



JULY 2024
LEISURE and SLOW Hiking Schedule

ABBREVIATIONS		
CLMP - Cleveland Metroparks	LORC - Lorain County Metroparks	APT - all purpose trail
CVNP - Cuyahoga Valley National Park	MCPD - Medina County Park District	PA - picnic area
GUPD - Geauga Park District	PTPD - Portage Park District	PL - picnic area
LAKM - Lake Metroparks	SUMP - Summit Metro Parks	RES - reservation (as in designated spot in a park)
		SDW -- sidewalks

Monday, July 1

- 10. 9:30 AM LEISURE. CVNP. Boston Store Overflow PL, 1540 Boston Mills Rd. Towpath 4 miles- *James Welling*
- 11. 9:30 AM LEISURE. CLMP. Rocky River Res. Willow Bend PA. Trails/APT 3 miles- *Diane McClain*
- 13. 1:00 PM LEISURE. Cleveland West. Kamm's Plaza, Lorain Ave. & Rocky River Dr. SDW 3 miles- *Mary Del Heron*

Tuesday, July 2

- 4. 8:30 AM LEISURE. CVNP. Station Road Bridge. Towpath 4 miles- *Marge Fetterman & Kathleen Lamorte*
- 8. 9:00 AM LEISURE. Twinsburg. Idlewood Ballfield, 9785 E. Idlewood Dr. Trails 3 miles- *Rita Gabrovsek*
- 10. 9:30 AM LEISURE. SUMP. Bike & Hike Trail. SR 303 Trailhead, 64 W. Streetsboro Rd. APT 4 miles- *Roy Kress*
- 12. 2:00 PM LEISURE. Avon Lake. Library, 32649 Electric Blvd. Trails/APT/Roads 3 miles- *Rita Stroempl*
- 17. 6:00 PM CHC BOARD MEETING Camp Onwego.

Wednesday, July 3

- 4. 8:00 AM LEISURE. Parma. James Day Park, 11828 W. Pleasant Valley Rd. Large PL off Bicentennial Dr. **No Dogs Allowed.** APT/SDW 3 miles- *Jeffrey Gattiker & Linda Gattiker*
- 7. 9:00 AM LEISURE. CLMP. North Chagrin Res. Nature Center. Trails 4 miles- *Mila Mandic*

Thursday, July 4 - Independence Day

- 10. 9:00 AM LEISURE. CLMP. Hinckley Res. Spillway, east lot. APT 3 miles- *Diane Urban*
- 16. 4:00 PM LEISURE. GRINDSTONE FESTIVAL HIKE. CLMP. Mill Stream Run Res. North Quarry PA. Trails/APT 4 miles- *Mary Kurtz*

Friday, July 5

- 9. 9:00 AM LEISURE. Chagrin Falls. Russell Uplands Preserve, 15200 Russell Rd. Trails/APT/Hills 3 miles- *Alice Kruse*
- 10. 9:00 AM LEISURE. CLMP. Bedford Res. Astorhurst PA, Gorge Pkwy. & Dunham Rd. Trails/APT/Roads 4 miles- *Teresa Hogan*
- 11. 10:00 AM LEISURE. Brunswick. Market Center Shopping Plaza, 3634 Center Rd. Park near Winking Lizard. Trails/APT/SDW 3 miles (2 & 1 mile options) - *Barbara Buser*

- 12. 10:00 AM LEISURE. CLMP. Acacia Res. 26899 Cedar Rd. APT 3 miles- *Fran Jacobs*
- 14. 3:00 PM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 3 miles- *Bob Kimmelfield*
- 16. 6:00 PM LEISURE. LIVE AT THE LAKE CONCERT HIKE. CLMP. Mill Stream Run Res. North Quarry PA. Concert at Coe Lake after hike. Trails/APT 4 miles- *Mary Kurtz*
- 17. 6:30 PM LEISURE. CLMP. Acacia Res. 26899 Cedar Rd. APT 3 miles- *Margaret Krolikowski*

