid being charged for a service we do not utilize. Although the Kids Day event was not sponsored the last couple of years due to the impact of the pandemic, the Board would like to continue the event; it therefore will stay in our budget. The Board was updated that we should receive notification on our pending request to reduce our tax valuation for Camp Onwego by the middle of November, 2022.

Chief Pathfinder – Mary Kurtz reported that hikes are now being scheduled for the January and February 2023 cycle. There are fourteen days left until the November 15 deadline, and many hikes are scheduled during the last four days.

Recording Secretary – Katherine Malmquist submitted October, 2022 hike statistics. 287 members hiked a mile-a-day, and 557 hiked at least once. The average number of hikers per local hike was 9.4.

Corresponding Secretary – Ron Hueter reported that the mailings were all done on time with no issues. Extra printed schedules were available at the Chili Cookoff at Camp Onwego on October 29.

Safety Committee – Julie Wojcik reported that there were two injuries with hikers seeking medical attention in both September and October. (She reported one injury for September at the October meeting, but later received additional information). The CHC target is to keep injuries under 12, but this year it looks like there will be 13. Julie writes articles on safety to mitigate injuries.

Membership Recognition – The Board approved Ted Krauss' recommendation for a Significant Achievement Award to Chuck Smith for completing the Appalachian Trail (2014 to 2022).

Camp Maintenance – Sharon Uhl shared her discussion with Bob DiVincenzo. The cabin and campgrounds are in "pretty good shape." Expanding a group of members to commit regularly scheduled times for jobs, such as cutting grass, trimming trees, etc. would be helpful. Bob has priced out construction materials for the pavilion and will have cost estimates for the pavilion for the December meeting.

Amendment to January 2022 minutes - January 2022 minutes will be amended to include the names of the following members elected to officer, director, and trustee positions effective January 1, 2022: President – Sharon Uhl (2 years); Vice President – Ellen Papadimoulis (2 years); Treasurer – April Sampson (2 years); Chief Pathfinder – Mary Kurtz (2 years); Recording Pathfinder – Katherine Malmquist (2 years); Directors – Larry Clager (2 years); Sharon Horvath (2 years); Bob Kimmelfield (2 years); Patty Anderson (2 years); Ann Biery (1 year, filling the vacancy created by the resignation of Ellen Papadimoulis to allow her to serve as V.P.); Trustee – John Jencson. Continuing in their two-year terms in 2022 are: Corresponding Secretary – Ron Hueter; Recording Secretary – Maggie Savoy; Directors – Barb Buser, Ted Krauss, Lee Hutton, and Julie Wojcik. Trustees – Dave Hobe and Doug Hardman.

CHC Merchandise - The fall merchandise sale with Big Frog is now active online and will run through December 31, 2022.

2022 Election - The following members were newly elected to officer, director, and trustee positions effective January 1, 2023: Debbi Oblak for Recording Secretary; Gene Baxendale for Corresponding Secretary; Ann Biery, Teresa Davey, Stephen Foster, Ted Krauss, and Marianne Vest for Directors; and Edwin Harstine for Trustee.

1206 members were eligible to vote. 32% of the members voted electronically. Assistance was given to those who requested help in using the electronic ballot system.

Donation to Community Organization – The Board approved a \$250.00 donation to the Nature Center at Shaker Lakes from the outreach committee funds.

Excursion Issue – The Board reviewed a member's email regarding compensation from HF Holidays for a cancelled portion of the trip due to a COVID outbreak. HF offered alternate accommodations with self-guided tours to those who decided to stay. The Board was understanding, but clarified that while it approves excursions, the club excursion leader books the trips. The CHC does not negotiate with third party providers. It was decided that we will still use HF for excursions, since this was an unusual circumstance. It was suggested that travelers consider purchasing travel insurance for their trips.

Add-on Hikes Ad Hoc Committee – Mary Kurtz reported that the committee has been meeting weekly with the task of looking at special, unusual, seasonal hikes to be scheduled within a timeline of three days. The technology committee will be able to provide information on the number of hikes, interested hike leaders, member participation in hikes and impact on regular schedules. The ad hoc committee is now working on what criteria will be used to approve or deny these special hike requests.

Cuyahoga Valley Conservancy Events – The Cuyahoga Valley Conservancy has approached Sharon Uhl about partnering on events with the Cleveland Hiking Club. In the past, the CHC has planned joint hikes with the conservancy and CHC hike leaders. These have fallen aside with the pandemic, but could once again be considered. Sharon or a designee will follow-up with the conservancy.

2023 Calendar – Sharon asked the Board to review dates on the 2023 calendar for next year's board meetings.

December Board Meeting – The final CHC board meeting of 2022 will be on Tuesday, December 6, at 6:30 pm at the Garfield Branch of the Cuyahoga County Public Library, Room #B, on 5409 Turney Road, Cleveland, Ohio 44125. New board members will be invited to attend.

Meeting adjourned at 8:36 pm.

*Submitted by Ellen Papadimoulis for Maggie Savoy, Recording Secretary
Complete minutes are posted on the CHC website*

newsteps

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Cleveland Hiking Club 2022

President – Sharon Uhl
Vice President – Ellen Papadimoulis
Chief Pathfinder – Mary Kurtz
Treasurer – April Sampson
Corresponding Secretary – Ron Hueter
Recording Pathfinder – Katherine Malmquist
Recording Secretary – Maggie Savoy

Directors
Patty Anderson, Ann Biery, Barb Buser,
Larry Clager, Sharon Horvath, Lee Hutton,
Ted Krauss, Bob Kimmelfield, Julie Wojcik

Trustees
Doug Hardman (2023)
John Jencson (2024)
Edwin Harstine (Interim)

www.clevelandhikingclub.org

Excursions Calendar			
<i>Kathy Driscoll • 440-973-4440 • kathydriscoll@live.com</i>			
DATE	NEWSTEPS	LOCATION	CONTACT
2022			
11/30 – 12/10	NS 6/22 Page 3	Costa Rica (Full, with waiting list)	Jane Hill & Mary Carol Lewis
2023			
2/1 - 2/10	NS 9/22 Page 7	San Diego, CA (Full, with waiting list)	Frank Skala
3/3 - 3/21	NS 5/21 Page 6	New Zealand: North Island - Wellington. South Island - Nelson, Abel Tasman Coastal Track, Queenstown, Milford Track and Blenheim. (Full, with waiting list)	Craig Shopneck
9/4 - 9/8	NS 5/22 Page 9	Quebec City, Quebec, Canada (Full, with waiting list)	Jane Hill & Mary Carol Lewis
9/7 – 9/10	NS 11/22 Page 9	Oglebay Resort, Wheeling, WV	Stephanie & Bill West
NS = <i>Newsteps</i> 11/22 = Issue and year Page 7 = Descriptive article on Page 7 Please do not call excursion leaders before full trip description appears in <i>Newsteps</i> .			
For an Excursion planning form, contact Kathy Driscoll – kathydriscoll@live.com or 440-973-4440			