Saturday, July 6

- 7. 9:00 AM LEISURE. CLMP. South Chagrin Res. Jackson Field. Trails/Hills 4 miles- *Smiljka Bosnar*
- 10. 9:00 AM LEISURE. Avon Lake. Library, 32649 Electric Blvd. APT 3 miles- *Judith Muzzy*
- 15. 2:00 PM LEISURE. CLMP. Rocky River Res. Big Met Golf Course PL. APT/Hills 3 miles- *Ellen Baker & Bill Drackenberg*
- 16. 3:00 PM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. Trails/Hills 3 miles- *Bob Kimmelfield*

Sunday, July 7

- 8. 9:00 AM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. Trails/Hills 3 miles- *Kevin Marriott*
- 12. 9:00 AM LEISURE. CLMP. Rocky River Res. Frostville Museum PL. Trails/APT 4 miles- *Diane McClain*
- 16. 2:00 PM LEISURE. Berea. Coe Lake. Park at Berea Library. Trails/APT/Hills 4 miles- *Elaine Fechko*

Monday, July 8

- 8. 9:30 AM LEISURE. Hudson. Hudson Springs Park, 7095 Stow Rd. SDW/APT/Trails 4 miles- *James Welling*
- 9. 9:30 AM SLOW. Parma Hts. Nathan Hale Park, 7075 Parma Park Blvd. APT/SDW **No Dogs** 2 miles- *Carol Lindblom*
- 10. 9:30 AM LEISURE. CLMP. Rocky River Res. Willow Bend PA. Trails/APT 3 miles- *Diane McClain*
- 12. 4:00 PM LEISURE. CLMP. Mill Stream Run Res. Bonnie Park PA. APT 3 miles- *Mary Del Heron*

Tuesday, July 9

- 2. 7:30 AM LEISURE. CLMP. Mill Stream Run Res. PawPaw PA. APT/Trails 3 miles- *Diane Urban*

- 8. 9:00 AM LEISURE. CLMP. Mill Stream Run Res. Wallace Lake PA. Trails/APT/SDW 4 miles- *Arlene Kitchen*
- 10. 9:30 AM LEISURE. Hudson. McDonald's, 134 W. Streetsboro St. SDW/APT/Trails 4 miles- *Roy Kress*
- 14. 10:00 AM SLOW. Olmsted Falls. Gazebo PL at Columbia Rd. & Water St. Canes & walkers welcome. SDW 2 miles- *Paula Beiter*
- 17. 7:00 PM LEISURE. Shaker Hts. Avalon Rd. rapid station on Van Aken Blvd. Meet at eastbound station shelter. SDW 3 miles- *Margaret Krolikowski*

Wednesday, July 10

- 5. 9:00 AM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 4 miles- *Mila Mandic*
- 13. 6:00 PM LEISURE. Brunswick. Market Center Shopping Plaza, 3634 Center Rd. Park near Winking Lizard. Trails/APT/SDW 3 miles (2 & 1 mile options) - *Barbara Buser*

Thursday, July 11

- 8. 8:30 AM LEISURE. CLMP. Rocky River Res. Nature Center overflow PL. APT 3 miles- *Judith Muzzy*
- 14. 9:00 AM LEISURE. GUPD. Holbrook Hollows. 7250 Country Ln. Trails/APT/Hills/Steps 4 miles- *Alice Kruse*
- 16. 9:30 AM LEISURE. CLMP. Mill Stream Run Res. Bonnie Park PA. Trails/APT 3 miles- *Kathryn Mates*
- 19. 3:00 PM LEISURE. CLMP. North Chagrin Res. Nature Center. APT 3 miles- *Bob Kimmelfield*
- 24. 6:30 PM LEISURE. ICE CREAM HIKE. CLMP. Mill Stream Run Res. Bonnie Park PA. Socialize during hike. APT/SDW/Hills 3 miles- *Marge Fetterman & Kathleen Lamorte*

Friday, July 12

- 6. 8:30 AM LEISURE. CLMP. Rocky River Res. Lagoon PA. APT 3 miles- *Judith Muzzy*
- 13. 9:30 AM LEISURE. LORC. Columbia Res. 25145 Royalton Rd. **No Dogs Allowed 4/1-6/30**. Trails 4 miles- *Dave Tobiasz*
- 15. 10:00 AM LEISURE. Brunswick. Market Center Shopping Plaza, 3634 Center Rd. Park near Winking Lizard. Trails/APT/SDW 3 miles (2 & 1 mile options) - *Barbara Buser*
- 16. 10:00 AM LEISURE. CLMP. Acacia Res. 26899 Cedar Rd. APT 3 miles- *Fran Jacobs*
- 19. 3:00 PM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 3 miles- *Bob Kimmelfield*
- 22. 6:00 PM LEISURE. LIVE AT THE LAKE CONCERT HIKE. CLMP. Mill Stream Run Res. North Quarry PA. Concert at Coe Lake after hike. Trails/APT 4 miles- *Mary Kurtz*

Saturday, July 13

- 7. 9:00 AM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 4 miles- *Rita Gabrovsek*
- 9. 9:00 AM LEISURE. LORC. French Creek Res. Nature Center, 4530 Colorado Ave. (SR 611). Trails/Hills 3 miles- *Judith Muzzy*
- 11. 9:30 AM LEISURE. MCPD. Hubbard Valley Park. 8600 Hubbard Valley Rd. Trails/APT 4 miles- *Leah Schmidt*

- 13. 2:00 PM LEISURE. CLMP. Rocky River Res. South Mastick PA. APT/Trails 3 miles- *Bill Drackenberg & Ellen Baker*
- 14. 3:30 PM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. Trails/Hills 3 miles- *Bob Kimmelfield*

Sunday, July 14

- 5. 9:00 AM LEISURE. CLMP. North Chagrin Res. Squire's Castle PA. Trails/Hills/Streams 4 miles- *Smiljka Bosnar*
- 10. 9:00 AM LEISURE. CLMP. Rocky River Res. Frostville Museum PL. Trails/APT 4 miles- *Diane McClain*
- 14. 11:00 AM LEISURE. CAIN PARK ARTS FESTIVAL. Cleveland Hts. Cleveland Hts. Recreation Center, 1 Monticello Blvd. Socialize during & after hike. Walking through the art festival. SDW 5 miles- *Robin Leichtman*
- 15. 1:00 PM LEISURE. Berea. Coe Lake. Park at Berea Library. APT/SDW 3 miles- *Christine Novak*
- 16. 2:00 PM LEISURE. Berea. Coe Lake. Park at Berea Library. Trails/APT/Hills 4 miles- *Elaine Fechko*

Monday, July 15

- 11. 9:30 AM LEISURE. CVNP. Peninsula, Lock 29 overflow PL. Towpath 4 miles- *James Welling*
- 12. 9:30 AM LEISURE. CLMP. Rocky River Res. Willow Bend PA. Trails/APT 3 miles- *Diane McClain*

Tuesday, July 16

- 12. 9:00 AM LEISURE. SUMP. Liberty Park. Ball Fields, 9385 Liberty Rd. Trails 3 miles- *Rita Gabrovsek*
- 14. 9:30 AM LEISURE. SUMP. Bike & Hike Trail. SR 303 Trailhead, 64 W. Streetsboro Rd. APT 4 miles- *Roy Kress*
- 16. 11:00 AM LEISURE. LORC. Sandy Ridge Res. 6195 Otten Rd. **No Dogs Allowed**. Trails 3 miles- *Edwin Harstine*
- 18. 4:00 PM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 3 miles- *Karen Leary*

Wednesday, July 17

- 5. 9:00 AM LEISURE. CLMP. North Chagrin Res. Squire's Castle PA. Trails/Streams 4 miles- *Mila Mandic*
- 13. 6:00 PM LEISURE. Brunswick. Market Center Shopping Plaza, 3634 Center Rd. Park near Winking Lizard. Trails/APT/SDW 3 miles (2 & 1 mile options) - *Barbara Buser*

Thursday, July 18

- 8. 8:30 AM LEISURE. CLMP. Rocky River Res. Nature Center overflow PL. APT 3 miles- *Judith Muzzy*
- 14. 9:30 AM LEISURE. CLMP. Mill Stream Run Res. Wallace Lake PA. APT/Trails 3 miles- *Kathryn Mates*

- 16. 9:30 AM LEISURE. CLMP. North Chagrin Res. A. B. Williams Memorial Woods. Trails/Hills/Steps/Streams 4 miles- *Marcia Grant*
- 18. 3:00 PM LEISURE. CLMP. North Chagrin Res. Nature Center. APT 3 miles- *Bob Kimmelfield*

Friday, July 19

- 7. 9:00 AM LEISURE. Chagrin Falls. Eagles Club, 231 S. Main St. SDW/APT/Hills 4 miles- *Alice Kruse*
- 13. 10:00 AM LEISURE. Brunswick. Market Center Shopping Plaza, 3634 Center Rd. Park near Winking Lizard. Trails/APT/SDW 3 miles (2 & 1 mile options) - *Barbara Buser*
- 14. 10:00 AM LEISURE. CLMP. Acacia Res. 26899 Cedar Rd. APT 3 miles- *Fran Jacobs*
- 16. 10:00 AM LEISURE. Independence. Cleveland Clinic Business Operations Center, 6801 Brecksville Rd. Park at SE corner of rear lot. APT/Hills 3 miles- *Christine Krol & David Sagerser*
- 19. 3:00 PM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 3 miles- *Bob Kimmelfield*

Saturday, July 20

- 7. 9:00 AM LEISURE. CLMP. North Chagrin Res. Nature Center. Trails/Hills 4 miles- *Smiljka Bosnar*
- 9. 9:00 AM LEISURE. Avon Lake. Library, 32649 Electric Blvd. APT 3 miles- *Judith Muzzy*
- 13. 2:00 PM LEISURE. CLMP. Rocky River Res. Big Met Golf Course PL. APT/Hills 3 miles- *Ellen Baker & Bill Drackenberg*
- 14. 3:00 PM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. Trails/Hills 3 miles- *Bob Kimmelfield*

Sunday, July 21 - Full Moon

- 6. 9:00 AM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. APT/Steps 3 miles- *Kevin Marriott*
- 8. 9:00 AM LEISURE. CLMP. Mill Stream Run Res. North Quarry PA. Trails/APT 4 miles- *Mary Kurtz*
- 9. 9:00 AM LEISURE. CLMP. Rocky River Res. Frostville Museum PL. Trails/APT 4 miles- *Diane McClain*
- 13. 1:00 PM LEISURE. Berea. Coe Lake. Park at Berea Library. Trails/SDW 3 miles- *Christine Novak*

Monday, July 22

- 9. 9:30 AM LEISURE. CVNP. Station Road Bridge. Towpath 4 miles- *James Welling*
- 10. 9:30 AM LEISURE. CLMP. Rocky River Res. Willow Bend PA. Trails/APT 3 miles- *Diane McClain*
- 13. 10:00 AM SLOW. CLMP. Ohio & Erie Canal Res. Aqueduct Trailhead PL. Canes & walkers welcome. APT 2 miles- *Paula Beiter*
- 14. 10:30 AM LEISURE. BOOK TALK HIKE. Avon Lake. Library, 32649 Electric Blvd. Bring a short written list of titles to share. Trails/APT/SDW 5 miles- *Maggie Savoy*

Tuesday, July 23

- 10. 9:30 AM LEISURE. Hudson. McDonald's, 134 W. Streetsboro St. SDW/APT/Trails 4 miles- *Roy Kress*
- 14. 11:30 AM LEISURE. LORC. Columbia Res. 25145 Royalton Rd. **No Dogs Allowed 4/1-6/30.** Trails/APT 4 miles- *Edwin Harstine*

Wednesday, July 24

- 5. 8:00 AM LEISURE. Parma. James Day Park, 11828 W. Pleasant Valley Rd. Large PL off Bicentennial Dr. **No Dogs Allowed.** APT/SDW 3 miles- *Jeffrey Gattiker & Linda Gattiker*
- 8. 9:00 AM LEISURE. CLMP. South Chagrin Res. Jackson Field. Trails 4 miles- *Mila Mandic*
- 14. 9:00 AM LEISURE. CLMP. Hinckley Res. Spillway, east lot. Trails/APT/Hills 4 miles- *Mary Kurtz*
- 16. 10:00 AM SLOW. ICE CREAM HIKE. Parma Hts. Greenbrier Commons, 6200 Pearl Rd. at Ackley Rd. Meet at tennis courts. Canes & walkers welcome. Socialize during hike. SDW 2 miles- *Paula Beiter*

Thursday, July 25

- 10. 9:00 AM LEISURE. CLMP. Mill Stream Run Res. Bonnie Park PA. Trails/APT 3 miles- *Diane Urban*
- 13. 10:00 AM LEISURE. COFFEE & PASTRY HIKE. Cleveland West. Kamm's Plaza, Lorain Ave. & Rocky River Dr. Socialize after hike. SDW 3 miles- *Patricia Sharkey*
- 17. 3:00 PM LEISURE. CLMP. North Chagrin Res. Nature Center. APT 3 miles- *Bob Kimmelfield*

Friday, July 26

- 7. 8:30 AM LEISURE. CLMP. Rocky River Res. Lagoon PA. APT 3 miles- *Judith Muzzy*
- 10. 9:00 AM LEISURE. Chagrin Falls. Founders Field, 7600 Washington St. Trails/APT/SDW 4 miles- *Alice Kruse*
- 15. 9:00 AM LEISURE. CVNP. Oak Hill. Trails/Hills 4 miles- *Teresa Hogan*
- 16. 10:00 AM LEISURE. Brunswick. Market Center Shopping Plaza, 3634 Center Rd. Park near Winking Lizard. Trails/APT/SDW 3 miles (2 & 1 mile options) - *Barbara Buser*
- 17. 10:00 AM LEISURE. CLMP. Acacia Res. 26899 Cedar Rd. APT 3 miles- *Fran Jacobs*
- 20. 3:00 PM LEISURE. CLMP. South Chagrin Res. Polo Field. Trails 3 miles- *Bob Kimmelfield*

Saturday, July 27

- 7. 9:00 AM LEISURE. CLMP. North Chagrin Res. Strawberry PA. Trails/Hills 4 miles- *Smiljka Bosnar*
- 8. 9:00 AM LEISURE. LORC. French Creek Res. Nature Center, 4530 Colorado Ave. (SR 611). Trails/Hills 3 miles- *Judith Muzzy*
- 12. 2:00 PM LEISURE. CLMP. Rocky River Res. South Mastick PA. APT/Trails 3 miles- *Bill Drackenberg & Ellen Baker*
- 13. 3:00 PM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. Trails/Hills 3 miles- *Bob Kimmelfield*

14. 5:00 PM ANNUAL STEAK ROAST. Camp Onwego. See *Newsteps* for details. Hosts: Bob DiVincenzo

Sunday, July 28

8. 9:00 AM LEISURE. LAKM. Pete's Pond Preserve. 2255 Rockefeller Rd. APT/Steps 3 miles- *Kevin Marriott*
10. 9:00 AM LEISURE. CLMP. Rocky River Res. Frostville Museum PL. Trails/APT 4 miles- *Diane McClain*
12. 1:00 PM LEISURE. Berea. Coe Lake. Park at Berea Library. APT/SDW 3 miles- *Christine Novak*
13. 2:00 PM LEISURE. Berea. Coe Lake. Park at Berea Library. Trails/APT/Hills 4 miles- *Elaine Fechko*

Monday, July 29

11. 9:30 AM LEISURE. CVNP. Brandywine Falls. APT 4 miles- *James Welling*
12. 9:30 AM LEISURE. CLMP. Rocky River Res. Willow Bend PA. Trails/APT 3 miles- *Diane McClain*

Tuesday, July 30

10. 9:00 AM LEISURE. Twinsburg. Dodge Intermediate School PL, 10225 Ravenna Rd. Trails 3 miles- *Rita Gabrovsek*
12. 9:30 AM LEISURE. Hudson. McDonald's, 134 W. Streetsboro St. SDW/APT/Trails 4 miles- *Roy Kress*
14. 11:00 AM LEISURE. LORC. Miller Nature Preserve. 2739 Center Rd. Trails/SDW/APT 3 miles- *Edwin Harstine*

Wednesday, July 31

5. 8:00 AM LEISURE. Parma. James Day Park, 11828 W. Pleasant Valley Rd. Large PL off Bicentennial Dr. **No Dogs Allowed**. APT/SDW 3 miles- *Jeffrey Gattiker & Linda Gattiker*
7. 9:00 AM LEISURE. CLMP. Lakefront Res. Headquarters, 8701 Lake Shore Blvd. Exit north. PL top of hill. Trails **No Dogs** 4 miles- *Mila Mandic*